

# 2022 Kung Fu Fall Break Camp



Kung Fu Camp is a fast and fun-filled skill building sessions. The emphasis are on building flexibility, strength, coordination, agility, and confidence.



6 yrs-old & up · Limit to 20 kids

Time	Activity
8:30-9am	Arrival Time & Game
9am-12pm	Dragon/Lion Dance, Kung Fu, Sparring Board Jumping, Kick Boxing, stretching etc
12-1pm	Lunch & Break
1 - 4pm	Outdoor activity in Park, Kung Fu, Sparring Board Jumping, Kick Boxing, stretching etc
4-4:30pm	Craft & Art

Date: Nov 21 - Nov 23, 2022  
 Time: 8:30am-4:30pm  
 Students can stay in the studio and wait for pick up until 6pm  
 Price: \$90/day (include lunch)  
 School T-Shirt: \$20 (if you register for 1 or 2 days)

### Promotion

Sibling Discount: 20% off (apply to second child)  
 New student: Free school registration fee (Value:\$50)  
 Free uniform set if you register for all 3 days (Value:\$75)  
 Current student: Free school T-shirt if you register for all 3 days (Value:\$20)

### Lunch Menus

Mon 21-Nov	Tue 22-Nov	Wed 23-Nov
A. Cheese Pizza w/ Pepsi	A. Orange Chicken /Rice	A. Chicken Tenden w/ French Fries
B. Pepperoni Pizza w/ Pepsi	B. Pork Fried Rice	B. Combination Chow Mein (Beef&Shrimp& chicken)
	C. Chicken Chow Fun	C. Chicken Fried Rice
Provided by Little Caesars	Provided by Orchild Pavillion Café	



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