### **Piedmont Area Service Committee Minutes**

August 6, 2023 - Hybrid Meeting

**I. Call to Order and Serenity Prayer:** 4:26 led by Dana R.

Twelve Traditions: Megan O. Twelve Concepts: Brian K. Purpose of ASC: Dana R.

### II. Roll Call

Group	Service	Representatives:
Oroup	oci vicc	representatives.

1.	Addicts in the Belfry	Kevin O.	Present
2.	Changing Perspectives	Patsy G.	Present
3.	New Attitudes	Brian K.	Present

4. New Life Matt S. Absent

5. No Matter What Anand H. Present

6. Off the Tracks Kristin C. Absent7. SOS Tee T. Absent

8. Serene in Greene Tracy A. Present9. Spiritual Solutions Jason B. Present

10. Sunday Serenity Linda L. Absent

11. We Choose Recovery Liza F. Present

### Trusted Servants

Chair: Dana R. Present

Vice Chair: Chris P. Absent

Secretary: Lauren H. Present
Alternate Secretary: Pete T. Present

Treasurer: Ky L. Absent

Vice Treasurer:Jacob W.PresentRCM:Brian K.PresentRCM II:Megan O.PresentLiterature Chair:Dee Dee A. for Kyle W.Present

Special Events Vice Chair: Vacant

Public Relations Chair: Grace H. Absent

Public Relations Vice Chair: Vacant

H&I Chair: Anthony M. Present

H&I Vice Chair:VacantSpecial Events Chair:VacantSpecial Events Vice Chair:Vacant

VRCC Director: Tracy A. Present

Alternate VRCC Director: Vacant

**Quorum** was met. Other members present: Nick M. Groups to be removed from roll call: None Groups to be added: None

**III. Approval of Minutes** – 4:35 Tracy A. made a motion to approve the July minutes. Patsy G. seconded

### **IV. Open Forum** – no discussions

### V. Reports

Chair Report: (Dana R.) No report.

Vice Chair Report (*Chris P.*) No report.

Secretary Report: (Lauren H.) No report.

4:35 Regional Committee Member (RCM) Report: (*Brian K*.)

Dear Piedmont Family:

The 221st Regional Service Convention was held on Saturday, June 17, via Zoom.

The only new business to report is that David H (Piedmont Area) needs to be considered as the new CARNA Alternate Delegate. Our area needs to vote on this so I can bring the group's conscience back to the region.

I have included a flyer at the bottom of this report from the Ad Hoc Service Committee of CARNA inviting all of you to the next RSC meeting, which will take place Saturday, August 19, beginning at 10am, via Zoom. As with our area service committee, the regional service committee is stronger and able to achieve more of its goals when it has a full slate of members participating. Please give back what was freely given to you and attend the August 19 meeting.

In Grateful Service, Brian K, RCM

4:37 Public Relations Report: (Lauren H. read for Grace H.)

The Public Relations Subcommittee met virtually today at 1:30pm. We had 6 people in attendance.

Since our last sub-committee meeting, the phone line has received one call taken by one of our women volunteers.

In the last 30 days we've had 756 site views with 1 contact form submission regarding PACNA that was forwarded to Special Events.

Please submit a contact form if there are any meeting changes/updates. Our Web

Servant will receive these updates, make the online changes needed, and forward them to our Meeting List coordinator so both analog and digital forums can be up to date.

Meeting List coordinator reports that the Basic Meeting List Toolbox (BMLT) has been updated for CAR-NA and World service.

H & I expressed interest in added links on the website, if there is still a need please contact Steve S. directly by email to facilitate the details of preferred set up.

Meeting list printing was planned for August but was delayed because of the pending changes to the Monday 8pm location. Jodi will be reaching out to Brain K to confirm the week of the location change so new printing can go forward.

Please keep announcing that the PR Vice Chair and Phone Line Coordinator positions need filling.

The next PR Subcommittee meeting is scheduled for 1:30pm September 10, 2023.

ILS, Grace

4:39 H&I Report: (*Anthony M*.)

### 8/6/23 – H&I Subcommittee Report

The H&I Subcommittee met at 2:30 p.m. this afternoon.

### Men's ACRJ, panel leader Kyle W.

Reminder that I am away on vacation this week and will not be attending the meeting.

