

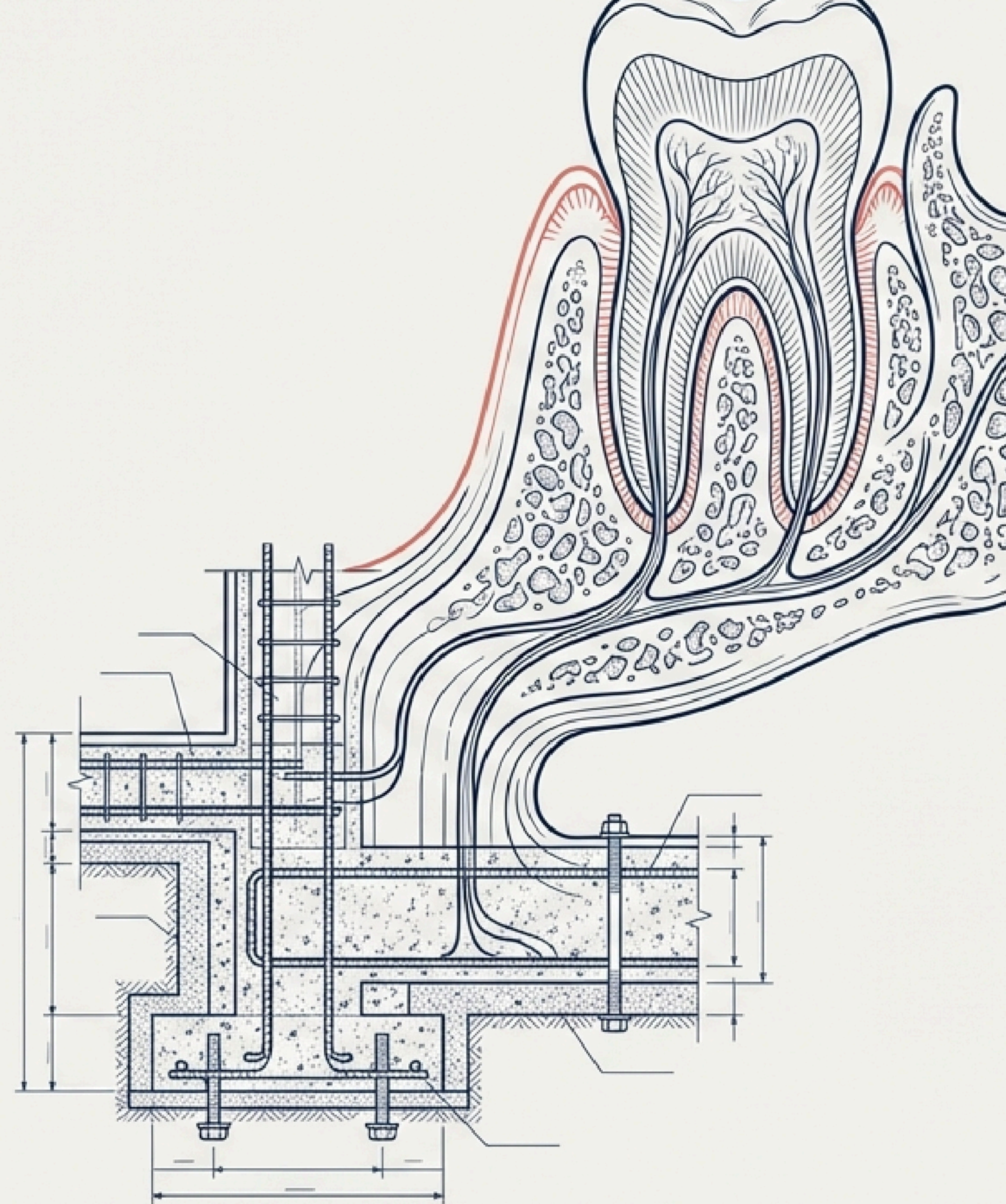
# Guardians of the Oral Foundation

## Understanding the Critical Role of the Periodontist

Author: Dr. Christa Blignaut

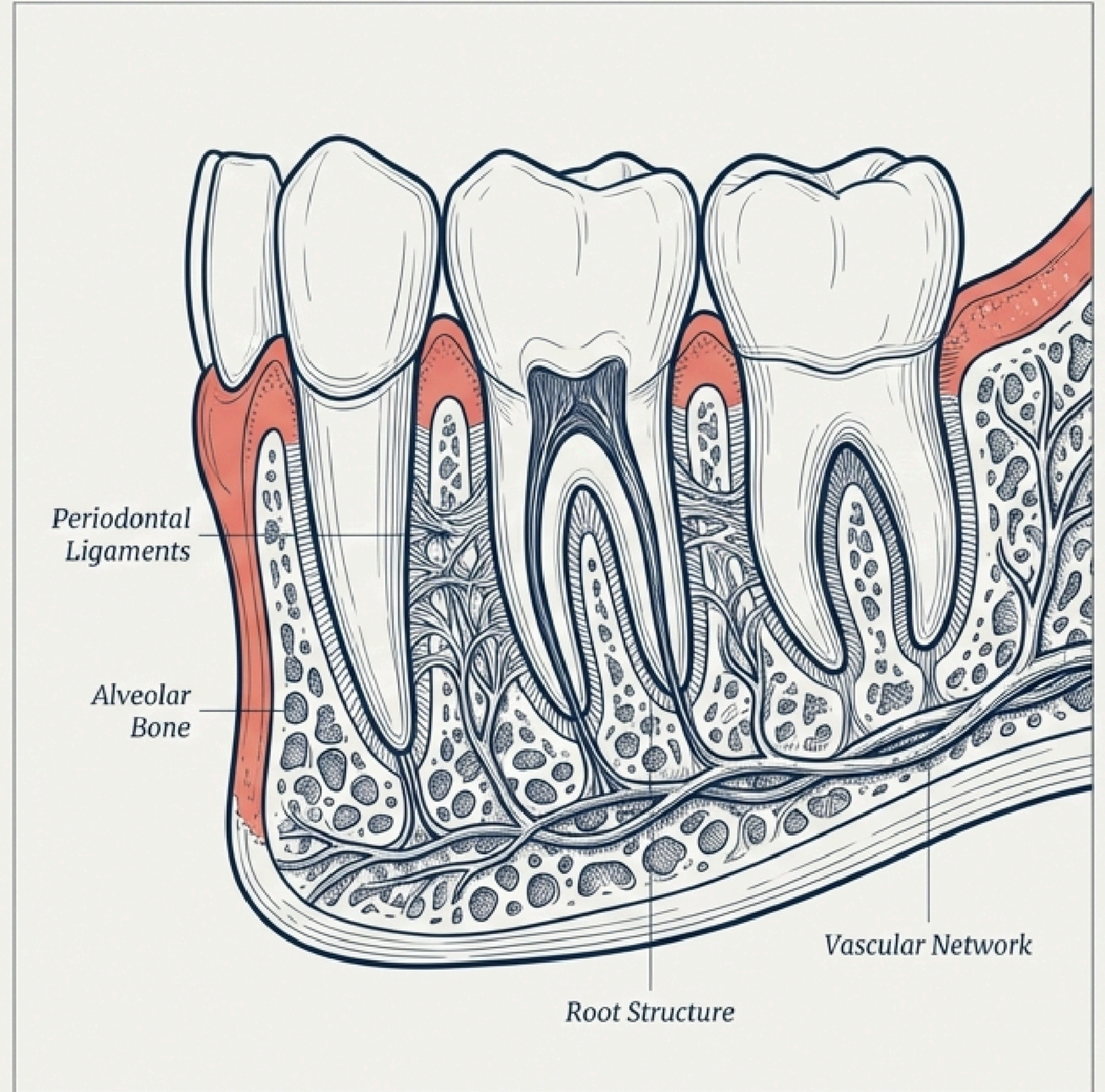


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# Every smile is built upon a foundation. But what happens when it's compromised?

