



July – August

As this newsletter goes to press, HHUP chair Loretta Vitale Saks is preparing her presentation to be given as part of a panel at the Maryland Municipal League's annual conference. MML is the association of Maryland cities and towns. She will be joining representatives from Greenbelt and Hyattsville, all of whom will talk about their Villages. They will address services they offer to the seniors in their municipalities. It is notable that University Park has a significantly higher percentage of residents 60+ (24%) than either Greenbelt or Hyattsville (14% for both). If one looks at residents who are 50+, the disparity continues: 36% for UP and 27% for both of the other cities. With what has been called a "white tsunami" upon us, it is imperative that government at every level address the needs of aging residents who are choosing to remain in their homes. We may be smaller in size and number of households than other area Villages, but, as a dedicated group of volunteers supported by our Town, we are able to provide rides, social, cultural and educational programs, computer assistance, help with small home repairs, etc. to our HHUP members.

In continuing to offer information on resources available to qualified individuals, this month we feature **Habitat for Humanity Metro Maryland's Aging-In-Place** services for income qualified individuals. Services may include the following, based on availability: help with functional limitations, fall prevention and recovery strategies, assistive devices such as raised toilet seats and shower seats, structural adaptations such as grab bars and securing cords and rugs. Services may also include minor home repairs, e.g. fixing holes in floors, tightening handrails on stairways, and improving lighting. To be eligible, one must be at least 65 years old, have resided for at least one year in a home covered by the current homeowners policy, have difficulty performing at least one activity of daily living (dressing, bathing) or difficulty with instrumental activities of daily living (e.g. housework, meal preparation), earn no more than \$42,500/year, and be willing and able to participate in meetings with an Occupational Therapist and a Registered Nurse focused on determined goals.

For a copy of the very brief application, call HHUP at 301-892-6636 or send an email to: [HHUniversityPark@gmail.com](mailto:HHUniversityPark@gmail.com)

Do you know that HHUP has a Facebook page as well as a website? Check us out!