This month we held 0 meetings as we are still in the approval process for volunteers.

I can confirm that 3 volunteers have completed orientation and are awaiting background checks. 2 more have submitted apps and are waiting to do orientation.

A side note for the CVRJ agenda: I have a message in with Terrance Fagan, who Anthony Ma. sent me his contact to work on getting meetings in there.

Let me know if you have any questions.

Thanks, Kyle Williamson 434-465-1621

### Women's ACRJ, outgoing panel leader Lauren H.

We took 1 meeting into ACRJ in **July** via Zoom: **July 17th** from **6:30-7:30** Cecily W. presented the meeting. Four women were present, and they appreciated the White Booklets we dropped off at the jail for their recovery journeys.

The inmates asked Cecily for her phone number, and per our agreed-upon conservative contact protocol with inmates, no numbers were distributed before going through the proper channels. Cecily asked me, and I asked Olivia. Olivia said that it would be fine for Cecily to give her number if she chose to. Thank you for your service, Cecily!

Here are the next 2 months of meeting dates that have been approved by Olivia:

Monday, August 14th 6:30-7:30 Monday, August 28th 6:30-7:30 Monday, September 11th 6:30-7:30 Monday, September 25th 6:30-7:30

These dates are updated in the Signup Genius, link here:

https://m.signupgenius.com/?mibextid=Zxz2cZ#!/showSignUp/10c094eabaa2da1fcc 34-zoom , which is now accessible on piedmontvana.org and then clicking on the "H&I volunteering" button.

Cecily has expressed an interest in chairing most, if not all, of the meetings, but additional volunteers are needed for H&I meetings at the ACRJ, all on Zoom! This is a simple, time-efficient, gas-free, parking-free alternative service opportunity to carry the message of recovery in Narcotics Anonymous. Please attend the September 10<sup>th</sup> 2:30 subcommittee meeting on Zoom to attend the first part of volunteer orientation.

I have asked Olivia about returning in-person to hold the meetings, but she has not replied to me about this. Also, she has asked who the new panel leader will be. I told her we'd be in touch about it as soon as possible.

Over the last few weeks, Olivia has asked a jail employee named Michelle Young to facilitate the Zoom meetings. It seems like Michelle may be a regular contact going forward. Her email is <a href="mailto:youngm@acrj.org">youngm@acrj.org</a>

In closing, I must say that this final panel leader report is bittersweet. I'm so grateful to be clean today and so lucky to do that with all of you good people! Thank you all for setting examples of loving service. I'm indebted to you all.

Please continue to announce this subcommittee position opening effective immediately.

You showed me how, Lauren H. 434-995-8268 call/text (new cell number)

### Boxwood, panel leader Erick H.

Boxwood started with a very small population of only 3 clients, then increased to 14. Kermit O covered for the Rappahannock area on August 3. Residents have been very engaged and interested in attending meetings when they get out. Masking for us is still required. On July 20th, we had a "no show". I was not aware of this until after the fact. If volunteers sign up, please be responsible.

Thank you for the volunteers that have kept this meeting going, I am truly grateful for your service and commitment.

Literature needs: White key tags-10 Orange- 10 Red- 6 Green- 12 White booklets- 6

Volunteers
July 13 Gilie G & Chris P
July 20 Ky L & Tee T - no show
July 27 Kermit O & Johnny N
August 10
August 17
August 24 Kermit O & Johnny N
August 31

ILS, Erick

### 5 EAST, panel leader Connie P.

The NA message was taken into 5 East weekly during the month of July:

July 6 - Anthony + Beth (2 attendees)

July 13- Connie (3 attendees)

July 20- Johnny + Anthony M (2 attendees)

July 27- Jim W\* (1 attendee) \*\*see Jim's comments below

Aug 3 - Connie + Beth (0 attendees)

\*Apologies to Andy H who came to the Hospital to meet Jim, but due to my lack of communication was, left behind by Jim

\*\*There was 1 person at the meeting. After the readings, he said he didn't have a substance problem. I asked why he came, and he said he just wanted to get out. So, we talked a bit but around 7:30 I told him I really had nothing to offer except experience, strength and hope from recovery in NA, so he was taken back on the unit. But the staff who brought him pulled me aside after and said he was put in this and the AA meetings by his counselor, so he probably does have some substance issues, just still in denial. I'd say in the future, if anyone is there, we should have a regular meeting even if they say they don't have substance issues; most likely they do have some substance issues, or they wouldn't have been cleared to come.

