

# VAASTU PRAVEENA

## GENERAL VAASTU

### Topic : 1 Introduction

- What is Vaastu ?
- Philosophy of Vaastu

### Topic : 2 Relevance of Vaastu

- Rationale of Vaastu - Scientific Background
- Relevance of Vaastu in modern times
- Limitations of Vaastu
- Qualifications of a Vaastu Practitioner
- Sages Views on Vaastu
- 4 Categories of Vaastu Expertise:
  - Sthapati (*for Layout & Designing*)
  - Sutragraahi (*for Supervision*)
  - Takshaka (*for refining the constn. materials*)
  - Vardhaki (*for wood & material work*)

### Topic : 3 History of Vaastu

- Vedic Origin of Vaastu
- Vaastu in Vedas & Upanishads
- Vaastu in Puranas & Ithihasas
- 18 Acharyas & their Contributions
- 18 Important ancient treatises of Vaastu :
  - Brihat Samhita
  - Maayamatam
  - Manasaara
  - Samaraangana Sutradhara
  - Vishwakarma Prakash
  - Manushyalaya Chandrika
  - Griha Sutram
  - Artha Shastra
  - Padma Samhita
  - Shilpa Ratna
  - Vaastu Raja Vallabha
  - Aparajita Pratcha
  - Dipaarpana Shilpa Ratna
  - Griha Chitravali
  - Shilpa Vidya Saaravali
  - Vaastu Vidya
  - Vaastu Ratnakara
  - Vaastu Saukyam
- Growth of Vaastu

### Topic : 4 Classification of Vaastu

- 4 types of Vaastu :
  - Devalaya Vaastu (Temples)
  - Manushyalaya Vaastu (Residential Buildings)
  - Jala Shodana Vaastu (Water Sources)
  - Bhugarbha Vaastu (Mining & Excavation)
- 4 types of Structures in Vaastu :
  - Residential Buildings (Common People)
  - Royal Palaces (Kings & Royal people)
  - Public Utility Structures  
(Parks, Bridges, Ports, Reservoirs)
  - Religious Structures (Temples)
- 3 Dimensions of Vaastu :
  - Dik (Direction)
  - Desha (Space)
  - Kaala (Time)
  - 4<sup>th</sup> Dimension : Karma (Causation)

### Topic : 5 Measurements

- Classical units of Measurements
- Modern units of Measurements
- Conversion of units

## FUNDAMENTALS OF VAASTU

### Topic : 1 Energy Pattern in Vaastu

- Basis of Energy Pattern
- Magnetic Energy
- Kinetic Energy
- Gravitational Energy
- Geothermal Energy
- Cosmic Receptions
- Effect of Cosmic Energy & its Centralization
- Role of Sunlight & Moonlight in Vaastu

### Topic : 2 The Pancha Mahabhutas

- The Five Tatwas :
  - Agni Tatwa (Fire Element)
  - Prithvi Tatwa (Earth Element)
  - Vayu Tatwa (Air Element)
  - Jala Tatwa (Water Element)
  - Akash Tatwa (Ether/Sky Element)
- Basic Functions of Five Tatwas
- Combination effects of Tatwas
- Units of Five Tatwas

### Topic : 3 Directions

- Importance of Directions
- Classification of Directions :
  - 8 Primary Directions (Dishas & Vidishas)  
(N, NE, E, SE, S, SW, W, NW)
  - 8 Secondary Directions  
(NNE, ENE, NNW, WNW, SSE, ESE, SSW, WSW)
- Planets ruling Primary Directions
- Deities ruling Primary Directions  
(Ashta Dikpalakas)
- Tatwas ruling Primary Directions
- Energy concealed in Directions
- Modern Interpretation

### Topic : 4 Vaastu Purusha

- Concept of Vaastu Purusha
- Mythology behind birth of Vaastu Purusha
- Types of Vaastu Purusha :
  - Sthira Vaastu Purusha
  - Chara Vaastu Purusha
  - Nitya Vaastu Purusha
- Sleeping of Vaastu Purusha
- Time of Rest of Vaastu Purusha

### Topic : 5 Vaastu Purusha Mandala

- Concept of Mandala
- Interpretation of Energy in Mandala
- Meaning of Pada Vinyasa
- 32 different Mandalas (1 to 1024 padas)
- Names & Utilities of 11 important Mandalas  
(1x1 to 10x10, 14x14)
- Pada Vinyasa in 49, 64, 81 & 100 padas
- Paramasayika Mandala (81 padas):
  - Detailed Description with Diagram
  - Limbs of Vaastu Purusha
  - 45 Pada Devatas (13 Internal & 32 External)
  - Marma & Atimarma Points

### Topic : 6 Vaastu Veethis (Zones)

- Concept of Veethi (Zone)
- Chatur Veethi (4 Zones) :
  - Paishacha Veethi
  - Manushya Veethi
  - Deva Veethi
  - Brahma Veethi (Brahma Sthaana)
- Nava Veethi (9 Zones) :
  - Paishacha Veethi
  - Deva Veethi
  - Kubera Veethi
  - Yama Veethi
  - Naga Veethi
  - Jala Veethi
  - Agni Veethi
  - Ganesha Veethi
  - Brahma Veethi (Brahma Sthaana)
- Positive & Negative Veethis (Zones)

### Topic : 7 Vital Points

- Brahmasthaana & Marmasthaana importance
- Saving the Vital Points
- Results of Violation of rules

