COVID-19 safety procedures for Acupuncture For Humanity

Hey AFH Peeps!

I hope this finds you all doing well during this unprecedented time with COVID …and more. It has been a long time since we have all connected.

**Time to treat yourself and get some help with stress, medical issues, aches and pains. Body, Mind and Spirit all need attention!**

Please take the time to read. I will be offering acupuncture treatments Saturday mornings and Tuesday afternoon/evening. Please, spread the word that I am open and available to treat.

The treatment space is ready to receive you all very safely amid the new COVID restrictions. **Masks covering nose and mouth will be required** to be worn by everyone (including me) before entering the building and during the whole treatment process. The greeting process will be a bit different than usual as you might imagine. You will be required to wait in the hallway until I greet you. The **hand sanitizer** will be available on a table in the hallway or you can **wash your hands** in the rest room (or both). I will ask you a few COVID related **questions**, take your **temperature** and check your **blood oxygen levels**. If you “pass”, I will show you to a chair and we will proceed with your acupuncture treatment. If you are sick or showing any symptoms related to COVID, you will not be able to come in for a treatment.

There will be significantly less chairs in the treatment space. Each treatment recliner will be appropriately spaced **6 feet or more away** from each other, including separated by clear plastic curtains between each of the chair spaces to provide more safe separation. Also in the room there is now a **powerful air purifier with a HEPA filter** to clean the air. Each treatment chair/space will be changed over and sanitized before each patient is allowed to use the space. At the end of the treatment day I will operate an ozone machine to kill off ‘anything’ left behind, and ready for the next treatment time.

These changes will make it a bit more costly to run my clinic. It has always been my commitment to provide affordable acupuncture to everyone who wants it. Personal protection gear and cleaning supplies have increased as well as significant amounts of laundry, and other supplies to stay COVID compliant and keep everyone safe. **My sliding scale will not change, still $15-$45/treatment.** However, if you can manage it, I am asking everyone to consider adding a few extra dollars on top of the normal amount you pay to help cover these costs. These extra few dollars may ensure keeping my business open and viable and available to you all. And can keep my sliding scale low and affordable for everyone.

Although my sliding scale is very low, there are still people who don’t have the money for acupuncture treatments. I will be accepting donations from anyone who would like to sponsor individuals that cannot afford acupuncture treatments at this time. If and when we have a pool of funds, a discounted or free treatment will be available to anyone who asks.

To make an appointment, the fastest and best way is through texting or calling me, 802 289-4341.

Blessings to you all during this time. I look forward to hearing from you and seeing most of you soon.