What is the Narcotics Anonymous Program?

N.A. is a non-profit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only ONE requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that THEY WORK.

There are no strings attached to N.A. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any Political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion, or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

Area Service Meeting Schedule

1st Sunday of each month at the **Church of Our Saviour located at 1165 Rio Road, East**

Find hybrid meeting information on our website (in special cases e.g. Holidays, the 2nd Sunday)

Please -No Pets

Public Relations 1:00 pm Hospitals & Institutions 2:30 pm Piedmont Area Service 4:00 pm

Special Events - Meetings announced as needed.

Piedmont Area Service Committee PO Box 6931 - Charlottesville, VA 22906



Some Suggestions

- Don't use and go to meetings
- Avoid people and places where you used.
- Go to 90 meetings in 90 days.
- Come to meetings early and stay late.
- Join a home group.
- Get telephone numbers.
- Use those telephone numbers.
- Find and use a sponsor.
- Keep coming back, it works...

PHONE NUMBERS



Narcotics Anonymous Piedmont Area

November 2022

(Updated Quarterly, Changes)

Meeting List

Helpline Number (800) 777-1515

www.piedmontvana.org

(for information, updates, virtual meetings and events)

Who Is an Addict?

Most of us do not have to think twice about this question. We know! Our whole life and thinking was centered in drugs in one form or another -- the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions and death.

MONDAY

12:15 pm - 1:15 pm Charlottesville **New Life Group** (O,D,HC)

St Mark Lutheran Church, 100 Alderman Rd Corner of Ivy Rd & Alderman Rd, School on Premises Meeting is in the basement

Charlottesville 6:00 pm - 7:00 pm We Choose Recovery (O, NP, LS, V, HC)

Christ Episcopal Church 120 High Street. Use the W Jefferson St entrance

Charlottesville 7:00 pm - 8:00 pm Off the Track (O,D)

Main Street First Baptist Church 632 West Main Street

In building beside the church -- enter at the back door

7:00 pm - 8:00 pm Stanardsville Serene in Green Group (S,D,CL,HC)

Mt. Vernon Church 76 Garth Rd - turn left off Dyke Rd/Rte 810

In community of Greer, 2 miles south of Rte 33

8:00 pm - 9:00 pm Charlottesville **New Attitudes Group** (O,D, NP) (SD 1st Mon)

Hinton Avenue United Methodist Church 750 Hinton Ave (off Avon St)

TUESDAY

12:15 pm - 1:15 pm Charlottesville New Life Group (O,D,HC)

St Mark Lutheran Church, 100 Alderman Rd Corner of Ivy Rd & Alderman Rd, School on Premises Meeting is in the basement

7:00 pm - 8:00 pm Charlottesville Off the Track (O.D)

Main Street First Baptist Church 632 West Main Street In building beside the church -- enter at the back door

Barboursville 7:00 pm - 8:00 pm Serene in Green Group (S,D,CL,HC)

Pleasant Grove Baptist Church

3687 Toms Road. Off of Route 29 past the Route 33 intersection on the corner of Route 609 and Route 610 WEDNESDAY

12:15 pm - 1:15 pm Charlottesville New Life Group (O.D.HC)

St Mark Lutheran Church, 100 Alderman Rd Corner of Ivy Rd & Alderman Rd, School on Premises Meeting is in the basement

6:00 pm - 7:00 pm Charlottesville Spiritual Solutions Group (O,V, HC) Immanuel Lutheran Church 2416 Jefferson Park Ave

Charlottesville 7:00 pm - 8:00 pm Off the Track (O,D)

Main Street First Baptist Church 632 West Main Street In building beside the church -- enter at the back door

7:00 pm - 8:00 pm **Palmyra** (O,D,CL) Together We Can 840 Salem Church Rd

Enter at the back of the church

THURSDAY

12:15 pm - 1:15 pm Charlottesville New Life Group (O,D,HC,LS)

St Mark Lutheran Church, 100 Alderman Rd Corner of Ivy Rd & Alderman Rd, School on Premises Meeting is in the basement

7:00 pm - 8:00 pm Charlottesville Off the Track (O,D)

West Main Street First Baptist Church 632 West Main Street In building beside the church -- enter at the back door

FRIDAY

12:15 pm - 1:15 pm Charlottesville

New Life Group

St Mark Lutheran Church, 100 Alderman Rd Corner of Ivv Rd & Alderman Rd. School on Premises Meeting is in the basement

Charlottesville 6:00 pm - 7:00 pm

Where I'm At (O,D,HC,NP)

St Paul's Memorial Church

1700 University Ave – Enter through garden door, inside fence.

7:00 pm - 8:00 pm Charlottesville Off the Track (O,D)

Main Street First Baptist Church 632 West Main Street

In building beside the church -- enter at the back door

SATURDAY

11:30 am - 12:30 pm Charlottesville No Matter What (O,D)

Main Street First Baptist Church 632 West Main Street

In building beside the church -- enter at the back door

5:00 pm - 6:15 pm Charlottesville

(O.D)

Chanaina Perspectives Main Street First Baptist Church

632 West Main Street

In building beside the church -- enter at the back door

SUNDAY

1:00 pm - 2:00 pm Charlottesville Addicts in the Belfry (O,D)

Main Street First Baptist Church 632 West Main Street

In building beside the church -- enter at the back door

Charlottesville 6:00 pm - 7:00 pm Sunday Serenity (SP, HC)

New Beginning Christian Community

1130 E Market Street – Use the door at the back

7:00 pm - 8:00 pm Charlottesville Save Our Serenity Group (SOS) (O, V, HC, NP)

The Wesley Foundation -- 1908 Lewis Mountain Rd

KEY: 0 Open To All

(O,D,HC)

С Closed – Addicts Only

NP No Pets Step Study

S

Speaker Step & Tradition

Candlelight Discussion Handicap Access

Literature Study

Format Varies