



Brent Care Journeys present

THE FUN AFFAIR

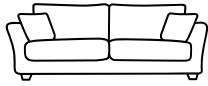
THE FUTURE OF CHILDREN'S SERVICES

15TH FEBRUARY 2024

ADVENTURE PACK

www.weshinebright.co.uk

THIS IS A MAP OF THE EVENT



The Problem Lounge



Face Painting



The Mindset Stage



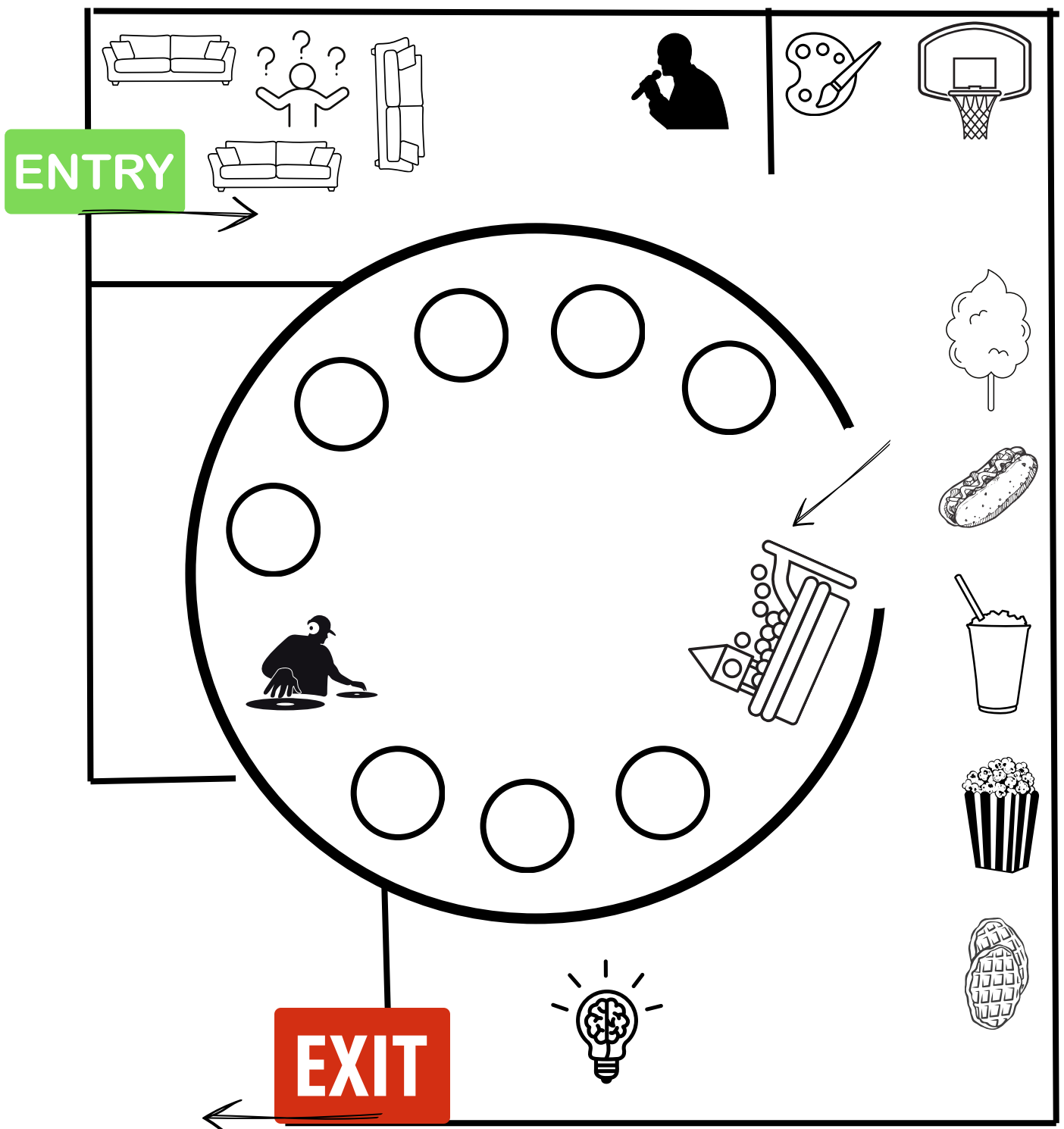
Games



Wrap chats



Under 5s area



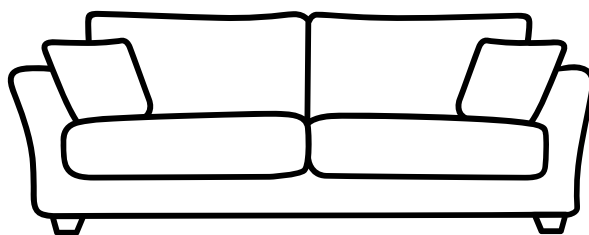
HELLO AND WELCOME.

