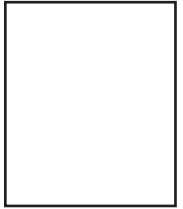
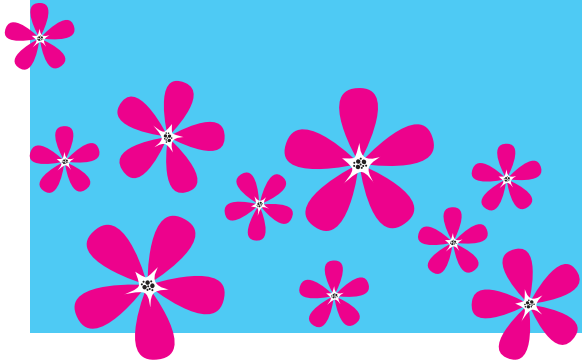




Helping Hands
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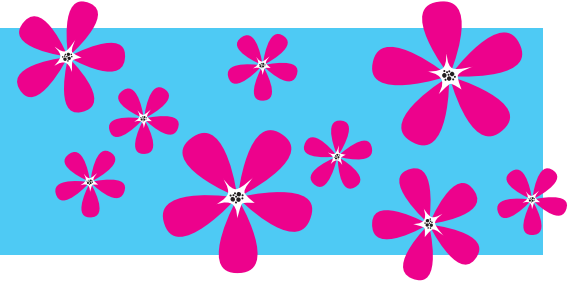
Have you checked our website lately?

At <https://helpinghandsup.org> you can see upcoming events, fill out a volunteer or member application, and stay up-to-date on all HHUP happenings.



Helping Hands Spring Events

You are invited to join us for these upcoming free events



Music at The Clarice - a concert by the Left Bank Quartet, followed by our private reception and Q&A with the artists. We ask you to RSVP for this event and let us know if you need transportation.

Sunday, March 31, 3 p.m.

HHUP Crafts Gathering - bring your knitting, embroidery, watercolors, crocheting, etc. and visit with other HHUPers. We'll meet at the home of Diane Teichert. RSVP by calling 301-892-6636 and we'll give you Diane's address.

Wednesday, April 3, 2-4 p.m.

"5@55" 2nd Saturday Lecture - 5 documents everyone needs to have by age 55. Presented by an attorney from Byrd & Byrd. University Park Church of the Brethren, 4413 Tuckerman St. Feel free to invite your friends. Hope you'll join us, no matter your age but especially if you're approaching 55!

Saturday, April 13, 5-6:30 p.m.

HHUP Lunch Club - members are invited to come buy lunch and sit with fellow HHUP members and volunteers. Questions? Call 301-892-6636 or email HHUniversityPark@gmail.com

Wednesday, April 17, 12 p.m.

(every 3rd Wednesday of the month)

May 1 Law Day - we join Hyattsville Aging in Place (HAP) for this annual event. Lawyers will help seniors create Advanced Directives and Health Care Power of Attorney documents at no charge. However, registration is required - information to follow. Takes place at Hyattsville's Municipal Building, 4310 Gallatin St. Transportation available.

Wednesday, May 1, 9 a.m. -2 p.m.



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Contact: 301-892-6636 or HHUniversityPark@gmail.com