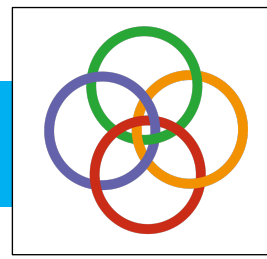


# Resilient Leadership for Women



## Unlock Your Leadership Potential!

Embark on a transformative journey at our three-month leadership development program, commencing with a two-day in-person retreat exclusively for women on Thursday, August 29, and Friday, August 30, 2024. Set against the serene backdrop of the Adelaide Hills, you'll be welcomed by accredited Resilient Leaders Elements™ consultant and leadership specialist, Heather De Blasio, into a small, supportive group of up to 16 participants, where you'll use the Resilient Leaders Element's™ model to shatter barriers and unleash your full potential

### What You'll Learn:

- **Confidence:** Embrace your identity and strengths with confidence.
- **Overcoming Barriers:** Tackle internal and external obstacles to become the leader you aspire to be.
- **Clarity & Communication:** Articulate clear goals and inspire others.
- **Emotional Intelligence:** Develop self-awareness and empathy to navigate any environment.
- **Authentic Leadership:** Cultivate a powerful presence that captivates and inspires.
- **Decision Making:** Make sound decisions, even during uncertainty or crisis.
- **Personal Growth:** Challenge yourself, reflect, and grow both personally and professionally.
- **Focus & Influence:** Channel your energy into what matters most and let go of what doesn't.

- **Strengths Utilization:** Identify and leverage your strengths to drive growth.
- **Self-Care:** Address challenges related to self-care.

### Your Program Includes:

- **2-Day Retreat:** Fully catered workshop
- **3-Month Access:** to our online Resilient Leaders Development Programme™, 24/7.
- **Individual Coaching:** Receive personalized guidance with a one-hour coaching session.
- **Mid-point Check-in:** Reconnect with a 60-minute online group session at the halfway point.
- **Completion Workshop:** Wrap up your journey with a 90-minute online session.
- **Progress Report:** Receive an individual report detailing your growth.

## Event Details

**When:** August 29 & 30 8.30 – 4.00 (Leadership retreat)  
Completion Workshop TBA in week of November 23-30  
**Where:** Stirling Hotel, Mount Barker Road, Stirling  
**Cost:** \$1350 (Early Bird till June 27, inc. GST)  
\$1800 (Standard ticket, inc. GST)  
Cancellation Policy – contact organiser



Heather & Tony De Blasio

### Program Outline

#### Day 1

**Session 1:** Introduction to Resilient Leaders Elements  
Understanding your Resilient Leaders Assessment  
**Session 2:** Clarity of Direction – getting clear on strategic intent, unifying purpose & determination  
**Session 3:** Leadership Presence – being authentic, intentional, & serving

#### Day 2

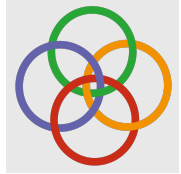
**Session 1:** Awareness & Self-care –leveraging your own & others' strengths and growth edges  
**Session 2:** Resilient Decision Making- being confident in your decision-making through being robust, versatile and creative  
**Session 3:** Maximising the Strength Engine and committing to your transformation

## TO REGISTER

<https://heatherdeblasio.com/our-live-events>

Email [heather@heatherdeblasio.com](mailto:heather@heatherdeblasio.com) or call Heather +610412038199

# SOAR with Resilient Leaders Elements



Join us on a transformative journey spanning three months, commencing with a rejuvenating two-day face-to-face leadership retreat at the iconic Stirling Hotel in the Adelaide Hills. This unique program is led by accredited Resilient Leaders Elements™ consultant, author and leadership specialist, Heather De Blasio. Specialised sessions on awareness of self and others and how to reframe unhelpful thought patterns will be provided by experienced Clinical Psychologist and accredited Resilient Leaders Elements™ consultant, Tony De Blasio.

## You'll Learn To:

- Articulate a clear vision that motivates and unites
- Cultivate emotional intelligence for deeper connections
- Project authentic leadership presence with confidence
- Navigate uncertainty and make impactful decisions
- Overcome self-doubt through experiential challenges and reflection
- Focus on what matters and let go of the rest
- Harness your strengths to foster growth
- Prioritize self-care amidst leadership demand

## Your Program Includes:

- 2-Day Retreat: Fully catered workshop
- 3-Month Access: to our online Resilient Leaders Development Programme™, 24/7.
- Individual Coaching: Receive personalized guidance with a one-hour coaching session.
- Mid-point Check-in: Reconnect with a 60-minute online group session at the halfway point.
- Completion Workshop: Wrap up your journey with a 90-minute online session.
- Progress Report: Receive an individual report detailing your growth.

## Event Details

**When:** October 10 & 11; 8.30 – 4.00 (Leadership retreat)  
Completion Workshop TBA in late January/early Feb 2025

**Where:** Stirling Hotel, Mount Barker Road, Stirling

**Cost:** \$1350 (Early Bird until August 10, inc. GST)  
\$1800 (Standard ticket, inc. GST)  
Cancellation Policy – contact organiser



Heather & Tony De Blasio

## Program Outline

### Day 1

**Session 1:** Introduction to Resilient Leaders Elements

Understanding your Resilient Leaders Assessment

**Session 2:** Clarity of Direction – getting clear on strategic intent, unifying purpose & determination

**Session 3:** Leadership Presence – being authentic, intentional, & serving

### Day 2

**Session 1:** Awareness & Self-care –leveraging your own & others' strengths and growth edges

**Session 2:** Resilient Decision Making- being confident in your decision-making through being robust, versatile and creative

**Session 3:** Maximising the Strength Engine and committing to your transformation

## Who is this for?

Leaders in any field or sector seeking to boost confidence and inspire followership authentically. If you aim to lead from a place of self-assurance and resilience, even in turbulent times, this program is your pathway forward.

## TO REGISTER

<https://heatherdeblasio.com/our-live-events>

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