

## SPARK – 20-Hour Communication Workshop

Hour(s)	Focus Area	Learning Outcome (LO)
1–2	Self-Confidence & Strengths	Identify personal strengths and build confidence
2–4	Public Speaking Basics	Develop basic public speaking and presentation skills
4-6	Advanced Communication Skills	Enhance verbal and non-verbal communication techniques
6-9	Interpersonal Communication	Improve interpersonal skills and active listening
9-12	Group Discussions	Build teamwork and networking skills
12-17	Mock Interviews	Prepare and practice for real interview situations
17-19	Handling Q&A & Feedback	Learn to handle questions and feedback with confidence
19–20	Action Planning & Next Steps	Develop a personal action plan for continued growth and success