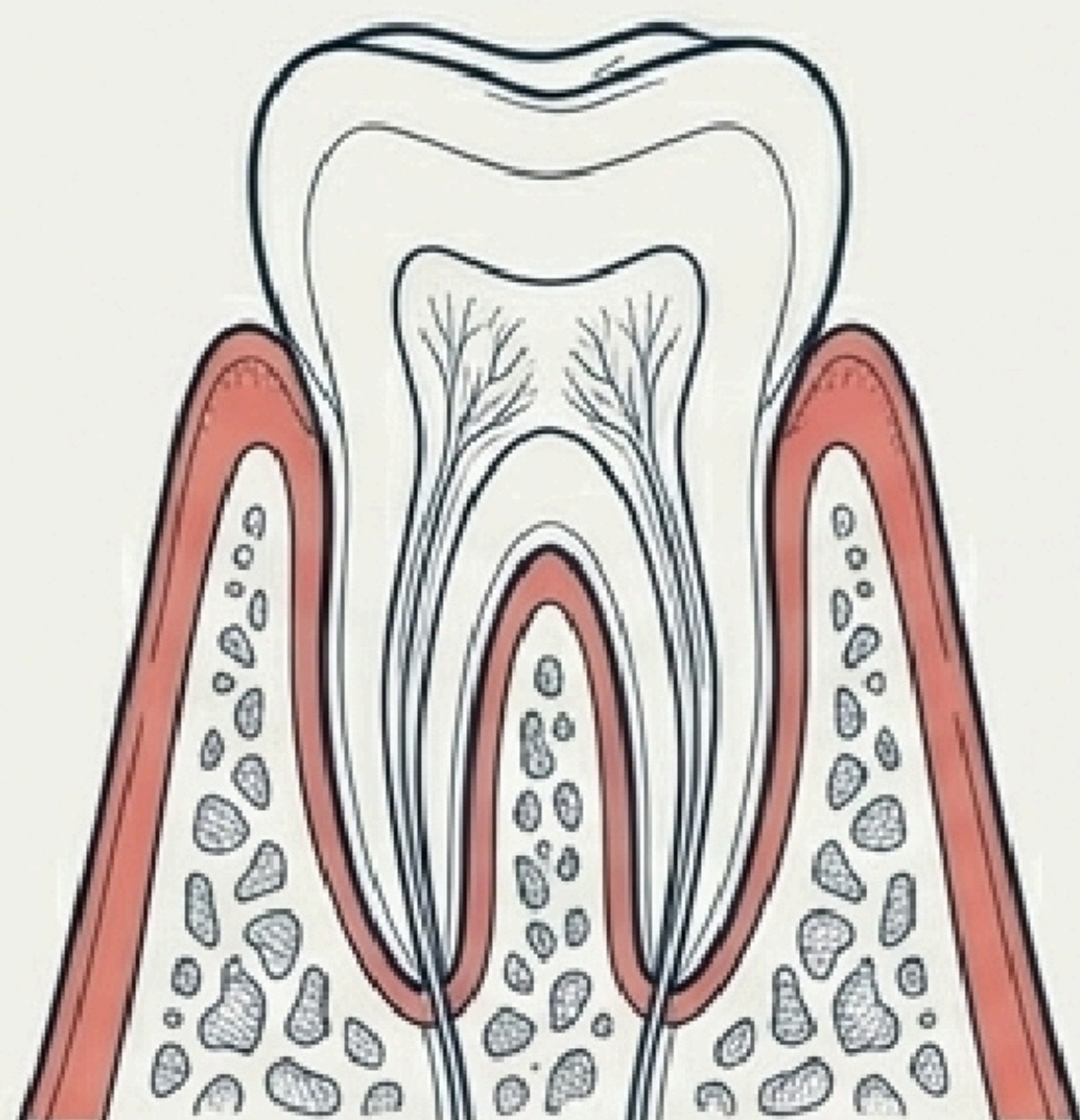
We focus on the appearance of our teeth, but their health, stability, and function depend entirely on the structures beneath the surface: the gums and bone. Periodontists are the specialists who work in this quiet but critical space, safeguarding the very foundations of your health.



