

RAW CERTIFIED ORGANIC MORINGA OLEIFERA LEAF POWDER

MRM's Moringa leaf powder is a premium-quality raw, certified organic leaf powder from the Moringa Oleifera "Miracle Tree", native to the Himalayan region of India, and considered the most nutrient-dense superfood in the world.

Discover the HUGE benefits of adding this tiny leaf to your diet! Boost your immune system and energy level, reduce the pain of inflammation, attack free-radicals that cause aging, and support your overall health and healing!

GRAM for GRAM dehydrated moringa leaves contain:

Hit the motherlode of superfood nutrition!™



DOZENS OF BENEFITS: Superfood nutrition for improved health and healing for your entire family • Easy to use and affordable whole foods source for bio-available vitamins and minerals • Boosts energy levels without caffeine or sugar stimulating the nervous system • Reduces inflammation and associated aches, pains and other related issues • Powerful free-radical -fighter, promoting anti-aging and healthier and younger-looking skin • Cleanses and detoxifies your body • Strengthens your immune system • Improves digestive function • Normalizes and regulates cholesterol levels • Helps maintain healthy heart function and improves circulation • Improves general well-being and mental clarity/focus • Supports weight loss • Helps to optimize athletic performance and recovery

MORINGA CONTAINS • A plethora of vitamins and minerals including A, B-vitamins, C, E, calcium, magnesium, phosphorus, potassium, copper, and iron • 90+ phyto-nutrients including 47 active anti-oxidants and 36 anti-inflammatory compounds • Precursors to the natural production of Glutathione, the "Master anti-oxidant and detoxifier", including cysteine (rare for a plant protein), folate, and selenium • Several thousand times more zeatin, a powerful anti-aging nutrient, than any other known plant • Packed with healthy plant protein— 18 amino acids, including 8 essential ones • Antibiotic substances including, pterygospermin, which has excellent antimicrobial and fungicidal properties • Contains plant phytochemicals including beta-sitosterol which acts to reduce the excess of cholesterol in the blood • Niaziminin, another Moringa phytochemical, has been shown to have potent anticancer activity in animal studies

SIMPLE WAYS TO ADD MORINGA TO YOUR DIET



Make your own capsules!

For those that prefer to take moringa in the capsulized form, we offer a manual capsule machine that can literally save you hundreds of dollars per year on supplementation.



Add it to Your Water or Juice— *boost your energy naturally*

- Mix 1 tsp Moringa in a small amount of juice to form a paste
- Fill container with 6 to 8 oz juice and stir
- One favorite is pomegranate juice sweetened with stevia.

Easy Berry Protein Shake— *kid tested and approved.*

Combine and blend the following ingredients and enjoy.

- 1 c frozen berries
- 1 tbsp hemp protein
- 1 tbsp hemp seed (or nut) butter
- 1 tsp Moringa
- 1 ½ c water or other beverage of choice
- Sweeten with stevia or by replacing water with apple juice

“Buggy Green” Water Kefir— *for improved digestion*

- Combine 1 tsp Moringa with a small amount of water to form a paste
- Add 6 to 8 oz homemade coconut water kefir (or other purchased probiotic beverage)

Moringa Cashew Cookie Dough Power Bars

- 2 dozen medjool dates (1lb)
- 1 c cashews
- ¼ c nut butter
- ¼ c coconut butter
- 1 c raw cacao nibs, freshly ground (or substitute carob powder)
- ¼ c Moringa
- 1 tbsp cinnamon
- ½ c chocolate chips
- ¼ c chia seeds

Add dates to food processor, make paste, and then transfer to a mixing bowl. Process cashews, nut butter and coconut oil until smooth. Combine all ingredients by hand then press into a shallow pan. Cut into bars and store in an airtight container in the fridge.

Super Green Guacamole Dip

Mash avocados with a fork and combine ingredients. Top with pine nuts and hot sauce.

- 2 mashed avocados
- 1 tsp Motherlode Moringa
- ½ c fresh salsa • 1 lime, juiced (about 1 T)
- 1 garlic clove, pressed or minced
- ¼ tsp sea salt
- 1/8 tsp cayenne pepper • 1/8 tsp cumin

Moringa leaf powder is potent superfood nutrition for everyone and anyone that wants to get healthy, stay healthy, and optimize performance! Recommended serving size: 1 teaspoon per day.

For more info, visit our website: www.MoringaTreeOfLife.com or call us at (520) 325-3400