Owner’s Name: Gillian

Phone: 123-456-7890

Email: hsfequinenutrition@gmail.com

Farm: Heaven Sent Farm, LLC

Horse’s name: Emma

Horse’s Age: 29 Height: 14.2 hh

Estimated Weight: 1100 lbs.

Breed: Quarab (Quarter Horse Arabian)

Sex: **Mare Gelding Stallion**

Would your barn manager like to be involved in this process? **Y** or **N**

**Horse’s Current Diet**

Grain Type & Amount: 2 lbs. soaked Timothy pellets daily (1 lbs. per meal). 4 lbs. Hallway Fibrenergy daily (2 lbs. per meal).

Hay Type & Amount: 2-4 flakes of timothy/grass hay spread on their track daily split between her and her mini field mate.

10 lbs. Safe Starch Forage put out daily, estimate she gets roughly 5 lbs.

Rough Water Intake Daily (ex. 5-10g): Roughly 10 gallons daily. Water tub is filled with 10 gallons 2x daily and monitored.

Salt Intake Daily: Free choice salt licks, 1-2 tbsp. loose salt put into grain daily. Electrolytes used a few times a week, especially in summer.

Medications: Banamine prior to farrier appointments.

Supplements: SmartCBD + Joint, 30 cc scoop beef gelatin, Wiser Concepts InsulinWise, Mare Magic (when I remember to get it), SandClear 7 days per month.

Past Supplements: Most recently SmartCBD + Calm pellets that we changed out for the + Joint formula. Recently stopped MadBarn’s AminoTrace due to adding grain back into her diet a few months ago. Vitamin E last winter.

Known Allergies: Seasonal Allergies, sensitive to bees.

**Medical History**

Colic History **Y** or **N** Surgical **Y**  or **N**

Date: Date:

Laminitis/Founder History **Y** or **N**

Date:

Diarrhea **Y** or **N** Thyroid Imbalance **Y** or **N**

Rapid Weight Loss **Y** or **N**

Rapid Weight Gain **Y** or **N**

PPID **Y** or **N** PSSM **Y** or **N**

Equine Metabolic Syndrome **Y** or **N**

Confirmed Ulcers **Y** or **N**

Other Medical Conditions: Navicular, arthritis, age and injury relates soreness/stiffness.

Date of last Dental exam: 05//10/2024

Dental history, choke history, missing teeth, dropping feed: She has always had excellent teeth, even at 29 almost 30. Her teeth are worn as expected but overall she has grinding surface still and does well eating overall. She is still on long stem forage, with chopped forage in case she has trouble with the longer forage, and her feed is soaked not for teeth but for hydration. She does drop feed which began recently, it likely due to how wet her meals are, but I am planning to have her evaluated by the dentist between now and the spring, sooner if she shows signs of discomfort.

**Hoof Condition:**

Barefoot, shod, hoof boots:

If shod or in boots, what type: Barefoot.

How often do they see the Farrier: Every 4-6 weeks.

What is the condition of the hooves? Shelly, chipped, do they lose shoes easily, thrushy, etc. She has excellent hooves, strong with limited thrush.

**Body Condition:**

Coat Condition (Shiny, shaggy, dull): Shiny, fuzzy from the fall change plus her PPID although she is sleek and shiny with dapples in the summer.

Current Body Condition Score: #5

Owner’s Ideal Body Condition Score: #5.5

Is the horse a “hard” or “easy” keeper? Easy, although her needs are changing now that she has nearly hit 30.

**Temperament:**

Horse’s temperament daily overall: She is excellent, couldn’t ask for a better horse. She can be frequently spooky/anxious and on alert during wind, weather changes, and with environment changes.

Horse’s temperament in the field: She can be frequently spooky/anxious and on alert during wind, weather changes, and with environment changes. Overall she is content to wander around her track and eat with her field mate. She can be a bit grumpy with her buddy at times.

Horse’s temperament in the stall: No longer stalled.

Does your horse Crib, weave, paw, eat dirt, wood chew, etc.? Please explain: None of the above.

Horse’s temperament during tacking/ grooming: Emma is retired and has been for a while. Not applicable.

Girthy? **Y** or **N** Biting? **Y** or **N** Kicking **Y** or **N** Tail Swishing **Y** or **N** Dancing/Pawing **Y** or **N**

Head Tossing **Y** or **N** Pooping **Y** or **N**

Horse’s temperament under saddle: N//A

Ideal Temperament Changes: None, aside from supporting her to be calmer and more confident in her environment.

**Living Environment:**

Hours in a stall: None

Stall Size: N/A

Hay Availability in Stall, amount and how it’s fed (hay net, loose, hay feeder): Not stalled, hay is given in the field. Typically fed loose on the ground, sometimes in a hay net when they agree to eat from it.

Hours in field: 24/7, 365.

Field size: Less than 1 acre, a small track system made in a 200 ft. X 200 ft. field.

Pasture Quality and Height (inches): No pasture on the track, it is dirt. Winter pasture is high quality when they are able to eat it.

Field Buddies: Mini mare.

Is hay given in the fields? **Y** or **N**

Is hay given in winter only, or during warm months as well? Hay is their main food all year round.

Is horse blanketed in winter? **Y** or **N**

Circle All Used: **Sheet Medium Heavy Other**

Number of grain feedings daily: 2

Where is grain fed? Inside/outside? Outside

Is grain fed at chest height, ground feeder, etc.? Rubber ground feeder pans.