# The Silent Threat to Your Oral Foundation

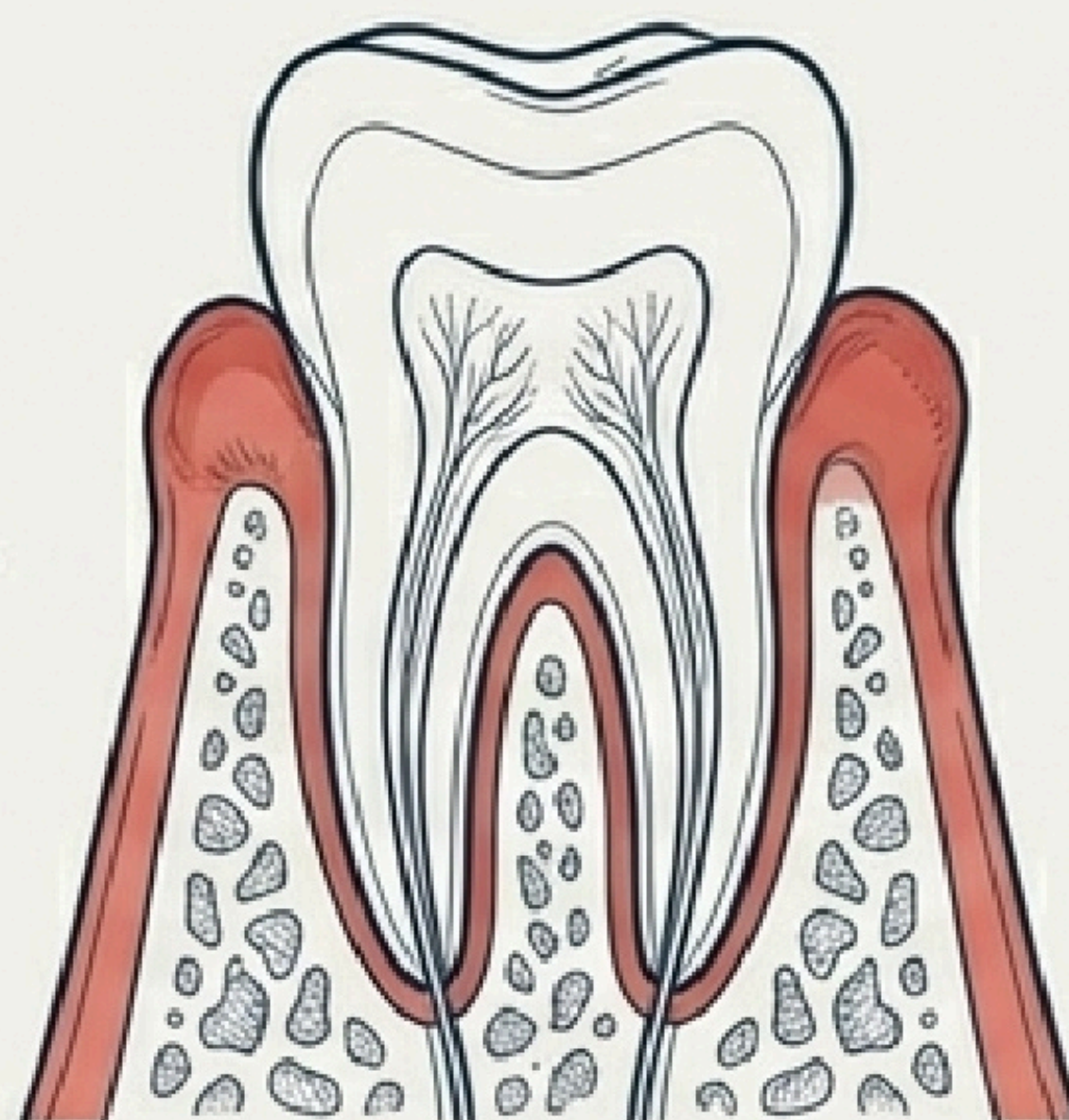
Periodontal conditions, such as gingivitis and periodontitis, are the primary threat. Their danger lies in their subtlety. They often develop silently, progressing without pain until significant, and sometimes irreversible, damage has occurred.

**HEALTHY**



- Starts with subtle inflammation (Gingivitis).

**GINGIVITIS**



- Progresses to tissue and bone destruction (Periodontitis).

