



International Chi Institute

Kung Fu Holiday Camp 2026

Daily Activity	
Time	Activity
8:30-9am	Arrival Time & Game
9am-12pm	Dragon/Lion Dance, Kung Fu, Sparring Board Jumping, Self-Defense, Kick Boxing, stretching, etc.
12-12:30pm	Lunch
12:30-1pm	Pick-up & Arrival Time & Game
1 - 4pm	Outdoor activity in a park, Kung Fu, stretching, etc.
4-4:30pm	Art / Craft Activity
Before 6pm (For free)	Campers can stay in the studio until 6pm to wait for pick up

Kung Fu Camp is a fast and fun-filled skill building session. The emphasis are on building flexibility, strength, coordination, agility, and confidence.

6 yrs-old & up

Day Camp opens with 5+ students

Day	Date
Fri	Oct 23, 2026 (AUSD Staff Collaboration Day)
Wed	Nov 11, 2026 (Veteran's Day)
Mon	Nov 23, 2026 (Fall Break)
Tue	Nov 24, 2026 (Fall Break)
Wed	Nov 25, 2026 (Fall Break)

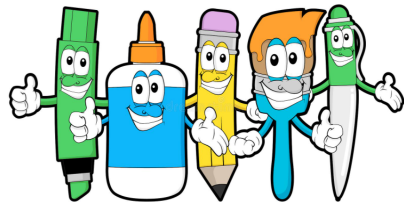
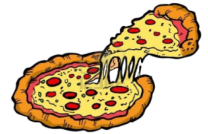
Cost: \$110/day

Lunches: Free lunches are optional

Registration Fee: Waive

Sibling Discount: 20% off

Uniform: School T-shirt (\$20) is required for new students in this camp



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