

Join Traci Kasper One Small Step Walk!

First Saturday Every Month
9-10:30 AM PST



#OneSmallStep
#WalkForWellness
#WomensWalk



Overview

A relaxed, welcoming community walk focused on movement, fresh air, and connection. No pace goals, no pressure, no fitness expectations.

We meet at different beautiful locations.

Look for Traci wearing a **One Small Step Walks t-shirt**.

Category: Health, Personal health