Is the barn environment busy, calm, loud, etc.? Very quiet, minus regular highway and neighborhood noises.

Who is in charge of feeding grain meals: Myself (owner/barn manager).

Does horse eat hay before, during, or after grain meals? She has access typically 24/7 to hay around meals.

How long does the horse go without hay on average daily/overnight: Likely never, potentially a few hours, however her track does have small grass patches and we feed enough hay that they only “go without” if they leave hay uneaten from the night before.

**Deworming History:**

Date of last fecal egg count: 10/5/24

Results: Strongyle count of 450

Date of last deworming: 10/19/24

Type of deworming medication: Equimax

Typical deworming schedule: Minimum 2x per year, and then based on fecal samples otherwise.

**Vet History:**

Date of last vet exam: 10/5/24

Is the horse up to date on standard vaccines? **Y** or **N**

Vaccinated for Botulism? **Y** or **N**

Has your horse had blood testing for nutritional deficiencies? **Y** or **N**

Are you willing to do blood testing for nutritional deficiencies? **Y** or **N**

Are you willing to involve your vet:

If new health issues arise **Y** or **N**

For currently untreated issues **Y** or **N** or **N/A**

For newly suspected health issues **Y** or **N**

To further consult on health/body condition if needed **Y** or **N**

Vet Diet Recommendations: Vet has not made diet recommendations.

**Riding Information: Not Applicable to this horse**

Date of last saddle fitting:

Type of bit:

Discipline: Retired- no longer ridden.

Days a week riding currently:

Number of hours ridden weekly:

Ideal amount of days ridden weekly:

Ideal number of hours ridden weekly:

How is the horse’s current energy level during work:

Does the horse need more energy? **Y** or **N**

Does the horse have enough energy? **Y** or **N**

Is the horse “hot”/overly anxious or overstimulated? **Y** or **N**

Do you compete with your horse? **Y** or **N**

Level of Competition:

How often do you travel for competition:

How is your horse for trailering?

Does the horse have access to hay on the trailer? **Y** or **N**

Do you use calming supplements? **Y** or **N**

How is your horse’s temperament at shows/off farm?

How long does it take the horse to settle after coming home?

Does your horse get special feed/supplements on competition days?

Are you looking for additional diet support for competition days? **Y** or **N**

**Nutrition Management “Budget”**

Ideal grain budget(highlight): **$ $$ $$$**

Brands you love: I love a variety of brands (schedule an appointment with me to get more info!)

Brands you don’t love: I have my preferences, but and willing to try most.

Do you prefer (circle or highlight)

* Performance feed
* Complete feed
* Ration balancer
* Forage based feed

Are you willing to add supplements? **Y** or **N**

Would you prefer (circle or highlight)

* Oil/liquid
* Pellets
* Powder

Ideal supplement budget: **$ $$ $$$**

What areas are you looking to target with supplements? (topline, hooves, joint care, weight gain, etc.): I am targeting inflammation management, joint health, GI health, PPID support.

Is loose salt/mineral salt an option?

**Y** or **N**

Does your horse get soaked grain? **Y** or **N**

Is the farm able to soak grain? **Y** or **N**

Will the horse eat soaked grain? **Y** or **N**

How many feedings a day are possible for your current barn? 3 for Emma

Would you like to add more forage to your horse’s diet? Y or **N** She eats a decent amount but I am always happy to add more.

***Please take this space to describe your goals for this nutritional consult program for you and your horse***: I am always looking to support Emma in any way she needs, especially as she continues to age. I want to keep her weight either held here or a bit higher over winter, and make sure she is meeting all of her nutrient requirements.

**All Consults:** Please submit photos of your horst front, back, and both left and right sides. Please have your horse standing as square as possible on level ground.

Feel free to send videos as well.

Please provide photos of the hay your horse eats, the field they are in, and the feed scoop(s) used. More info attached.

**Photo List**

Please submit photos of your horst front, back, and both left and right sides. Please also provide photos of all 4 feet.

Please have your horse standing as square as possible on level ground.

Feel free to send videos as well. Videos can be of the horse at rest in a stall/field, being ridden, showing stereotypic behaviors, etc. Anything you think may be helpful.

Photos/videos can be sent to [hsfequinenutrition@gmail.com](mailto:hsfequinenutrition@gmail.com) or sent to Facebook Messenger @HSFEquineNutrition.

Please also provide photos of:

* Grain, supplements, and medications
* The hay your horse eats, and any nets or holders used
* The field(s) they are in
* The feed scoop(s) used

**A horse standing in a fenced in area

Description automatically generated**

**A horse standing in a field

Description automatically generated**

**A horse standing in a field

Description automatically generatedA horse with a tail

Description automatically generated**

**A close up of a horse's hooves

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**A bag of food in a red bucket

Description automatically generated A measuring cup with red handle

Description automatically generatedA bowl of brown dirt

Description automatically generatedA measuring cup on a bowl of brown granules

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**A bag of horse food

Description automatically generated A white plastic container with a pink label

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**A close-up of a bag of horse supplement

Description automatically generatedA bag of horse pellets

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**A hand holding a pile of hay

Description automatically generated A snowshoe on a wall

Description automatically generated**

A horse in a fenced in area

Description automatically generated

A bag of horse fertilizer

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