



## HELPING HANDS UP: 2018 UPCOMING EVENTS

RSVP for all events to: 301-892-6636 or HHUniversityPark@gmail.com

SEPTEMBER		
<p><b>Thursday, Sept. 20, noon - 1:45-ish</b>  <b>Ledo's, 4509 Knox Rd., College Park</b></p>	<p><b>HHUP Lunch Club: NOTE: CHANGE IN SEPTEMBER DATE: <u>Thurs., Sept. 20, noon:</u> - we usually meet on the <b>3rd Wednesday of the month</b>, but because of Yom Kippur (Sept. 19), we'll meet on <b>Thursday, Sept. 20 at Ledo's in College Park.</b> There's a parking garage next door: no payment if you have a handicap permit. We like to talk, so if you're feeding a meter, pay for at least 90 minutes.</b></p>	<p>Need a ride? Call 301-892-6636 or email us.</p> <p>Please RSVP so we can reserve enough tables.</p>
OCTOBER		
<p><b>Thursday, Oct. 4, 7:00 - 9:00 PM</b>  <b>Home of Leslie Jenkins</b></p>	<p><b>HHUP Volunteers' Meet and Greet:</b> our first ever social for our HHUP volunteers. Thanks to Leslie Jenkins for hosting us. Come enjoy drinks and lots of snacks. Children welcome!</p>	<p>RSVP for Leslie's address.</p>
<p><b>Sun., Oct. 7, 3:00 PM</b>  <b>Clarice Smith Center for the Performing Arts, UMD Campus</b></p>	<p><b>Rita Sloan, Unusual Suspects:</b>            This concert features chamber works of unusual configurations: the Dohnányi Sextet and Schubert's <i>Trout</i> Quintet. A master of chamber music, collaborative piano faculty member Rita Sloan is joined by Robert DiLutis, Gregory Miller, Irina Muresanu, Katherine Murdock, Eric Kutz and Robert Oppelt. Free concert will be 1.5 - 2 hours, followed by our own HHUP Reception.</p>	<p>Need a ride? Call 301-892-6636 or email us.</p>
<p><b>Sat., Oct. 13, 5 - 6:30 PM</b>  <b>UP Church of the Brethren, 4413 Tuckerman St., UP</b></p>	<p><b>HHUP &amp; 2nd Saturday Lectures (organized by Dave Brosch) present:</b>            UP resident <b>Jane Horvath</b> speaking on <b><i>Learn How Medicare Works: Medicare Parts A, B, C, D and Medigap Supplemental.</i></b>            What coverage is automatic? What coverage do you have to elect? How in the world do you figure out what is best for you?</p>	<p>If you'd like to speak individually with Jane after the program, call us for an appointment.</p>

<b>Wed. Oct. 17, noon - 1:45-ish</b>	<b>HHUP Lunch Club</b> - location to be determined at Sept. lunch.	
<b>NOVEMBER</b>		
<b>Thurs., Nov. 8, 10 AM - 1 PM</b> <b>Word of God Baptist Church, 6513 Queens Chapel Rd., UP</b>	<b>Memory Screenings:</b> HHUP will again be participating in Dementia Friendly Prince George's and Alzheimer Foundation of America's Memory Screening Program. Memory screenings are like other routine health check-ups. Each memory screening takes approximately 10 minutes. While the result is not a diagnosis, it can suggest if someone should see a physician for a full evaluation. Test results are totally confidential, shared only with the participant. People who participated last year are welcome to sign up again.	<b>Pre-registration required:</b> contact us: 301-892-6636; <a href="mailto:HHUniversityPark@gmail.com">HHUniversityPark@gmail.com</a> to schedule appointment. Open to all adults in Prince George's County.
<b>Sun., Nov. 18, 3 PM</b> <b>Clarice Smith Center for the Performing Arts, UMD Campus</b>	<b>Le Nozze di Figaro by Mozart - \$20 tickets (instead of \$25).</b> <b>Join us at the opera:</b> We have arranged for group ticket prices to see Le Nozze di Figaro (The Marriage of Figaro) at The Clarice.	<b>Call by Nov. 1 to order and pay for tickets:</b> 301-892-6636. Need a ride? Call or email us.
<b>Wed., Nov. 21, noon - 1:45-ish</b>	<b>HHUP Lunch Club</b> - location to be determined at Oct. lunch.	Need a ride? Call 301-892-6636 or email us.
<b>DECEMBER</b>		
<b>Wed., Dec. 19, noon - 1:45-ish</b>	<b>HHUP Lunch Club</b> - location to be determined at Nov. lunch.	Need a ride? Call 301-892-6636 or email us.
<p>Our <b>Lunch Club</b> is intended primarily for HHUP Members, though of course we welcome HHUP volunteers too. The Oct. 4 Meet and Greet is for HHUP Volunteers. All other events are open to HHUP Members and Volunteers.</p>		

### Helping Hands University Park Website

Our calendar of upcoming events can be found on our HHUP website: <https://helpinghandsup.org/>. While you're checking that out, take a moment to view our newest photos. You'll also see information on our twice weekly HHUP Walking Club; be sure to always confirm the walk is on by contacting Sabrina Meyers at 301-641-0114. Check back regularly to stay informed about HHUP events and news.

**HHUP Members: Call us for those hard-to-do tasks around the house, especially as you think about getting ready for fall and winter. Our volunteers are eager to assist.**