



# International Chi Institute

## 2024 Thanksgiving Kung Fu Camp

Daily Activity	
Time	Activity
8:30-9am	Arrival Time
9am-12pm	Dragon/Lion Dance, Kung Fu, Sparring Board Jumping, Self-Defense, Kick Boxing, stretching, etc.
12-12:30pm	Lunch
12:30-1pm	Pick-up & Arrival Time
1 - 2:45pm	Outdoor activity in a park
3-4pm	Kung Fu, Sparring Board Jumping, stretching, etc.
4-4:30pm	Art / Craft Activity
Before 6pm (For free)	Campers can stay in the studio until 6pm to wait for pick up

Kung Fu Camp is a fast and fun-filled skill building session. The emphasis are on building flexibility, strength, coordination, agility, and confidence.

6 yrs-old & up / Class size limit: 30

Day	Date
#1	Nov 25, 2024 (Monday)
#2	Nov 26, 2024 (Tuesday)
#3	Nov 27, 2024 (Wednesday)

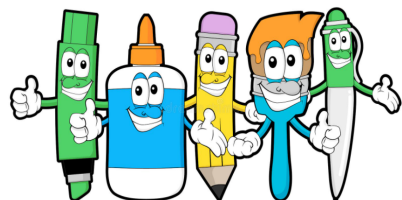
Cost: \$100/day (Lunches are included & optional)

- Sibling Discount: 20% off for 2nd & 3rd kid

Registration Fee: Waive

Uniform:

School T-shirt (\$20) is required for new students in this camp



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