We are in dire need of volunteers beginning this coming week:

Aug 10 - Connie +

Aug 17 - Anthony M +

Aug 24

Aug 31

### Mohr Center, panel leader Ky L.

I will not be available for the meeting on Sunday. Meetings were conducted as follows:

7/10 Ky and Johnny – 4 guys and Johnny shared

7/17 - Steve and Jason – 5 guys, a bit of distraction with guys in and out, 1 was eating in the meeting

7/24 Andy and Tee - good meeting, discussed alcohol as a drug.

7/31 - Joe and Anthony - good meeting, 6 guys there, one picked up a white key tag.

8/7 - Gillie and Chris - confirmed

8/14 - Ky and Jason confirmed

8/21 - Andy and Tee - scheduling

8/28 - Steve and?

OK on keytags

KY L

### Wellness Center, panel leader Patsy G.

The Wellness Recovery Center had its first meeting! Jacob and Johnny took it in on July 21st. Jacob reports: "We had one patient; it went very well and he was very interested in the meeting. It was a good time!" The only other scheduled meeting was on August 4th, when Dana R. & I were planning to go, but no clients were interested, so Will Gallik, the guy in charge, canceled the meeting.

Kristen & I will carry the meeting on August 18th & Jacob & (probably) Johnny will go on September 1st.

We would like 6 each of the Just for Today IP, the "For those in Treatment & Self Acceptance."

Ils, Patsy

### Central Virginia Regional Jail, Orange VA (CVRJ), liaison Kyle W.

Kyle W. left a message with CVRJ to see if we can start taking meetings in. More will be revealed.

There was no New Business and No Elections.

H&I still needs a Vice Chair and a Panel Leader for Women's ACRJ so please announce that in your home groups.

Meeting adjourned at 3:05 p.m. ILS, Anthony M. – H&I Chair

Special Events Report: (vacant): Still seeking a new special events chair and Vice Chair.

### VRCC/ECCNA Report: (*Tracy A.*)

Good afternoon all,

The VRCC met at the Belvedere Center in Charlottesville on July 23. The webserver position was filled by Ann V. The host committee positions were all filled for the 41ST AVCNA in Richmond. An Ad-Hoc committee was formed for drafting policy for the new rotation of AVCNA conventions. VRCC meets next in September.

ILS,

Tracy A

5:03 Literature Report: (*Dee Dee A. for Kyle W.*)

Hello all,

Last month we placed a order of \$525.77

At area we passed out \$236.05

I just placed a order of \$200.40

Megan O. had 50 order forms printed for us. THANK YOU!!!

Let me know if there are any questions.

Thanks!

### 5:05 Treasurer Report: (Ky L. & Jacob W.)

Last month's contributions were low, but so were expenses, so we managed to stay above prudent reserve. The budget will be presented at the next ASC.

Month	August '23	July '23	June '23
Beginning Balance	\$1,619.90	\$1,788.39	\$1,607.95
Donations	\$460.14	\$730.38	\$804.68
Expenses:			
Literature Order (NAWS)	\$146.74	\$200.40	\$525.77
PR Expenses*	\$0.00	\$0.00	\$0.00
Secretary Expenses	\$0.00	\$0.00	\$0.00
Treasurer Expenses	\$0.00	\$0.00	\$0.00
Special Events	\$0.00	\$0.00	\$0.00
PASC Rent	\$50.00	\$50.00	\$50.00
USPS PO Box	\$0.00	\$0.00	\$0.00
H&I Printing	\$0.00	\$0.00	\$0.00
Bank Fee	\$0.00	\$0.00	\$0.00
Miscellaneous (Includes VRCC)**	\$0.00	\$0.00	\$0.00
GoDaddy (Webpage)	\$16.99	\$16.99	\$16.99
CAR-NA Donation	\$0.00	\$300.00	\$0.00
NAWS Donation	\$0.00	\$300.00	\$0.00
ZOOM Account	\$31.48	\$31.48	\$31.48
Total Expenses	\$245.21	\$898.87	\$624.24
Ending Balance	\$1,834.83	\$1,619.90	\$1,788.39
Difference +/- From Prudent Reserve (\$1.600)	\$234.83	\$19.90	\$188.39

In loving service,

Ky

This concludes officer and subcommittee reports.