**PERIODONTITIS**

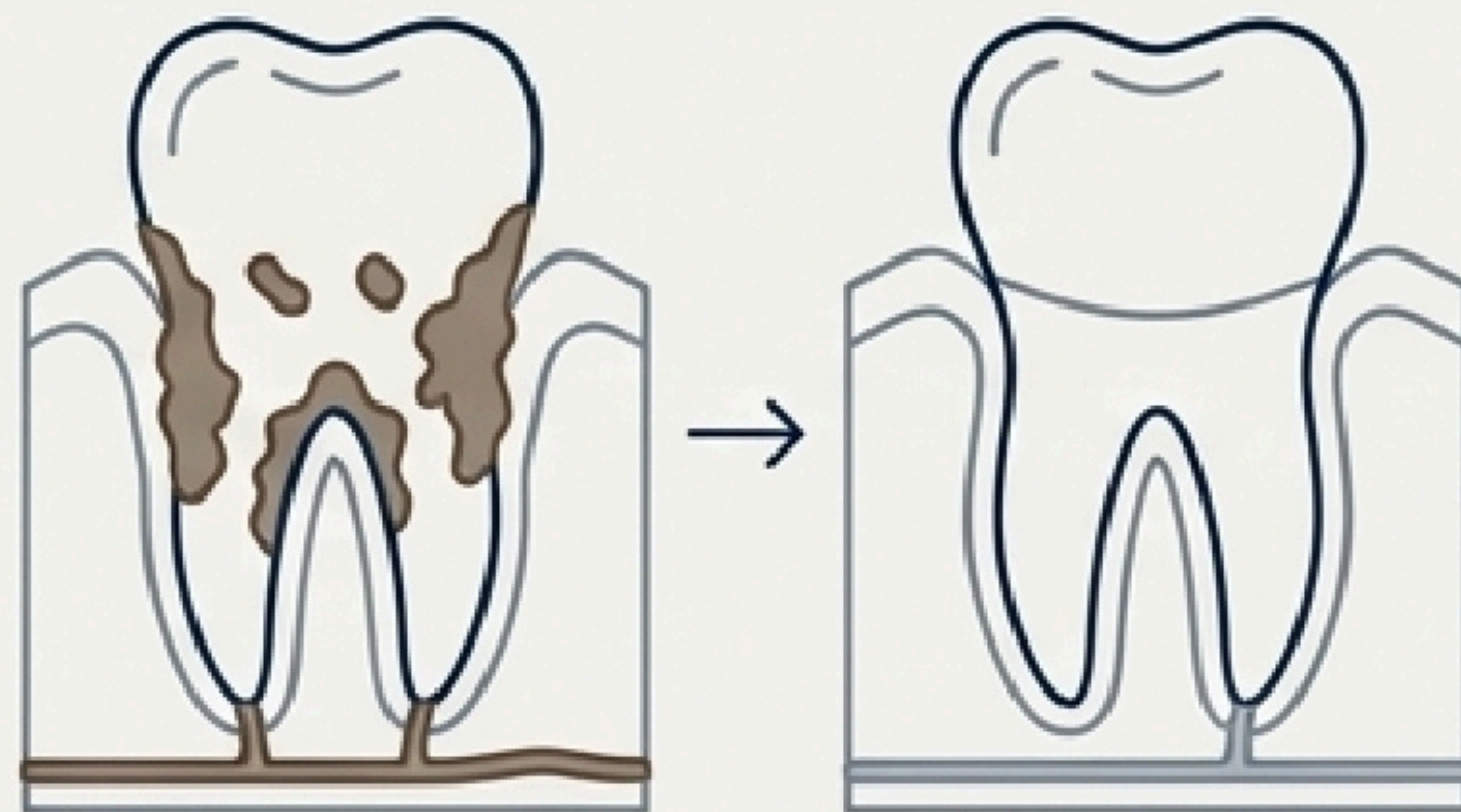


- Often asymptomatic in early stages.
- Leading cause of tooth loss in adults.

# Restoring Health to the Tissues That Support Your Teeth

Beyond managing disease, periodontists perform advanced procedures aimed at restoring health to the gums and bone. This work is deeply restorative, repairing damage caused by disease or trauma and rebuilding a healthy environment for the teeth.

