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GENERAL PALMISTRY

Topic : 1 Introduction

- What is Palmistry ?
- Origin of Palmistry
- History of Palmistry
- Development of Palmistry in India
- Development of Palmistry in the West

Topic : 2 Relevance of Palmistry

- Rationale of Palmistry - Scientific Background
- Relevance of Palmistry in modern times :
 - General Predictions
 - Health Analysis
 - Forensic Sciences
- Limitations of Palmistry :
 - Hands reveal tendencies only
 - Lines on the hand can change over time
- Who can become a Palmist ?
- Duties of a Palmist
- Advantages of Palmistry over other systems

Topic : 3 Branches of Palmistry

- Two original branches of Palmistry :
 - Cheiromancy (Analysis of Lines)
 - Cheirognomy (Analysis of Hand)
- Two extended branches of Palmistry :
 - Body Language
 - Dermatoglyphics

Topic : 4 Basic Rules

- Which hand to be studied :
 - Right, Left or Both ?
- Right Time for Palm Reading
- Right Place for Palm Reading

Topic : 5 The Palm Print

- Instruments for Palm Reading
- Materials for taking Palm Print
- Methods of taking Palm Print :
 - Photocopying the Palm
 - Scanning the Palm
 - Taking the ink impression of the Palm

ANALYSIS OF HAND

Topic : 1 Characteristics of the Hand

- Shape of Hand
- Size of Hand
- Consistency of Hand
- Flexibility of Hand
- Skin Texture
- Colour of Hand
- Fingers
- Thumb
- Nails
- Mounts
- Lines

Topic : 2 Classification of the Hand

- **Based on Shape :**
 - Elementary Hand
 - Square Hand
 - Spatulate Hand
 - Philosophical Hand
 - Conic Hand
 - Psychic Hand
 - Mixed Hand
- **Based on Size :**
 - *Lengthwise* : Large Hand & Small Hand
 - *Widthwise*: Broad Hand & Narrow Hand
- **Based on Consistency (touch) :**
 - Flabby Hand
 - Soft Hand
 - Elastic Hand
 - Firm Hand
 - Hard Hand
- **Based on Flexibility (Bending) :**
 - Very flexible Hand
 - Moderately flexible Hand
 - Firm Hand
 - Stiff Hand
- **Based on Skin Texture :**
 - Fine Skinned Hand
 - Coarse Skinned Hand

Topic : 3 Study of the Four Fingers

- Size of Fingers : Long / Short
- Comparative lengths of fingers & Palm
 - Long Fingers on Long Palm
 - Long Fingers on Short Palm
 - Short Fingers on Long Palm
 - Short Fingers on Short Palm
- Setting of Fingers : High / Low / Medium
- 5 Types of Finger Tips
- Knuckles on Finger
- Smooth & Knotted Fingers
- Spacing between the Fingers
- Inclination of Fingers
- Phalanges of Fingers
- Effect of Skin Colour

Topic : 4 Study of the Thumb

- Importance of Thumb
- Effect of Thumb on the Native
- Types of Thumb
- Analysis of different kinds of Thumb
- The 2 Phalanges of the Thumb
- Angle of Opening

Topic : 5 Study of the Mounts

- Mount of Jupiter
- Mount of Saturn
- Mount of Sun (Apollo Mount)
- Mount of Mercury
- Mount of Moon (Luna Mount)
- Mount of Venus
- Mount of Lower Mars
- Mount of Upper Mars
- The Plain of Mars
- Locating the Apex of a Mount
- Pure Mounts & their Strengths
- Effect of Displaced Mounts

ANALYSIS OF LINES

Topic : 1 Five Principal Lines

- Life Line
- Heart Line
- Head Line
- Fate Line
- Apollo Line (Sun Line)

Topic : 2 The Secondary Lines

- Health Line or The Hepatica
- Line of Love & Marriage
- Line of Influences
- Line of Intuition or The Via Lasciva
- Girdle of Venus
- Ring of Solomon
- Girdle of Saturn
- Mystique Cross
- Bracelet Line (Rascettes)
- Accident Line
- Travel & Voyage Line
- Line of Children
- Lines of Friends

