

BRENT CARE JOURNEYS * BULLETIN 17

It's a quick update from us this month, looking back on the love and positivity from our Christmas celebrations and ahead to our FUN AFFAIR event (showcasing innovation and shared power) in February.



Vibez in the Kitchen meets weekly to solve problems and develop life skills in the ways that families often do - in the kitchen and when sat together, sharing a meal.



Our Christmas session was extra special with an extraordinary **home cooked** feast; **inter-generational** attendance from biological parents, foster parents and the children of our members; **gifts** for everyone and high end kitchen equipment **prizes** for the games.



Also we created.....

Code Switching
I AIN'T GONNA LIE

In essence this episode is about intersectionality and how it impacts a person's authenticity. Do you 'code switch' away from the essence of your identity in...

Dec 2023 · 23 min 13 sec

New Country, New System, Young Men In Care
I AIN'T GONNA LIE

New things can always be hard, but being a young man in a new country and adapting to a new system, and a new way of life can be extremely difficult. T...

Two new **podcasts** exploring intersectionality, identity and displacement.

One **blog** reflecting on employment when you have a criminal record.

REFLECTIONS SEASON: TALKING TO ALL



15TH NOVEMBER 2023

The return to routines, following welcome disruptions, distracted prompted a period of reflection for us at Brent Care Journeys publish blogs and podcasts which move some of our private a professional spaces.

To kick this off I spent time with our junior project workers. Th their lived experience; experience which we are confident will constructively disrupt some of what isn't working in the care s tap into their unique qualities, so that their experience becom expertise. We do this in a range of ways, from deeply attentive

change systems change systems change systems

The focus of our attention currently is our showcase event in February. With funds awarded by the FA, we are thoughtful about the final year of Brent Care Journeys - what that means for us, our membership, our partners and stakeholders, and the system around us.

This is why we are intent on bringing people together, to demonstrate our **mindset**, **process**, **values** and **practice** in action.

If **lived experience**, **shared power**, **designing change** and **creating collaborative opportunities** matter to you, then GET A TICKET - QUICK!

TICKET BOOKING LINK FOR PROFESSIONALS:

[Brent Care Journeys - The Fun Affair Tickets](#),
Thu 15 Feb 2024 at 16:00 | [Eventbrite](#)

TICKET BOOKING LINK FOR YOUNG PEOPLE:

[Brent Care Journeys - The Fun Affair Tickets](#),
Thu 15 Feb 2024 at 16:00 | [Eventbrite](#)



care journeys

Brent Care Journeys present

THE FUN AFFAIR

COME, SEE THE ATTRACTIONS AND TASTE THE POWER

CHOOSE YOUR OWN ADVENTURE... FROM THE PROBLEM LOUNGE TO THE MINDSET STAGE.

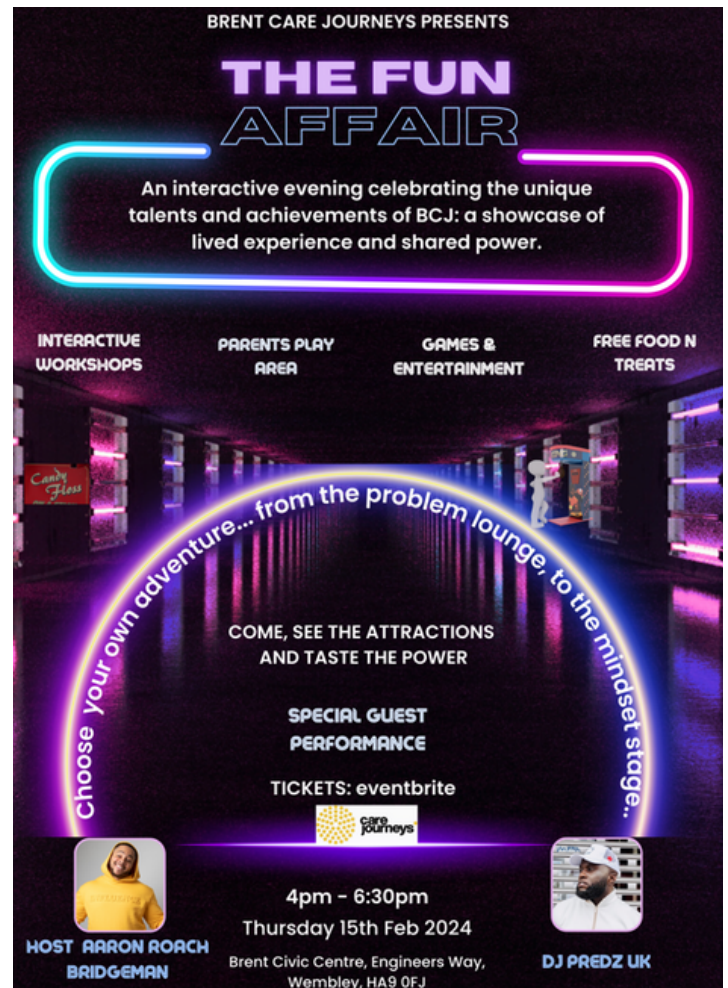
An interactive evening celebrating the unique talents and achievements of BCJ: a showcase of lived experience and shared power.

15 February 2024
16:00 - 20:00

The Grand Hall,
Brent Civic Centre

TICKETS: eventbrite

www.weshinebright.co.uk



BRENT CARE JOURNEYS PRESENTS

THE FUN AFFAIR

An interactive evening celebrating the unique talents and achievements of BCJ: a showcase of lived experience and shared power.

INTERACTIVE WORKSHOPS PARENTS PLAY AREA GAMES & ENTERTAINMENT FREE FOOD N TREATS

Choose your own adventure... from the problem lounge, to the mindset stage..

COME, SEE THE ATTRACTIONS AND TASTE THE POWER

SPECIAL GUEST PERFORMANCE

TICKETS: eventbrite

care journeys

4pm - 6:30pm
Thursday 15th Feb 2024

Brent Civic Centre, Engineers Way,
Wembley, HA9 0FJ

HOST **AARON ROACH BRIDGEMAN** **DJ PREDZ UK**

See you there