

Contents

THE TEACHINGS OF MARY MAGDALENE: Strengthening the Soul

Acknowledgments

Foreword

Preface

Muscle Testing Disclaimer

Introduction

Requirements

Mandalas

Removal of Imbalances on the Soul

Sanctifying the Soul

Integration of the Soul Clearing Process

Validating Results Through Muscle Testing

Implementing the Clearing Process

Chapter 1: Self-Inflicted Judgments

Meditate on the Mandala

Process for Meditating on the Mandala

Process for Removal of Self-Inflicted Judgments

Chapter 2: Rejection from Others

Meditate on the Mandala

Process for Meditating on the Mandala

Process for Removal of Rejection from Others

Chapter 3: Condemnation by Others

Meditate on the Mandala

Process for Meditating on the Mandala

Process for Removal of Condemnation by Others

Chapter 4: Denial of Your Truth by Others

Meditate on the Mandala

Process for Meditating on the Mandala

Process for Removal of Denial of Your Truth by Others

Chapter 5: Communal Beliefs That Oppose Love and Light

Meditate on the Mandala

Process for Meditating on the Mandala

Process for Removal of Communal Beliefs That Oppose Love and Light

Chapter 6: Self-Sabotaging Beliefs

Meditate on the Mandala

Process for Meditating on the Mandala

Process for Removal of Self-Sabotaging Beliefs

Chapter 7: Bigotry

Meditate on the Mandala

Process for Meditating on the Mandala

Process for Removal of Bigotry

Chapter 8: Self-Denial

Meditate on the Mandala

Process for Meditating on the Mandala

Process for Removal Self-Denial

Chapter 9: The Dark Arts

Meditate on the Mandala

Process for Meditating on the Mandala

Process for Removal of the Dark Arts

Chapter 10: Martyrdom

Meditate on the Mandala

Process for Meditating on the Mandala
Process for Removal of Martyrdom

Chapter 11: Contracts and Vows

Meditate on the Mandala
Process for Meditating on the Mandala
Process for Release of Contracts and Vows

Chapter 12: Rejection of the Divine

Meditate on the Mandala
Process for Meditating on the Mandala
Process for Removal of Rejection of the Divine

Chapter 13: Sanctifying the Soul

Process for Sanctifying the Soul
Purifying the Soul
Blessing the Soul
Infusing Divine Love
Final Thoughts

Appendix

The Two-Minute Daily Medley
List of Illustrations

Glossary

About the Author