Topic : 3 Quality of Lines

- Deep-cut Line
- Thin Line
- Broad & Shallow Line
- Normal Line

Topic : 4 Life Line

- Life Line & Vitality
- Effects of :
 - Long, Clear & Well-marked Life Line
 - Short, Clear & Well-marked Life Line
 - Red & Deep Life Line
 - Wide & not Well-marked Life Line
 - Long & Weak Life Line
 - Islands on Life Line
 - Breaks on Life Line
 - Life Line separated from Head Line
 - Life Line connected to Head Line
 - Life Line forming arc around Venus Mount
 - Life Line close to thumb & Venus Mount
 - Life Line moving towards Mount of Moon
 - Branch from Life Line towards Jupiter Mount
- Line of Mars or the Inner Life Line

Topic : 5 Heart Line

- Heart Line & Emotional Nature
- Effects of :
 - A Straight Heart Line
 - Heart Line curving upwards
 - Heart Line ending under Saturn Finger
 - Heart Line ending between Saturn & Jupiter
 - Heart Line ending under Jupiter Finger
 - Heart Line dropping to Head & Life Line
 - Chained Heart Line
 - Branches at the end of the Heart Line
 - Dots on the Heart Line
 - Line Joining Heart Line with Head Line
 - Wide gap between Heart & Head Line
 - Narrow gap between Heart & Head Line

Topic : 6 Head Line

- Head Line & Mentality
- Head line on 7 types of Hand
- 3 Principal Positions of Start of Head Line
- Effects of :
 - A Long Head Line
 - Short Head Line just reaching Saturn Finger
 - Strong Head Line
 - Weak Head Line
 - Islands on Head Line
 - Wavy Head Line
 - Head Line moving straight across the Palm
 - Head Line sloping towards Mount of Moon
- Double Head Lines

Topic : 7 Fate Line

- The Line of Destiny
- Modifications of Fate Line
- Fate Line rising from the Life Line
- Fate Line rising from the Wrist
- Fate Line rising from the Mount of Moon
- Fate Line rising from the Middle of the Palm
- Double Fate Lines
- Islands & other Signs on Fate Line

Topic : 8 Apollo Line (Sun Line)

- The Line of Success & Brilliancy
- Modifications of Sun Line

ADVANCED FEATURES OF PALMISTRY

Topic : 1 Advanced Division of Hand

- 3 Vertical Zones :
 - Active Conscious Zone
 - Zone of Balance
 - Passive Sub-Conscious Zone
- 3 Horizontal Zones :
 - Emotional Conscious Zone
 - Zone of Balance
 - Instinctive Sub-Conscious Zone
- Physical, Practical & Mental Planes

Topic : 2 Advanced Analysis of Lines

- Difference between Main & Secondary Lines
- Analysis of plain palm and palm full of Lines
- Defects in Lines
- Repairs of Lines
- Strengthening of lines
- Using Alternate Lines if Main Line is missing

Topic : 3 Finger Print Patterns

- Dermatoglyphics (Study of Ridges)
- 3 Primary Fingerprint Patterns :
 - Whorl
 - Arch
 - Loop
- 3 Secondary Fingerprint Patterns :
 - Tented Arch
 - High Loop
 - Double Loop
- Indian terminology :
 - Chakras
 - Shankus
- Effect of Loops :
 - Loop of Charisma
 - Loop of Seriousness
 - Loop of Humour
 - Loop of Vanity
 - Loop of Memory
 - Loop of Nature
 - Loop of Empathy
 - Loop of Music
 - Loop of Courage

Topic : 4 Important Marks on Palm

- Kinds of Marks found on Palm
- Important Marks & their Effects:
 - Transverse Marks (Horizontal Lines)
 - Vertical Marks
 - Grille
 - Cross
 - Star
 - Island
 - Triangle
 - Square
 - Dot
 - Circle
 - Chain
 - Fork
 - Spot
 - Break
 - Trident
 - Tassel
 - Sister Lines
 - Drooping Offshoots (Downward Lines)
 - Rising Offshoots (Upward Lines)
- Special Note on :
 - Great Triangle
 - Quadrangle
- Rare Marks & their Effects:
 - Fish
 - Elephant
 - Lotus
 - Ship
 - Flag
 - Wheel
 - Temple
 - Umbrella
 - Swastik