

<p style="text-align: center;">Storage</p> <ul style="list-style-type: none"> ○ Backpack For Each Family Member ○ Duffel Bag For Larger Items ○ Exterior Storage For All Supplies ○ Luggable Loo - 5-Gallon Bucket With Toilet Bags and Powder ○ Cooler (For Food / Drinks In House) 	<p style="text-align: center;">Shelter</p> <ul style="list-style-type: none"> ○ Tent / Tube Tent ○ Tarps x 2 (Ground / Tent) ○ Blanket ○ Sleeping bag ○ Inflatable Pillow ○ Sleeping Mat ○ Survival Blanket
<p style="text-align: center;">Electronics</p> <ul style="list-style-type: none"> ○ Cell Phone & Charger ○ Charger (Backup Solar Hand Crank) ○ Portable Device Charging Bank ○ Other Devices (Laptop) ○ External Hard Drive 	<p style="text-align: center;">Documents & Cash</p> <ul style="list-style-type: none"> ○ Cash In Small Bills ○ Documentation / Insurance ○ Personal Identification ○ Contact Person / Number in Other City To Relay Messages ○ Family Emergency Plan ○ Health Care Information ○ Passport
<p style="text-align: center;">Water</p> <ul style="list-style-type: none"> ○ Bottled Water 1 Liter Per Person Per Day (Drinking / Cooking / Sanitation / Pets) ○ 125 ml Water Packs ○ Water Purification Kit ○ Water Filtration System 	<p style="text-align: center;">Health</p> <ul style="list-style-type: none"> ○ Medication ○ Vitamins ○ Glasses ○ Contact Lenses / Solution ○ Cane / Walker ○ CPAP Machine
<p style="text-align: center;">Sanitation</p> <ul style="list-style-type: none"> ○ Hand Sanitizer ○ Lysol Spray / Wipes ○ Toilet Paper 	<p style="text-align: center;">Home</p> <ul style="list-style-type: none"> ○ Corded Phone (Power Outage)

72 Hour Kit Supply List

Utility and Tools

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| <ul style="list-style-type: none">○ Waist Pouch (for Phone / Flashlight / Pocket Knife)○ All in One Screwdriver Set○ Compass / Local Area Map○ Lantern Battery Operated / Solar Inflatable○ Flashlight (Hand Crank / Battery) with Radio & Phone Charger○ Batteries (AA / AAA / 9V / others)○ Glow Light Sticks○ 3 Wick Candles○ Head light○ Multi-Function Utility Knife/Pocket Knife With Locking Blade○ Wide Mouth Water Canteen○ Collapsible Container to Hold Water○ Duct Tape○ Leather Gloves○ Heavy Duty Scissors○ Camp Ax / Hammer (Multi Tool)○ Camp Shovel○ Camp Stove / Camp Stove Fuel○ Folding Stove / Folding Stove Fuel○ BBQ Lighter○ Knives (Kitchen / Paring)○ Can Opener○ InstaFire Fire Starter○ Fire Starter (Flint / Steel)○ Water / Windproof Matches○ Cooking Pots○ Cooking Utensils / Serving Spoon○ Tub for Dishwashing○ Dish Soap○ Dish Cloths○ Camping Towels | <ul style="list-style-type: none">○ Cups / Plates / Bowls○ Forks / Knives / Spoons / Spork○ Cups / Mugs○ Aluminum Foil○ Garbage Bags Small○ Garbage Bags Large○ Resealable Ziploc Bags Various Sizes○ Umbrella○ Sewing Kit○ Safety Glasses○ Nylon Drawstring / Small Daypack○ Wet Bag / Sack○ Whistle○ Wristwatch○ Vehicle Escape Tool○ Extra Vehicle Fuel○ Silcock Key○ Survival Handbook○ Paper & Permanent Pen○ Rubber Gloves○ Utility Cord / Paracord○ Polypropylene Rope○ Nails / Stakes○ Bungee Cord○ Shut-off Wrench (Gas)○ Hot Hands & Feet Warmers○ Clothesline / Pegs○ Laundry Soap○ Zip Ties○ Personal Alarm / Door Alarm○ Bear / Pepper Spray |
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72 Hour Kit Supply List

Clothes	Personal and Comfort Care
<ul style="list-style-type: none">○ Walking Shoes / Runners○ Socks○ Underwear○ Hats & Gloves○ Pajamas○ Shirts (long & short sleeve)○ Pants○ Sweatpants○ Sweatshirt/Hoody○ Jacket○ Rain Poncho With Hood	<ul style="list-style-type: none">○ Lip Balm○ Vaseline○ Toothbrush & Toothpaste○ Dental Floss○ Deodorant○ Soap○ Razors○ Tissues○ Lotion○ Q-Tips○ Nail File / Nail Clippers○ Compact Mirror○ Hairbrush/Comb○ Hair Ties○ Shampoo○ Sunscreen○ Bug Spray○ Bandana○ Ear Plugs○ Scarf○ Quick Dry Towel & Wash Cloth○ Personal Wipes○ Activity Books / Cards / Games○ Notepad / Pens / Pencils / Crayons○ Stuffed Animal / Special blanket○ Family Photos○ Personal Hygiene Products
<p style="text-align: center;">Pets (Specifically Dogs & Cats)</p>	
<ul style="list-style-type: none">○ First Aid Kit○ Pet Carrier○ Immunization Records○ Veterinarian Contact Details○ Kitty Litter Container○ Litter & Scoop○ Waste Bags○ Water / Food Bowls○ Food (Dry / Wet / Treats)○ Harness / Leash○ Muzzle○ Toys○ Flea / Tick Treatment○ Medicine○ Care Instructions (if they are cared for elsewhere)○ Sweater / Vest○ Grooming Supplies○ Blanket	

72 Hour Kit Supply List

First Aid	
First Aid Kit (100+ Piece Kit)	
Do It Yourself First Aid Kit:	
<ul style="list-style-type: none">○ Hand Sanitizer○ Gloves○ Assorted Band-Aids○ Neosporin/Polysporin○ Antiseptic / Hydrogen Peroxide○ Alcohol / Iodine Wipes○ Steri-Strips / Butterfly Band-Aids○ Saline Solution / Wound Cleaning○ Cotton Balls / Q-Tips○ Scissors○ Nail Clippers & Tweezers○ Gauze Pads○ Eye Pad / Eye Drops○ Instant Ice Pack○ Plastic Bags○ Lollipops○ First Aid Book / Manual○ Instant Cold Packs○ Elastic Wraps with Hook Closure○ Sam Splint / Arm Sling○ Popsicle Sticks—For Finger Splints○ Compression Bandage○ Glucose Tabs○ Orajel○ Burn Gel / Dressing○ Second Skin / Mole Skin○ Activated Charcoal	<ul style="list-style-type: none">○ Imodium○ Gravol○ Antacid / Tums○ Tweezers○ N95 Face Masks○ Bee Sting and Bite Kit○ Epi-Pen○ Antihistamines & Allergy○ Hydrocortisone○ Bug Spray○ Anti-Itch Cream○ Decongestant○ Cough / Cold Medicine○ Pain Medication○ Nausea Bags○ Potassium Iodide (Radiation Exposure)○ Thermometer○ Epi-Pen○ CPR Mask
	Other Important Items
	<ul style="list-style-type: none">○ Safe With Valuables○ Photos / Sentimental Items
	Miscellaneous