This pack will help you to navigate the event this evening.

You can go at your own pace and choose your own adventure...

Your journey starts in the **Problem Lounge**.

Please take a seat and someone will be with you shortly.



**SCAN THIS QR
CODE IF YOU
WOULD LIKE TO
LISTEN TO THE
AUDIO GUIDE**





At the back of this pamphlet is a ticket.

You need to attend a minimum of **three** interactive, '**TASTE THE POWER**' workshops (in the main hall) to qualify for your meal, side and drink.

These interactions are going to give you a **taste** of what we do. Each one is the product of the exact process that you are about to embark on:

PROBLEM - RESEARCH - DESIGN - REVIEW & REFINE.

Workshops are running in the Grand Hall every 30 minutes. Listen out for announcements.



A timetable of workshops is on the next page.

Workshops running at 4.30/ 5.30/ 6.30

WORKSHOP NAME	A bit of info	BCJ WAY ON DISPLAY
<p>Access to Fitness</p>	<p>A2F was one of BCJ's very first POWER GROUPS (youth led groups).</p> <p>Meeting at the civic centre, we use everyday, municipal spaces to work out together. There's more to A2F than just exercising though - it's about mental wellbeing, goal setting and inner development.</p> <p>It's also about self discipline, tolerance and respect. We learned that this kind of activity group can be about having a safe place to go, where we lay aside our beef and get focussed on our wellbeing.</p> <p>Get ready to feel motivated and be inspired.</p>	<p>INTENTIONAL ENVIRONMENTS</p> <p>RADICAL RELATIONSHIPS</p>
<p>Brothers</p>	<p>Brothers is a space dedicated to our young people who have arrived in Brent to seek safety and asylum.</p> <p>Early on in the development of this group we heard that our displaced young people want to be part of everything we do, but at the same time they need some safe, bespoke environments in which they can forge solidarity around themselves.</p> <p>The dual and opposing needs of this cohort make it an interesting design challenge, so in this workshop you will experience honesty and an exploration of trust and recovery - the key ingredients, perhaps, for ambitious standards of inclusion.</p>	<p>RELENTLESS INCLUSION</p>
<p>Tech Decks</p>	<p>BCJ consistently invests resources into ways in which creative communication methods can redistribute power back to people with lived experience.</p> <p>So far this has included partnership work with leading cultural creators and performers, enabling us to show a Live Exhibition of work, to release campaign films and publish unique podcasts. This workshop will give you a bit of behind the scenes insight, as well as an opportunity to have a go..</p>	<p>REDISTRIBUTED POWER</p>
<p>Truth to Power</p>	<p>We can all agree that the world is saturated in examples of why we need an ideological shift when it comes to who decides what we need to learn and how we can learn best. That's why Care Journeys took knowledge creation and workforce development to heart.</p> <p>Our young people with lived experience have created original training content for professionals around the UK. They have educated and informed people in significant seats of power - from social care teams, to Ofsted, to the Ministry of Justice. If we can do it, you can too. Let us show you why, how and what next.</p>	<p>LEARNING AND ITERATION</p>

Workshops running at 5.00/ 6.00/ 7.00

WORKSHOP NAME	A bit of info	BCJ WAY ON DISPLAY
<p>Vibez in tha Kitchen</p>	<p>Vibez meets weekly, in a local community kitchen, to cook, collaborate and work as a team. The ethos of this group is to learn more about independence in the same way that many biological families do: around the table while sharing a meal, or dancing to the radio while washing up.</p> <p>We don't all agree on the best way to cook rice or the spices for our chicken but when we work through these differences we are focussing on solutions and using food as the way in which our unity is established.</p> <p>Come and feel the family vibez..</p>	<p>INTENTIONAL ENVIRONMENTS</p>
<p>Therapart</p>	<p>Another early front runner in terms of user led support, Therapart is kind of as it sounds.. A mixture of wellbeing and creative opportunity.</p> <p>Check out this calm, welcoming space where you don't need to be any good at art to regulate your mood. Find out what happens to your connections with others when you do.</p>	<p>RADICAL RELATIONSHIPS</p>
<p>Parent Power</p>	<p>You might not have thought about it before, or you might be well informed, but Parent Power is here to demonstrate that the odds are stacked against care experienced parents and that there are important spaces that we can create to support our young mums and dads.</p> <p>The stakes couldn't be higher for this precious group of BCJ members - some of whom are exceptionally cute! Sometimes the trust is hard won but once established, the solidarity and change creation is palpable.</p> <p>This workshop is the opportunity to speak to some leaders whose aptitude for multi tasking is impressive.</p>	<p>RELENTLESS INCLUSION</p>
<p>Links and Leaps</p>	<p>If you haven't noticed already, hopefully this workshop will give you a better idea of how important it is for us at BCJ to go further and deeper into working with esteem and increased opportunity for people with lived experience.</p> <p>An essential key focus therefore, has been to redesign and iterate the recruitment, employment and support processes. It's been worthwhile and pivotal in terms of systemic change, but not always straightforward. This workshop is designed to share learning - warts and all!</p>	<p>LEARNING AND ITERATION</p>

Whilst you are at the Fun Affair you are invited to walk in our shoes, pursuing big issues with small steps, and with a little bit of help from all types of different people who have insight which can get to the heart of the matter.

