# Rally Scoring Regulations/Format

## **VARSITY**

- 3 out of 5 to 25 (no cap)
- 5<sup>th</sup> game to 15 (no cap)
- The let serve shall be allowed
- Each team shall be allowed two time-outs per game

## **SUB-VARSITY**

- 2 out of 3 to 25 (cap at 30)
- 3rd game to 25 (cap at 30)
- The let serve shall be allowed
- Each team shall be allowed two time-outs per game
- By mutual consent, sub-varsity teams may play 3 out of 5 to 25 (cap at 30), with the 5th game being played to 15 (cap at 20). If one school wants to play 2 out of 3, then the sub-varsity guidelines for 2 out of 3 will be used.

# **JUNIOR HIGH**

- 2 out of 3 to 25 (cap at 30)
- 3<sup>rd</sup> game to 25 (cap at 30)
- The let serve shall be allowed
- Each team shall be allowed two time-outs per game
- By mutual consent, 7<sup>th</sup> and 8<sup>th</sup> grade teams may play the third game of a match even if the same team has won the first two games. Any student who has not played in the first two games must be allowed to participate in the entire third game.

## **TOURNAMENT PLAY - ALL LEVELS**

- Pool play "mini games" must consist of two rally scored games to 15 (cap at 20)
- Pool play games start at 0-0
- During pool play, regulation matches can be utilized, provided no team exceeds their total number of allowed matches per day (three matches per day in a three day tournament, or four matches per day during a two day tournament or a one day tournament scheduled on a Saturday).
- It is permissible for varsity teams to use either the 2 out of 3 or 3 out of 5 format during tournament play.
- If the 2 out of 3 format is used, it will be 2 out of 3 to 25 (cap at 30), with the third game being played to 25 (cap at 30).

#### VARSITY DUAL AND TRI-MATCHES

- Varsity dual and tri-matches must be played using the 3 out of 5 format. There are no exceptions to this rule.

# WARM-UP PROCEDURES

- It is recommended that schools use the 15 minute warm-up procedure that is used at the state tournament: Each team will have the court for six minutes. Both teams will share the court for the last three minutes for serves.