GLK United Players Code of Conduct

Play football and enjoy yourself. You will win some and lose some. This is all part of the game.



Understand and play by the rules:

- 1. You will be expected to always show good sportsmanship.
- 2. Consistently display high levels of behaviour.
- 3. Listen to and respect the wishes and directions of your Manager/ Coach at all times.
- 4. Respect the Referee's decisions at all times.
- 5. Treat opponents with respect at all times and avoid words or actions that may mislead a match official.
- 6. No offensive, abusive or insulting remarks shall be made toward any other player, official or parent, this will not be tolerated.
- 7. Always display a good attitude at training sessions, match days and tournaments.
- 8. You will arrive for training and matches in plenty of time for the start of the session/ kick-off as directed by your Team Manager/Coach.
- 9. No jewellery is to be worn by players during matches or training.
- 10. Players must always wear the correct GLK kit on match days and at training. Please speak to your Manager/Coach about the GLK online shop.
- 11. Match kit shall only to be worn on match days and NOT for training.
- 12. Under no circumstance should any GLK branded kit/clothing be worn at any time, other than GLK organised events; match days/tournaments etc.
- 13. Football boots must be in good safe condition with laces tied securely.
- 14. You must wear shin pads (preferably with in-built ankle support) during matches and training if you attend without wearing them you will not play.
- 15. You must not eat or chew during matches or training, please always bring a suitable drink with you.
- 16. Inform the coach when you have an injury, no matter how minor.
- 17. Ensure that all forms are filled in correctly and returned within the times stated.
- 18. Should you show any form of bad behaviour you will be banned for one match, if this continues, you will be asked to leave the team. Bad behaviour will not be tolerated at any level.

- 19. No hats are to be worn when playing football matches, they can be worn when you are on the side lines awaiting substitution. Appropriate cold weather wear i.e., base layers and gloves are actively encouraged, to ensure you stay warm whilst training/playing matches.
- 20. Upon leaving the team, please make sure that all GLK team kit is returned to your Manager. This kit is property of GLK Sponsors.

SHOULD ANY OF THE ABOVE NOT BE OBEYED; RELEVANT ACTION WILL BE TAKEN BY YOUR MANAGER/COACH

If you have any queries regarding the contents of the GLK Code of Conduct, please speak with your Team Manager.

Player Signature:
Team:
Date: