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# Nice Cream Recipe



## Base Recipe

- 2 Lg Frozen Bananas
- 2-4 Tbsp of Milk or Plant-based beverage

## Directions

- Place frozen banana slices & 2 Tbsp of milk in high-speed food processor or blender.
- Blend on high for 1-2 mins., stopping to scrape the sides as needed.
- Add milk 1 Tbsp at a time to get desired consistency.
- You can eat it like soft serve or freeze it for 1-2 hrs to achieve desired consistency.

## Add-ins and Toppings

The ideas can be endless. Some suggestions are:

- Cacao powder and/or cacao nibs
- Peanut butter
- Almond butter
- Frozen berries
- Protein Powder
- PB2 Powder
- Frozen Peaches
- Matcha
- Pecans
- Pineapple and Cococut
- Pistachio
- Mango