CRUISE, SHOES & BBQs

Saturday, May 24, 2025 8:00pm

Get ready to soak up the island vibes this year!

LISA (MANHART) ALTHOUSE MEMORIAL

ALIMA COLOR RUN

Registration 7-8pm, Corner of 4th and Oak, Grainfield

First 50 participants will receive a festive **Hawaiian Luau Hula Skirt**. Pre-registration is highly recommended to guarantee yours!

Early Bird Rate: \$20. Rate After 5/17/25: \$25

Stick around after the Color Run and dance under the stars with black lights to DJ Doug Manhart in the City Park

| Proceeds Benefit: The Castle Rock Wellness Center Held at: Grainfield City Park (Corner of 4 th & Oak) | | | |
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| meta at: Grainfield City Park (Corr | ier of 4 & Oak) | PLEASE PRINT | |
| Name: | Phone Number: | | |
| Address: | City & State: | Zip: | |
| Email Address: | | | |
| waive and release any and all rights and claims fo any and all injuries suffered by me in said event. | r damages I may have against the race, spo attest that I will participate in this event as nore, I hereby grant full permission to use | und, for myself, my heirs, my executors and administrators onsors and their representatives, successors and assigned for s a footrace/walk, that I am physically fit and sufficiently my name and likeness, as well as any photographs and any motion. | |
| Signature | | Date | |
| If under 18, | parent signature required | | |
| This is a fun, color-filled event! Participants | will be doused with colored powder | throughout the SHOES | |

Checks Payable to: Castle Rock Wellness Center

Mail to: GCDC, PO 25, Grainfield KS 67737 or take to registration

course. The powder is non-toxic and washable, but it may stain certain fabrics, shoes, or

want to get colored. Sunglasses or goggles are also a good idea to protect your eyes.

For questions: Doug Gruenbacher at 785.754.8098