### VI. Old Business none

### VII. Elections 4:51

Anand H. was nominated for the position of Special Events Chair and was elected into the position unanimously into the position, no votes against and no abstentions.

The following ASC positions are open: Public Relation's Vice Chair, Alternate Special Events Chair, Alternate Literature Chair, VRCC Alternate Director. The following Subcommittee positions are open: H&I Vice Chair, H&I Panel Leader-Women's ACRJ, Phone Line Coordinator-PR. A flyer announcing these open positions is attached.

5:01 Megan O. read the Announcements and Anniversaries

### VII. New Business 4:49 (altering the order of business)

At 4:49pm, Patsy G. motioned to take a break in the officer reports to conduct voting and elections before Brian K. had to leave the meeting at 5pm. Lauren H. seconded.

A GSR vote of confidence was held regarding the upcoming Regional election for Regional Delegate Alternate. David H. was given a unanimous vote of confidence with 7 votes for, zero votes against and zero abstentions.

### IX. Back to Groups: none

X. Announcements and Anniversaries 5:01 (altering the order of business, Megan O. read Announcements and Anniversaries while Dee Dee A. and Jacob W. completed their Literature and Treasurer reports, respectively)

### *ANNOUNCEMENTS*

- New Attitudes Group will be moving their location to the Carriage House at First Presbyterian Church on Park Street sometime this Autumn. We will announce this to the Area as soon as we determine a date.
- ♦ Off The Tracks now offers a Literature Study meeting on Tuesday night. It will focus on the "Living Clean" text.
- ♦ 3<sup>rd</sup> Annual TABA FEST (Tidewater Area/Beach Area Seafood Fest) will be held on
  Sunday, August 20<sup>th</sup> from 11am until 4pm at Little Island Park, Shelter #4. Address
  is: 3820 Sandpiper Road, Virginia Beach, VA 23456. Cost is \$30 for Seafood, \$15 for

- Landfood. Ticket sales end on August 12<sup>th</sup>. No flyer or website available, so contact: Mark N. 757-478-1839, Romaine P. 757-513-9004, or Dora H. 757-735-4615
- Please ask your newer members for their email addresses and send to <a href="mailto:piedmontasc@gmail.com">piedmontasc@gmail.com</a> or text to Lauren H., ASC secretary at 434-995-8268, or Alternate Secretary, Pete T. <a href="mailto:pdirt12inf@gmail.com">pdirt12inf@gmail.com</a>
- Please see flyer below, and attached, for MANY Open Positions on Piedmont's Area's monthly service meeting. We need you! Get involved with YOUR Area.
- Public Relations and Hospitals & Institutions would love new volunteers for these fun and impactful service missions. H&I flyer is attached.
- The Next ASC meeting: The next Area Service meeting will be held in person, with a hybrid option on Sunday, September 10, 2023, at 4:00pm.

### **ANNIVERSARIES**

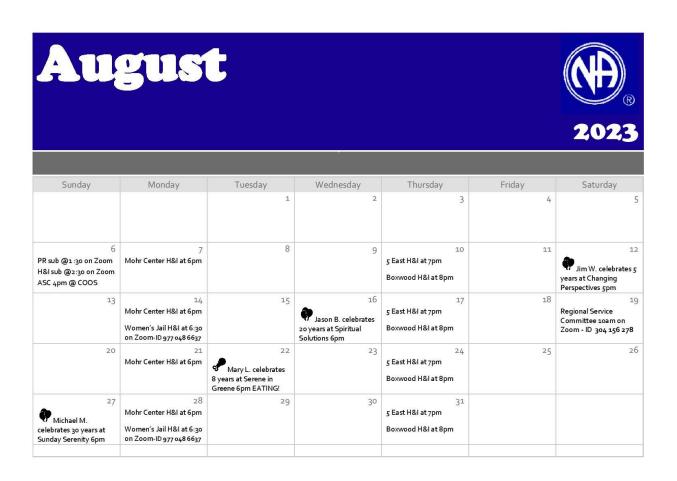
Jim W. (5	)	Saturday, August 12 <sup>th</sup> at 5pm	Changing Perspectives	First Presb Carriage House
Jason B. (	20)	Wednesday, August 16st at 6pm	Spiritual Solutions	Immanuel Lutheran
Mary L. (	8)	Tuesday, August 22 <sup>nd</sup> at 7pm	Serene in Greene	Pleasant Grove Baptist
Michael N	<b>Л</b> . (30)	Sunday, August 27th at 6pm	Sunday Serenity	New Beginning Christian
Liza F. (2	)	Monday, September 4th	To Be Announced	
Tracy A.	(22)	Tuesday, September 5 <sup>th</sup> at 7pm	Serene in Greene	Pleasant Grove Baptist
Grace A.	(2)	Wednesday, September 27 <sup>th</sup>	To Be Announced	