We'll help you to do this by experiencing our design process for yourself

STEP 1: DEFINING THE PROBLEM

To find better ways of supporting young people we have to begin by really pinning down the problems we're trying to solve. This evening, we're all going to be thinking about the same problem. And it's a problem that's very real for us.

Problem statement

We need to ensure that people from all parts of the support ecosystem can collaborate on solutions together

So that we can access all the wisdom/ideas available and create the best solutions

But it's difficult to engage all types of people meaningfully - so it ends up not happening.

We like to turn what can feel like big heavy problems into positive questions that invite in a bit more creativity so...

Opportunity question

Given that it's difficult to engage all types of people meaningfully

How might we ensure that people from all parts of the support ecosystem can collaborate on solutions together

So that we can access all the wisdom and ideas available and create the best solutions?

So, there you go - step 1 complete. We always start by defining the problem and flipping it into an opportunity - it really helps!



STEP 2: FIND OUT MORE ABOUT THE PROBLEM AREA (we call this research)

The next stage is to speak to people in the ecosystem about the problem. We want to gather as many different perspectives as possible and make sure that people with lived experience of the issues are given power and priority - as they are the experts.

While you are hanging out with us today, in between enjoying the attractions at the fair, we challenge you to speak to at least one person with each of the three coloured lanyards. These people are identifiable in this way because they have different perspectives on the problem you have chosen.

BUT..

Before you talk to anyone about the problem, you need to decide what it is that you want to find out. You can ask whatever questions feel right. Here are some we made earlier:

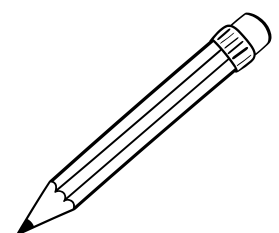
- Why do you think it is hard to engage different types of people with different experiences and perspectives in one place?
- Can you please describe a positive experience - where you've been able to share your wisdom and you have felt heard?
- What needs to be in place to make sure lots of different perspectives can be included in an event like this?
- Do you think that's possible here, this evening? If yes, why is that?
- What do you think gets in the way or stops us from collaborating more, or better?

DO'S AND TIPS:

When you are brave enough to ask someone a question, remember to let them know:

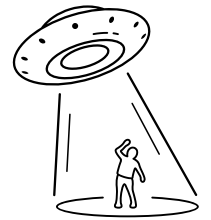
- * They don't have to answer (involvement **must always** be voluntary)
- * You will anonymise what they said (they maintain their confidentiality)
- * Ask **OPEN** questions (ones that can't have a yes or no answer)
- * If you hear the beginnings of something useful, try dropping in a 'Oohh can you say more about that?'
- * Encouraging people with a "and anything else?" can be a helpful nudge.

THIS PAGE IS FOR YOUR NOTES



STEP 3: DESIGN

(we call this insights and ideation)



From speaking to people, listening to people and attending workshops you will have expanded your understanding of the problem space.

(a) List three key things you've learned below

1. _____

2. _____

3. _____

(b) Reflecting on these three things (we call them **insights**), spend a few minutes thinking about **three small changes** you could suggest or introduce which might enable different groups of people of people to work together more meaningfully.

When you're ready, pop them in below.

1. _____

2. _____

3. _____

(c) If you've done this - amazing, go to step four below.



If you've struggled - this is also amazing (really!). You've developed some insights and yet are finding it difficult to imagine ways you might act upon those.

This feels like another problem....





Here's an invitation...

Would you like to create your OWN problem statement for this new problem?

Give it a go below. Go on....

Remember this?

We need to ensure that people from all parts of the support ecosystem can collaborate on solutions together

So that we can access all the wisdom/ideas available and create the best solutions

But it's difficult to engage all types of people meaningfully - so it ends up not happening.

Your problem statement:

I need to

So that

But

Please do not underestimate the power of a problem statement. Remember, you can flip it into an opportunity question and all of a sudden you know what needs to change and you have the right question to ask in order to generate ideas on it.

Why not ask some people here if they have experience of your new problem area??

STEP 4: DEVELOP REVIEW AND REFINE (we call this prototyping and iteration)

(a) OK, you have three changes you could introduce in order to enable more meaningful collaboration across different groups of people. Now, which of these three do you imagine is the quickest and easier to test? And how will you test it?