## LAND VAASTU

### Topic : 1 Preliminary Factors

- History of the Plot
- The atmosphere around the Plot
- Contours of the Plot
- 4 Fundamental categories of Plots:
  - Bhadra
  - Punna
  - Supadma
  - Dhooma

### Topic : 2 Quality of the Soil

- Testing the quality of Soil
- Fertility of the Soil & its benefits
- Unsuitable Soil & its ill-effects
- Effects of material found in the Soil (Shalyas)
- Removing the earth impurities (Shuddhi)
- Anthills & their types

### Topic : 3 Direction Analysis of the Plot

- Orientation of the Plot
- Facing of Plot
- Use of Shanku in determining the direction
- Use of Magnetic Compass
- Diagonal Plots

### Topic : 4 Location of the Plot

- Pathway to the Plot
- 12 types of Veethi Shoola (Road Thrust)
- Classification of Plot into 8 Blocks:
  - Northern Block
  - North Eastern Block
  - Eastern Block
  - South Eastern Block
  - Southern Block
  - South Western Block
  - Western Block
  - North Western Block
- Positive & Negative effects of each block
- Graded list of Plots:
  - First Grade Plots
  - Second Grade Plots
  - Third Grade Plots
  - Fourth Grade Plots
- T-Junction / Y-Junction Plots
- Dead-end Plots
- Purchasing the adjacent plot

### Topic : 5 Size of the Plot

- Importance of length, breadth & height
- 76 types of land on the basis of Size
- Kankani Vichar
- Concept of Golden Ratio

### Topic : 6 Shape of the Plot

- Auspicious Shapes of Plots
- Inauspicious Shapes of Plots
- Special Note on :
  - Singh Mukhi/Vyagra Mukhi Plots
  - Gau Mukhi Plots
- Extension of Plot :
  - Extension of North-East Corner
  - Extension of South-East Corner
  - Extension of North-West Corner
  - Extension of South-West Corner
- Curtailment of Plot :
  - Curtailment of North-East Corner
  - Curtailment of South-East Corner
  - Curtailment of North-West Corner
  - Curtailment of South-West Corner
- Angles of Land/Inclined Plots

### Topic : 7 Slope of the Plot

- Effects of ground raising in various directions
- 11 Types of Land based on Elevation
- Categorisation on the basis of Surface:
  - Gaja Prishta (Elephant Surface)
  - Kurma Prishta (Turtle Surface)
  - Naaga Prishta (Snake Surface)
  - Daitya Prishta (Demon Surface)
- Categorisation on the basis of Slope:
  - Go Veethi (Elevated West)
  - Naaga Veethi (Elevated South-East)
  - Gaja Veethi (Elevated South)
  - Dhanya Veethi (Elevated South-West)
  - Vagni Veethi (Elevated North-West)
  - Bhoota Veethi (Elevated North-East)
  - Antaka (Yama) Veethi (Elevated North)
  - Jala Veethi (Elevated East)

## HOME VAASTU

### Topic : 1 Preliminary Factors

- Typical layout of building as per Classics
- Classical Reasons for various units location
- Auspicious Sizes of Various Units
- Setbacks (Open spaces around the building)
- Study of Building Drawing
- Ground level, Raised Spaces & Depressions
- Closed Corners
- Materials used for Construction
- Apartments/Duplex/Triplex/Pent Houses

### Topic : 2 Sequence of Construction

- Disha Plots (N/E/S/W Facing)
- Vidisha Plots (NE/SE/NW/SW Facing)
- Stages of Construction

### Topic : 3 Exterior Vaastu

- Compound Wall & its Height
- Entrance Main Gate
- Parking Garage
- Garden
- Trees : Importance & location
- Basement Height
- Pillars / Columns / Beams
- Slanting Projections
- Staircase :
  - Internal / External
  - Location
  - Flight of Steps
  - Number of Steps
  - Circular Staircase
- Roof:
  - Type of Roof (Flat / Sloped)
  - Ceiling Height
- Wall, Parapet wall: Thickness & Height
- Water Management :
  - Auspicious directions for water
  - Results of Water in different corners
  - Water Reservoirs & Diseases
  - Overhead Water Tank
  - Underground Water Sump
  - Open Well / Borewell
  - Swimming Pool
  - Direction of Rainwater flow
  - Water from Bathroom & Toilets
  - Septic Tank / Soak Pit

### Topic : 4 Door Planning

- Deities of Door
- Results of Vaastu Doors
- Importance of the Main Door
- The best position for the Main Door :
  - Disha Plots (N/E/S/W Facing)
  - Vidisha Plots (NE/SE/NW/SW Facing)
- Auspicious Door as per Plot Dimensions
- Other Doors:
  - Total permissible number
  - Preferable placement locations
- Windows:
  - Total permissible number
  - Preferable placement locations

### Topic : 5 Internal Building Units

- Verandah / Courtyard
- Hall / Drawing Room / Living Room
- Kitchen:
  - Kitchen Platform/Stove/Burner/Sink
  - Refrigerator/Electrical Appliances
- Dining Room
- Store Room
- Bed Rooms
  - Master/Children/Elderly/Guest Bed Room
  - Sleeping Position
  - Wardrobes / Cupboards / Attic
  - Attached Toilet
  - Commode/Geyser/Wash Basin/Mirror
- Study Room
- Puja Room / Prayer Room
- Bath Room
- Toilet/Lavatory
- Balcony

### Topic : 6 Interior Vaastu

- Furniture Placement
- Role of Colour
- Decorative Wall Hangings
- Paintings
- Importance of Internal & External Light