## Scaling and Root Planing

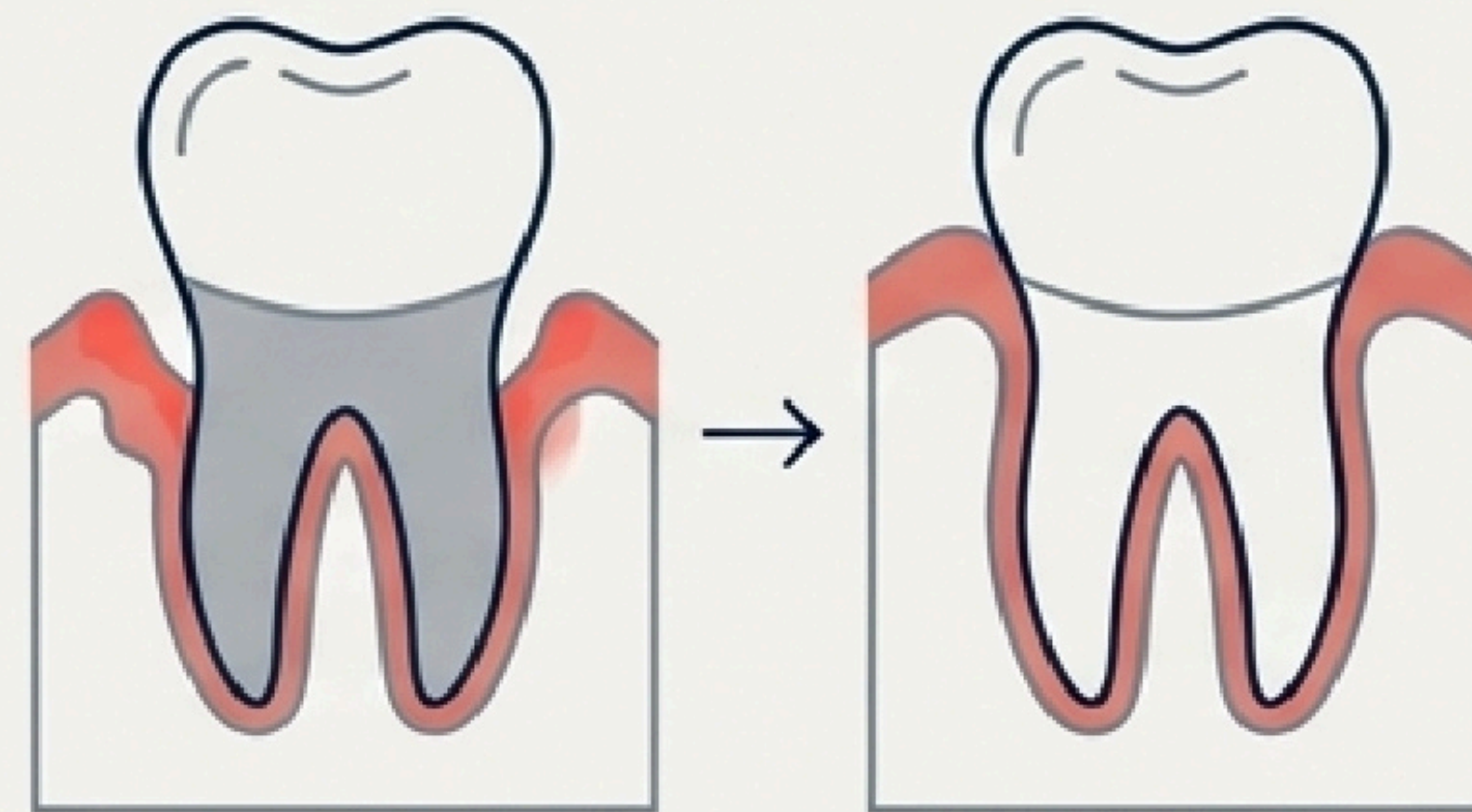


BEFORE

AFTER

A deep cleaning procedure to remove plaque and tartar below the gum line.

## Gum Grafting

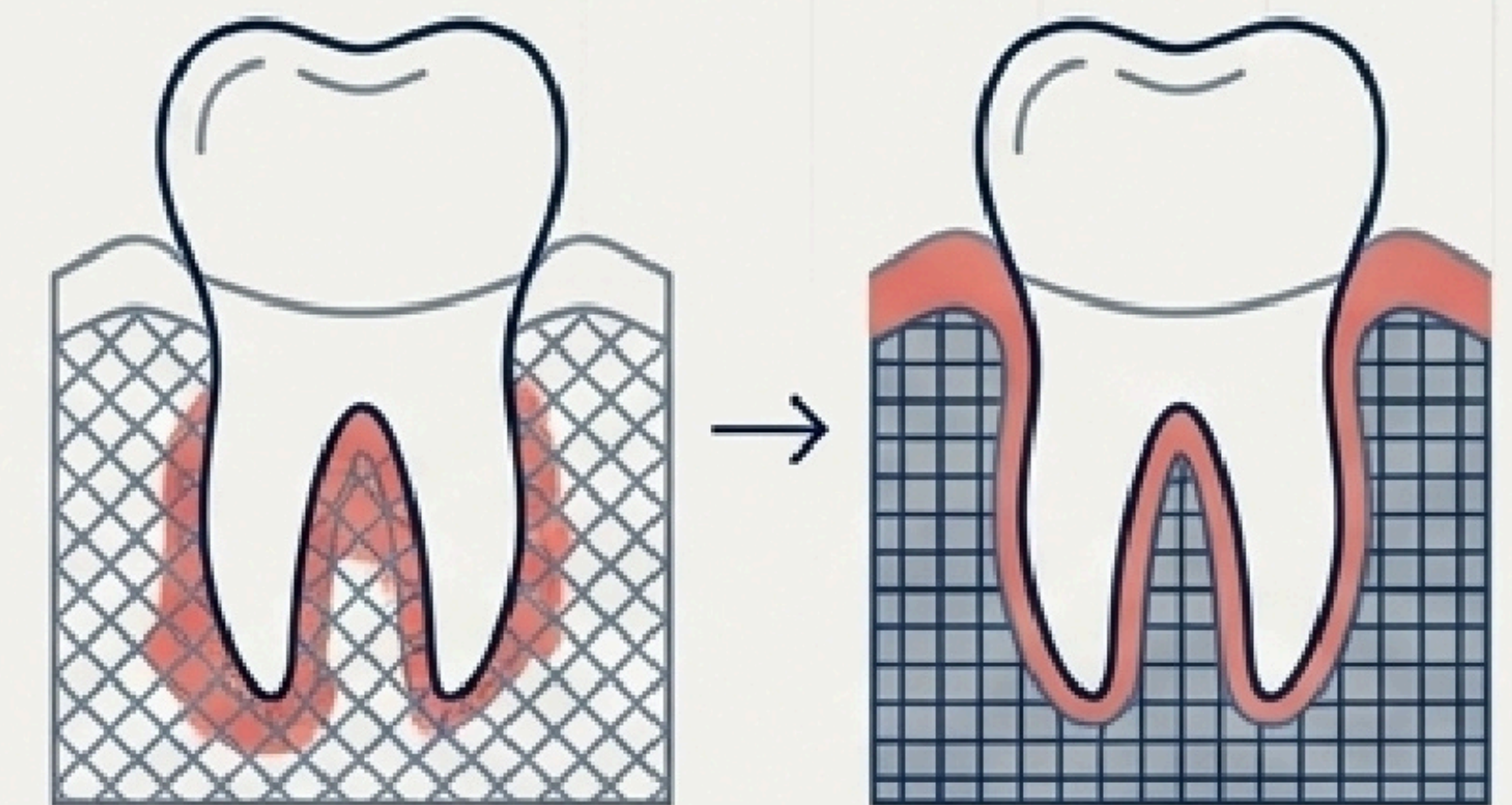


BEFORE

AFTER

Rebuilding gum tissue to cover exposed roots and prevent further recession.