Make it as small as possible e.g a sketch, an agenda item, a bring and share. Or do you need to speak to someone to help you create a space for you to test your prototype?

(b) How will you know if the test is successful? This is really important. Consider what the effect you want your prototype to have on people. And form some questions that will help to understand whether it does.

It might be as simple as:

"To what extent do you think this idea would engage every person's unique identity?"

It might be helpful to consider:

- Who do you need to convince?
- What sort of information do they need?
- How can you convince them to take your idea to the next stage.

When your **prototype** has been tested and you have some new insights, consider what changes you would need to make to make the prototype even more effective.

Don't be put off if it needs to change a lot (see below for an example of an early prototype!)

Make some of the changes and test again. We call this **iteration**.

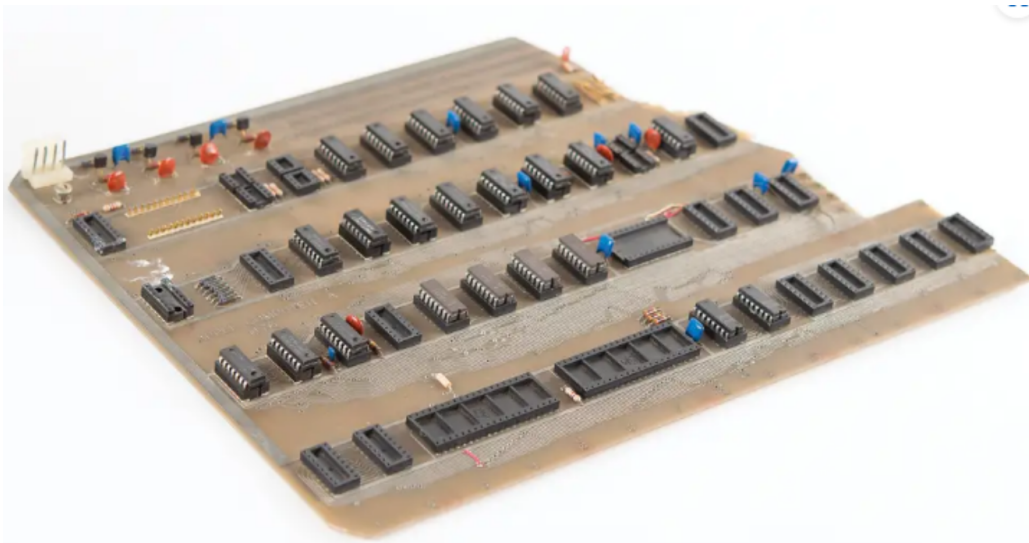
In truth, it should never end. The world is turning. People change. Their needs change. And the way they interact with the world changes too (think: web).

To develop great solutions to problems we need to be continuously talking to the people who experience them.

It's not a one-off job. **It's a mindset.**

QUICK QUIZ

Question: What's this?



Answer: Early Apple Mac prototype! Remember, a prototype is just a tool to test an idea to learn more about what the solution should look like.

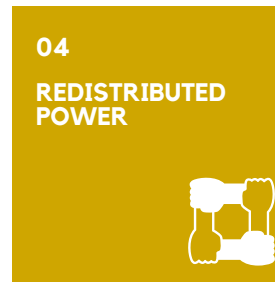
We would love to hear about your prototypes for change!

You can keep in touch via brentcarejourneys@barnardos.org.uk

JUST FOR FUN>>

These are the BCJ WAYS.

We hope that you will leave feeling confident about what these how, how they show up in our work and how you could develop them in yours.



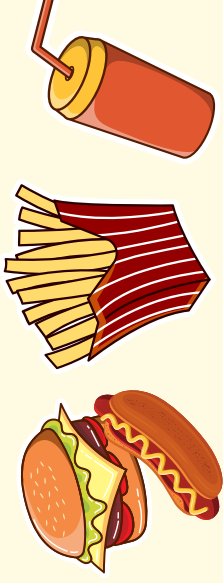
Every time you experience or reflect on one of the BCJ WAYS, please get the relevant sticker and collect them below.

For example, if you hear about or witness **relationships** which make you hopeful about change, get a red one..

THE FUN AFFAIR FOOD TICKET

 BCJ FOOD STAND

 BRENT CARE JOURNEYS



1 MAIN 1 SIDE 1 SLUSH

x x x x x
x x x x x

FOOD TICKET

15th, Feb 2024

TASTE
OF
POWER



x x x x x
x x x x x



Terms and Conditions

- This ticket can only be used by the individual once
- Ticket provides you with a choice of 1 main, chips and a drink.
- **Must attend 3 workshops** to activate your ticket before use
- When you have attended a workshop please ensure you get your ticket stamped by a member of staff.

Workshop 1



Workshop 2



Workshop 3



