

What is the Narcotics Anonymous Program?

N.A. is a non-profit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only ONE requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that THEY WORK.

There are no strings attached to N.A. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any Political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

Area Service Meeting Schedule

1st Sunday of each month at the **Church of Our Saviour located at 1165 Rio Road, East** (in special cases e.g. Holidays, the 2nd Sunday). Please -No Pets

Public Relations 1:30 pm
Hospitals & Institutions 2:30 pm
Piedmont Area Service 4:00 pm

Special Events - Meetings announced as needed.



Some Suggestions

- Don't use and go to meetings
- Avoid people and places where you used.
- Go to 90 meetings in 90 days.
- Come to meetings early and stay late.
- Join a home group.
- Get telephone numbers.
- Use those telephone numbers.
- Find and use a sponsor.
- Keep coming back, it works...

PHONE NUMBERS



**Narcotics Anonymous
Piedmont Area**

October 2019

(Updated Quarterly, Changes)

Meeting List

Helpline Number
(800) 777-1515

www.piedmontvana.org
(for information, updates and events)

Who Is an Addict?

Most of us do not have to think twice about this question. *We know!* Our whole life and thinking was centered in drugs in one form or another -- the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions and death.

Piedmont Area Service Committee
PO Box 6931 - Charlottesville, VA 22906

MONDAY

12:15 pm – 1:15 pm **Charlottesville**
New Life Group (O,D,HC)
St Mark Lutheran Church, 100 Alderman Rd
Corner of Ivy Rd & Alderman Rd, **School on Premises**

6:00 pm – 7:00 pm **Charlottesville**
We Choose Recovery (O,NP,D,HC)
First Presbyterian Church
500 Park Street (Carriage House next to Church)

7:00 pm – 8:00 pm **Stanardsville**
Serene in Green Group (S,D,CL,HC)
Mt. Vernon Church
76 Garth Rd - turn left off Dyke Rd/Rte 810
In community of Greer, 2 miles south of Rte 33

8:00 pm – 9:00 pm **Charlottesville**
New Attitudes Group (O,D, NP) (SD 1st Mon)
Hinton Avenue United Methodist Church
750 Hinton Ave (off Avon St)

8:00 pm – 9:00 pm **Palmyra**
Palmyra Group (O,D)
Palmyra United Methodist Church
258 Palmyra Way (town center)

8:00 pm – 9:00 pm **Charlottesville**
Off the Track (O,D)
West Main Street First Baptist Church
625 West Main Street, enter at the back door

TUESDAY

12:15 pm – 1:15 pm **Charlottesville**
New Life Group (O,D,HC)
St Mark Lutheran Church, 100 Alderman Rd
Corner of Ivy Rd & Alderman Rd, **School on Premises**

6:00 pm – 7:00 pm **Charlottesville**
Essential Spiritual Principles (C,D,CL,HC,NP)
Immanuel Lutheran Church
2416 Jefferson Park Avenue

7:00 pm – 8:00 pm **Barboursville**
Sharing What We Have (O,D,HC,CL)
Pleasant Grove Baptist Church
3687 Toms Road, Barboursville

7:00 pm – 8:00 pm **Arrington**
Oak Ridge Gratitude Group (O,D,V,S,HC)
Trinity Episcopal Church
475 Oak Ridge Rd, Arrington, VA 22922

7:40 pm – 9:10 pm **Charlottesville**
Keep It Simple & Straight (KISS) (O,V)
4th St & Preston, The Crossings. Ring Bell to enter.

WEDNESDAY

12:15 pm – 1:15 pm **Charlottesville**
New Life Group (O,D,HC)
St Mark Lutheran Church, 100 Alderman Rd
Corner of Ivy Rd & Alderman Rd, **School on Premises**

6:00 pm – 7:00 pm **Charlottesville**
Spiritual Solutions Group (O,LS, HC)
Trinity Episcopal Church
1118 Preston Ave (near Washington Park & 10th St NW)

8:00 pm – 9:00 pm **Charlottesville**
Off the Track (O,D)
West Main Street First Baptist Church
625 West Main Street, enter at the back door

THURSDAY

12:15 pm – 1:15 pm **Charlottesville**
New Life Group (O,D,HC,LS)
St Mark Lutheran Church, 100 Alderman Rd
Corner of Ivy Rd & Alderman Rd, **School on Premises**

6:30 pm – 8:00 pm **Charlottesville**
Working the Steps (SW, O, HC)
St Paul's Memorial Church, Library
1701 University Ave (Park & Enter from Chancellor Street) **[Bring your pencil/pen/notebook or laptop We write the first hour of this meeting, then share.]**

7:00 pm – 8:00 pm **Orange**
Sharing What We Have (O,LS)
Orange Baptist Church
115 Belleview Ave (back of church, office basemnt)

7:40 pm – 9:10 pm **Charlottesville**
Keep It Simple & Straight (KISS) (O,LS)
4th St & Preston, The Crossings. ring bell to enter

9:00 pm – 10:00 pm **Charlottesville**
Whatever It Takes Group (O,V,HC,NP)
Church of Our Saviour, 1165 Rio Rd, East
Corner of Huntington Rd and Rio Rd, East

FRIDAY

12:15 pm – 1:15 pm **Charlottesville**
New Life Group (O,D,HC)
St Mark Lutheran Church, 100 Alderman Rd
Corner of Ivy Rd & Alderman Rd, **School on Premises**

FRIDAY

6:00 pm – 7:00 pm **Charlottesville**
Where I'm At (O,D,HC,NP)
St Paul's Memorial Church
1700 University Ave (Enter from Chancellor St)

7:00 pm – 8:30 pm **Charlottesville**
Keep It Simple & Straight (KISS) (O,ST)
4th St & Preston, The Crossings. ring bell to enter

8:00 pm – 9:00 pm **Charlottesville**
Save Our Serenity Group (SOS) (O,D,HC,LS)
Wesley Foundation Building, 1908 Lewis Mtn Rd
Lewis Mountain Rd & Emmet St

SATURDAY

10:00 am – 11:00 am **Charlottesville**
Together We Can Group (O,D,HC)
Trinity Episcopal Church
1042 Preston Ave (near Washington Park & 10th St NW)

5:00 pm – 6:15 pm **Charlottesville**
Changing Perspectives (O,ST,NP,HC)
First Presbyterian Church
500 Park Street (Carriage House next to Church)

8:00 pm – 9:00 pm **Charlottesville**
*New Group – E.L.I.J.A.H. (O,R/T,HC)
Trinity Episcopal Church
1118 Preston Ave (near Washington Park & 10th St NW)

SUNDAY

12:00 noon – 1:00 pm **Charlottesville**
Addicts in the Belfry (O,V)
The Haven First & Market, 112 West Market Street

8:00 pm – 9:00 pm **Charlottesville**
Save Our Serenity Group (SOS) (O,D,HC)
Wesley Foundation Building, 1908 Lewis Mtn Rd
Lewis Mountain Rd & Emmet St

KEY:

O Open To All	NP No Pets
C Closed – Addicts Only	S Step Study
CL Candlelight	SP Speaker
D Discussion	ST Step & Tradition
HC Handicap Access	SW Step Workbook
LS Literature Study	V Format Varies