## Bone Regeneration



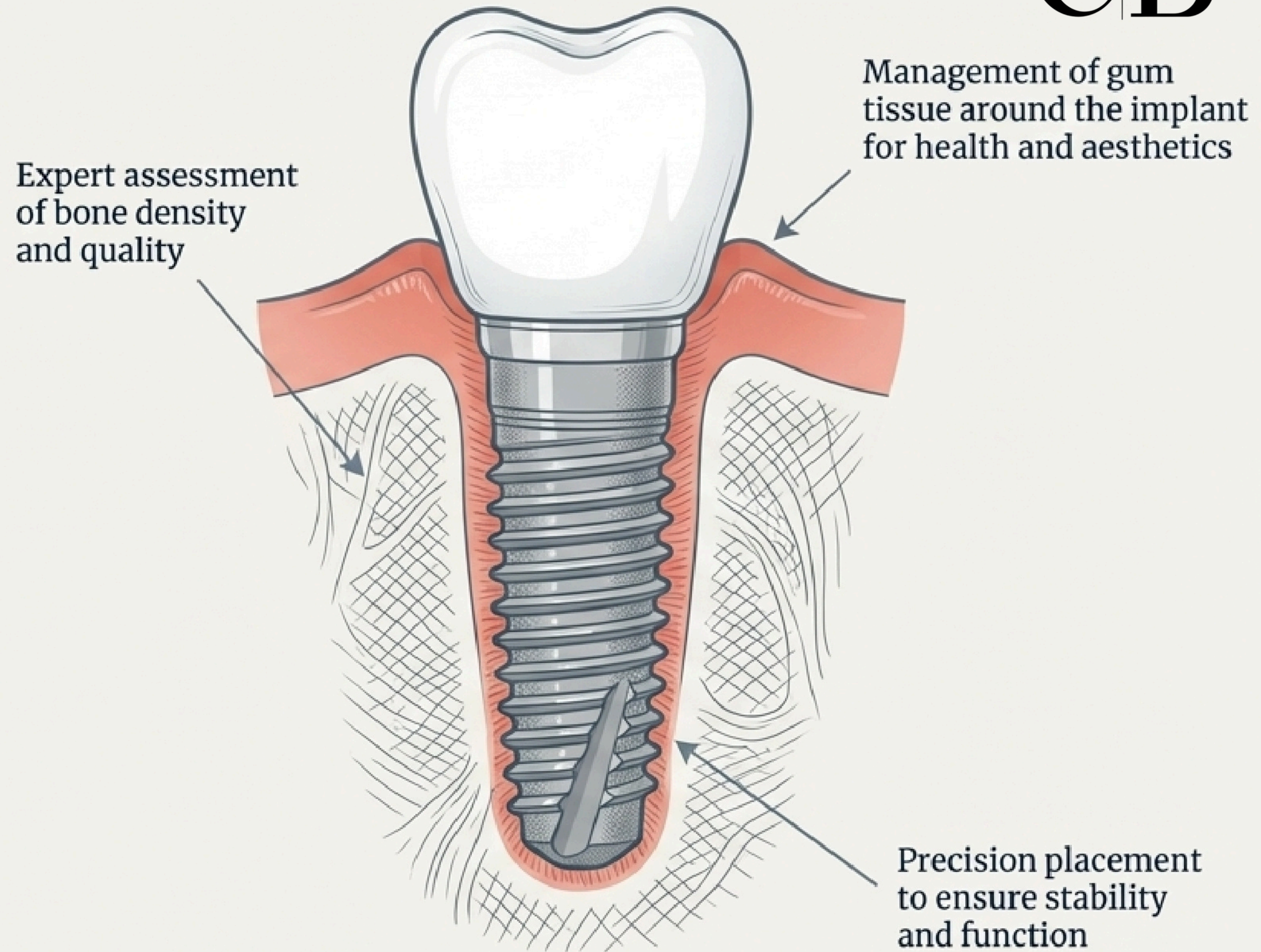
BEFORE

AFTER

Procedures to stimulate the body's ability to regrow bone lost to disease.

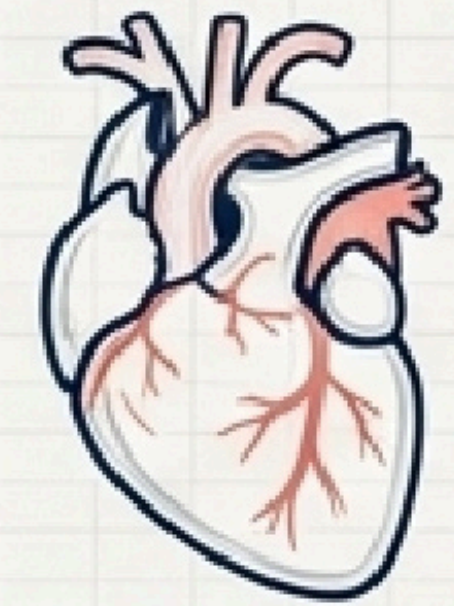
# The Art and Science of Dental Implant Placement

Periodontists are specialists in the surgical placement of dental implants. Their expertise is essential for long-term success, as they ensure that implants are positioned in healthy bone and supported by stable gums—the two non-negotiable requirements for a lasting result.



