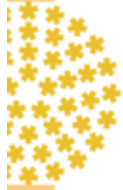


OCTOBER 2022



care  
journeys\*

# BRENT CARE JOURNEYS \*

## BULLETIN 8

### Team

We are delighted to welcome Gifty Amofa to our team as a sessional Senior Project Worker. Gifty brings a wealth of experience with young people to her role and is widely respected by our young people.

### Here and Now: Youth led change

BCJ's live multimedia exhibition at the Kiln has been and gone, and the reviews are in..

\*\* See page three to hear all about it. \*\*

### Service Design and Systems Change

We wrote to you in August to tell you about the success of Group 1 who have initiated a pilot (due to begin November 2022) in which social care teams will be allocated activity budget to enhance their practice with children, young people and families. At the core of this codesigned idea was ambition to enhance job satisfaction and staff retention. The pilot will be evaluated and we hope to bring you the findings in early 2023.

The Board met again in September. See the table on page two, showing initial problem statements and final **recommendations which have been reached by codesigning with children and young people**. We are waiting for formal decisions from senior managers and will share these with you in November.

find our **film** and **blogs** at [www.weshinebright.co.uk](http://www.weshinebright.co.uk)

Challenge	Recommendation	Feedback
<p>How might we support young people and the networks around them to form connections which can sustain beyond care?</p>	<p>Equip looked after children with creative 'memory boxes' (blank journal, photo printing vouchers, craft equipment) which will enable them to keep a record of their lives, carers, friends and peers; meaning that they may become care leavers who have a meaningful visual resource to reflect upon.</p>	<p>This is clearly a meaningful way for YP to keep memories of their lives.</p> <p>We commit to this being an important part of how we support a sense of belonging for both YP and carers.</p> <p>Data gathered during testing is very moving and speaks for itself.</p> <p>The cost of each pack is not a barrier.</p>
<p>How might we better support parents' needs, in order to empower them to support the children's needs, and keep families together?</p>	<p>Use the visual tools co-created with care leavers (who are young parents) to empower parents to look ahead with a sense of agency and purpose; use the tools to reframe the systemic narrative from 'what CYPS wants' to 'what this young parent hopes'.</p>	<p>This is low cost, high impact and strengths based.</p> <p>"This is a wonderful piece of work"; "If I was an expectant mother I would feel happy to do this. It is beautiful"</p> <p>This concept starts at the core (YP as designers) and will mean a lot to children as well as parents</p> <p>This prototype could work across the board – with all teams.</p> <p>The language is very accessible.</p>
<p>How might we create a greater feeling of family, care and love for young people in semi-independent accommodation?</p>	<p>Create simple information resources which clearly explain (a) key roles in the young person's network (b) the purpose of key documents and meetings. Do this so that young people can be enabled to be fully engaged in the processes which are essential to their pathways and next steps. Make this available at point of entry to accommodation.</p>	<p>This work helps us to find the 'third space' between professional and personal that we are seeking to explore in our roles with CiC and Care Leavers.</p>

# THE LIVE EXHIBITION 22.09.22



"It felt like a unique event that created a space for the authentic voices of care-experienced young people to be heard, through a really compelling range of creative forms. The material was challenging, deep and truthful; it wasn't easy to hear but running through it was a message to make better, more meaningful relationships with young people and use this as the foundation for care - these young people want to be heard, understood and loved."



"I think all social services across England should see the exhibit!"



"It was a humbling experience and a privilege to be able to be there"



"I was blown away by the creative variety of storying telling and messages".

"Attending the Kiln Theatre was a wonderful experience and I wish the entire staff team were able to be present. It was dramatic, hard hitting and really thought provoking. It was nice to meet with and interact with some of the care leavers, the work they are doing with Barnardo's is great and all our care leavers should be referred to their service."



#ifyoucare

"It was an eye opener to hear how the impact of being in care still affected the young people. As they expressed - where do they go to after case closure - who do they call their parents for those without family connections."

"The messages left me in no doubt that change must happen and happen quickly."



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