5:08 Motion to Close: Liza F. Seconded by: Tracy A.

5:09 Serenity Prayer said by all.

Note- Please see 8 flyers below (and .pdfs attached for you to print for your groups, etc.):

- 1. NEW! Area Calendar, August
- 2. Area Calendar, September
- 3. August & September Celebrations
- 4. Regional Service invitation flyer, Central Atlantic Regional Meeting on Saturday, August 19th at 10am
- 5. Open Positions on the Area Service Committee (ASC)
- 6. Local H&I Volunteers needed
- 7. Rappahannock Area Convention of Narcotics Anonymous (RACNA) flyer September 15-17, 2023
- 8. Rappahannock Area Convention Registration Form
- \*\* No flyer available for Tidewater/Beach Area Seafood Fest, Sunday, August 20th. See announcements for contact info.





## August & September Celebrations

Jim W. (5)
Saturday, August 12th at 5pm
Changing Perspectives
First Presbyterian Carriage House

Jason B. (20)
Wednesday, August 16<sup>th</sup> at 6pm
Spiritual Solutions
Immanuel Lutheran

Mary L. (8)
Tuesday, August 22<sup>nd</sup> at 7pm
Serene in Greene
Pleasant Grove Baptist
\*\*eating meeting starts at 6pm! \*\*

Michael M. (30)
Sunday, August 27th at 6pm
Sunday Serenity
New Beginning Christian

Liza F. (2)

Monday, September 4<sup>th</sup>

To Be Announced

Tracy A. (22)
Tuesday, September 5<sup>th</sup> at 8pm
Serene in Greene
Pleasant Grove Baptist

Grace A. (2)
Wednesday, September 27<sup>th</sup>
To Be Announced



To Our Members,

Yours in loving service,

The Central Atlantic Region of Narcotics Anonymous (CAR-NA.org), service *ad hoc* committee is working to address the participation issues that all service bodies have experienced post-Covid. We are seeking new avenues to reach our members to better help ensure that "no addict seeking recovery need ever die." We are distributing this letter to all Regional executive committee members and Area RCMs hoping they will recruit 5 experienced NA members to log-in to our next scheduled Regional Service Conference. The RSC will start at **10am on Saturday, August 19**<sup>th</sup>. The **Zoom ID # is 304 156 278** and the meeting link is https://us02web.zoom.us/j/304156278.

We are in dire need of support from experienced members to further our primary purpose and strengthen the ties that bind. *Please sign below to indicate your willingness to be a part of the service solution.* Following the RSC, we will host a brief service *ad hoc* committee meeting to discuss ways to increase participation and reinvigorate the way we carry the message.