# The Mouth is a Gateway to Overall Health

The importance of periodontal care extends far beyond the mouth. Gum health is closely linked to overall health, with strong scientific associations to significant systemic conditions. **Chronic inflammation** in the gums can impact the entire body.

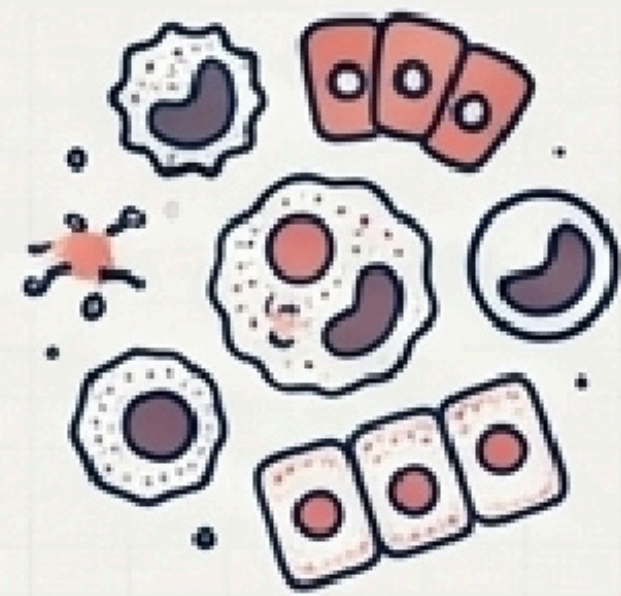


## Cardiovascular Disease

Inflammation contributes to atherosclerosis and heart disease risks.

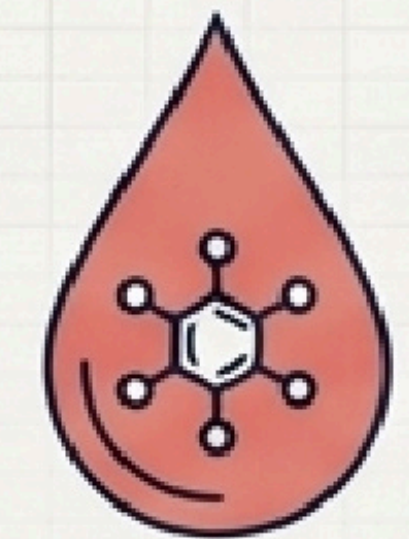


## Periodontal Disease (Chronic Inflammation)



## Other inflammatory conditions.

Linked to conditions like respiratory disease, rheumatoid arthritis, and cognitive decline.



## Diabetes (a two-way relationship)

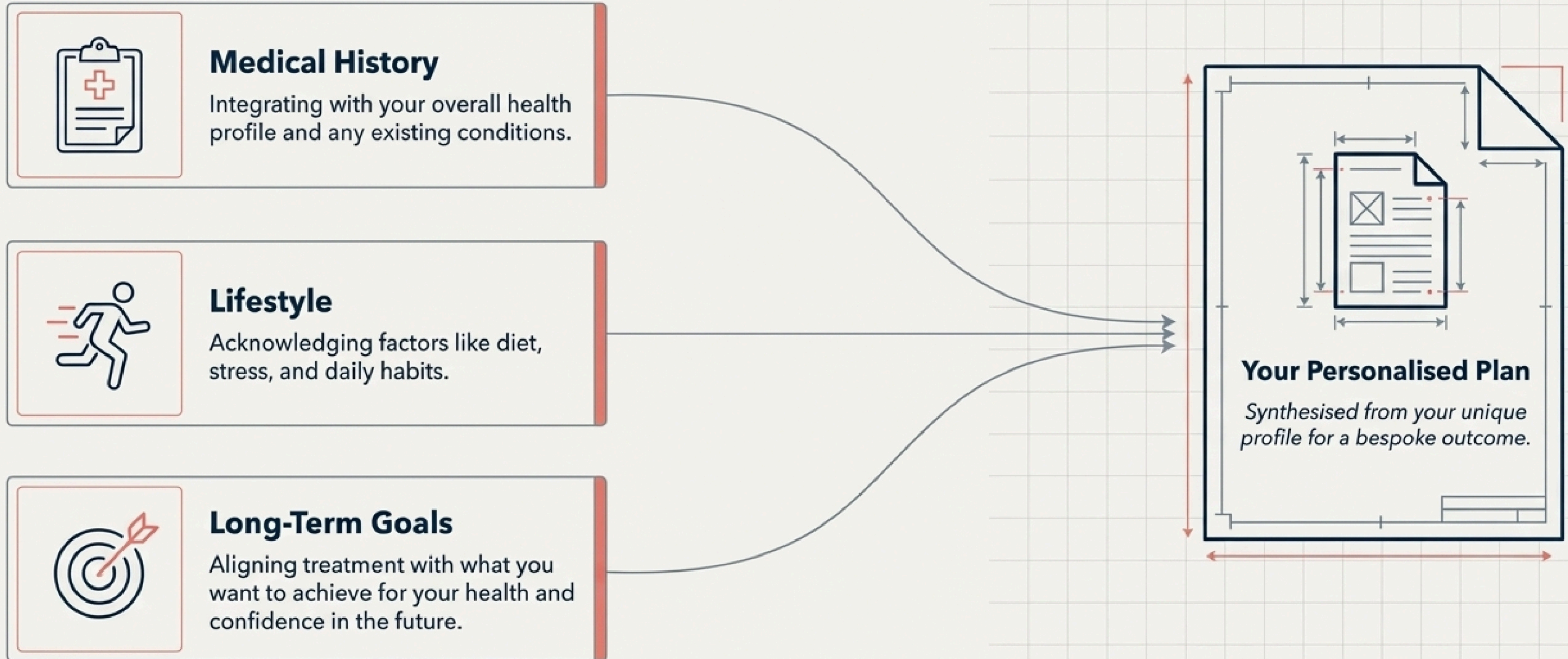
Severe gum disease can affect blood sugar control, and diabetes increases gum disease risk.