CARNA service ad hoc committee

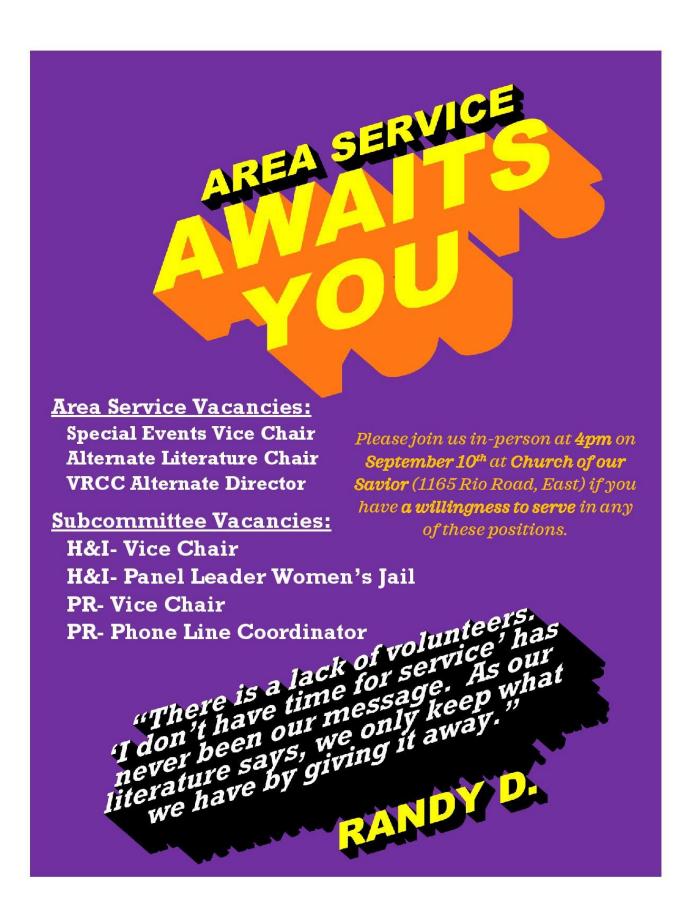
First Name & Last Initial (YES, I am willing to attend the Regional Service Conference in August on Zoom as a guest)

First Name & Last Initial (YES, I am willing to attend the Regional Service Conference in August on Zoom as a guest)

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First Name & Last Initial (YES, I am willing to attend the Regional Service Conference in August on Zoom as a guest)





## RACNA 3: "CHANGE I MUST OR DIE I WILL" September 15 -17 2023

Fredericksburg
Expo and Conference Center

2371 Carl D. Silver Pkwy, Fredericksburg, VA 22401

### JUST REGISTRATION:

UNTIL 12/31/22 - \$25 Jan 1 until March 31 - \$30 April 1 until June 30 - \$35 July 1 until Event - \$45



### REGISTRATION + SAT NIGHT BANQUET:

UNTIL 12/31/22 - \$65 Jan 1 until March 31 - \$80 April 1 until June 30 - \$85 July 1 until Event - \$95

Scan QR Code to Register or Fill Out Order Form Below!

### O Lodging Offered By: O-

### HOMEWOOD SUITES

Suite Room Rate: \$159.00/night

TOTAL ENCLOSED: \$

1040 Hospitality Lane
Fredericksburg: VA 22401
IS401 796-9700

Mention "RACNA 3" when making reservation to receive rate!

HAMPTON INN & SUITES

P.O. BOX 30 FREDERICKSBURG VA 22401

Fredericksburg, VA 22401 /5401786-5530

Room Rate: \$139.00/night

# Please Make All Checks/Money Orders Out To: RACC Name: \_\_\_\_\_\_ Email: \_\_\_\_\_\_ Street Address: \_\_\_\_\_\_ City: \_\_\_\_\_\_ State: \_\_\_\_ Zip Code: \_\_\_\_\_ Phone #: \_\_\_\_\_ JUST REGISTRATION \_\_\_ REGISTRATION + BANQUET \_\_\_ ADDITIONAL NEEDS Registration QTY: \_\_\_\_\_\_ Newcomer Donation: \_\_\_\_\_ Mail To: RACNA 3 REGISTRATION

## RACNA 3: "CHANGE I MUST OR DIE I WILL"

September 15 -17 2023

### Fredericksburg Expo and Conference Center

2371 Carl D. Silver Pkwy, Fredericksburg, VA 22401

### **COMMITTEE CONTACTS**

Convention Chair: Ron M. 724 351 2513
Vice Chairperson: Mark T. 540 379 9056
Programming Chair: Rudy C. 540 429 5284
Programming Vice Chair: Etta L. 540 522 1199
Registration: Tressie B. 215 298 2525
Hospitality: Julie C. 540 429 1125

### **DIRECTIONS TO CONVENTION/HOTEL AREA**

From Interstate 95:

Take exit 130B for VA-3 W toward Culpeper Keep RIGHT, follow signs for Carl D Silver Parkway Merge onto Carl D. Silver Parkway. Continue for 1.6 miles Hospitality Lane (Hotels) will be on your RIGHT Convention Center is immediately behind hotels