By managing oral inflammation, a periodontist contributes to your broader systemic wellbeing as a key member of your multidisciplinary health team.

# Your Treatment Plan is Designed for Your Life



A periodontist develops personalised treatment plans that respect each patient's unique circumstances. There is no one-size-fits-all solution.

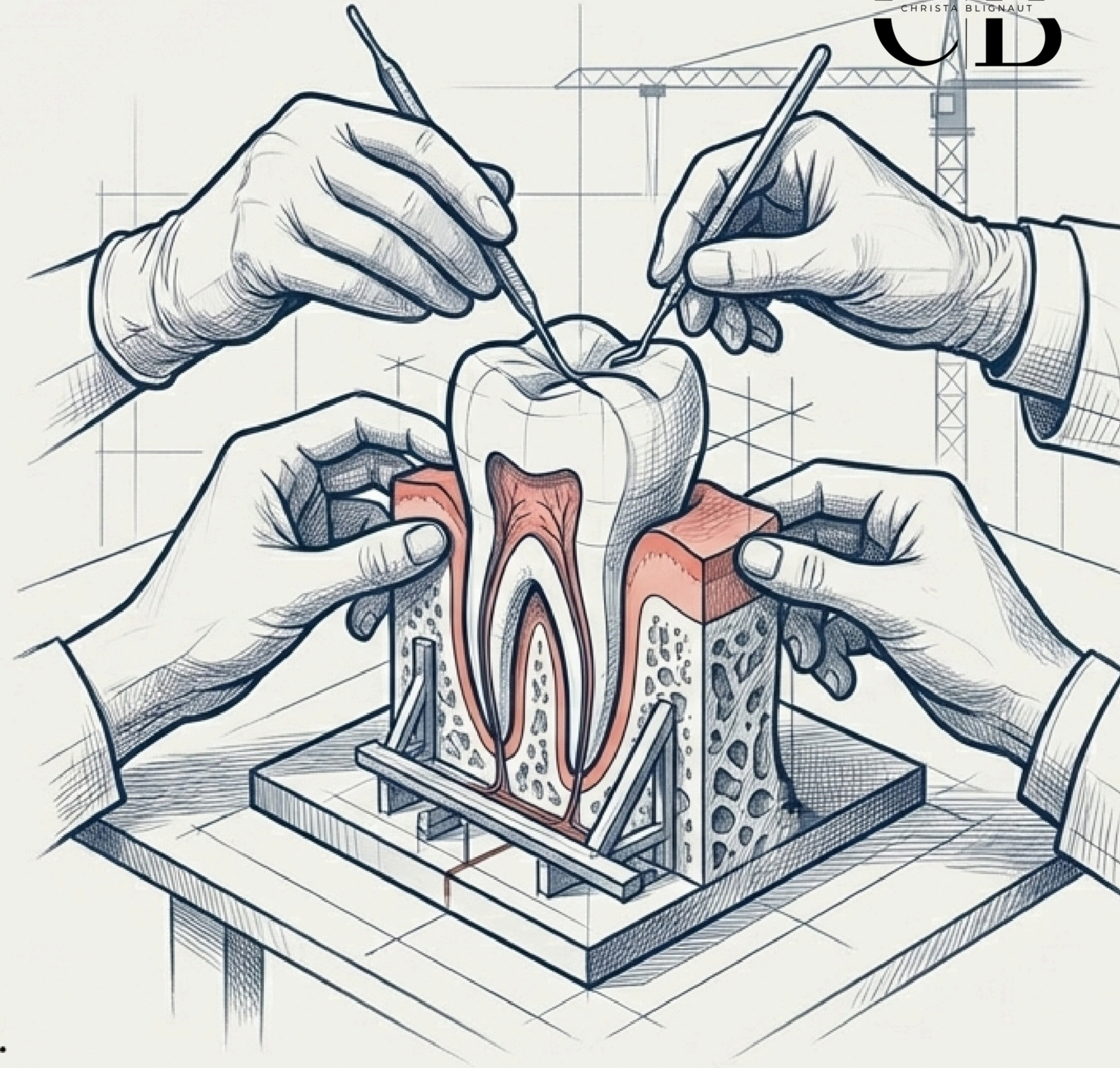


# A Partnership in Prevention and Lasting Health

The periodontist's role is not just to treat, but to educate and empower. They create a lasting partnership with patients to protect their oral health long after active treatment is complete. This involves creating personalised plans that fit your life and goals.

## Components of the Partnership

- Guidance on proper, effective oral hygiene techniques.
- Strategies for managing personal risk factors (e.g., smoking, genetics, grinding).
- Development of a personalised maintenance plan.





# Safeguarding the Foundations of Your Smile and Health

In essence, periodontists are the guardians of your oral foundation. Their work is precise, preventative, and deeply restorative. While their focus is often on the unseen structures beneath the surface, their impact is lasting—preserving not only your teeth, but your comfort, confidence, and overall health for life.

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