

Montessori School of Fort Myers
 Morning Snack & Flowers Calendar
 Green Door - Fall 2021

Food(s) that are not included in snack menu this semester due to student food allergies:	Wheat, Eggs, Dairy, Gluten, Nut Products, Sesame Products, Sunflower Products
Food(s) that parents may <u>not</u> send in lunches due to extreme danger food allergies:	Peanuts and Tree Nuts (almond, pecan, cashew, walnut, hazelnut, pistachio, etc.), Sesame Products

Week Of	Name	Snack	Amount Needed for Week	
August 2-6, 2021	Parker R.	Raspberries	75	Ounces
		Edamame	54	Ounces
		Flowers	1	Bunch
August 9-13, 2021	Kate T.	Lay's Baked Potato Chips	8	Bags
		Corn	8	Cans
		Black Beans	8	Cans
		Flowers	1	Bunch
August 16-20, 2021	Remy K.	Cantaloupe	5	Melons
		Non-Dairy Yogurt	120	Ounces
		Flowers	1	Bunch
August 23-27, 2021	Indie C.	Pickles	5	Jars
		Clementines	100	Clementines
		Flowers	1	Bunch
August 30-Sept. 3, 2021	Leo V.	Grapes	12	Pounds
		Chickpeas	60	Ounces
		Flowers	1	Bunch
September 7-10, 2021	Emily M.	Mini Sweet Peppers	12	Pounds
		Applesauce	120	Ounces
		Flowers	1	Bunch
September 13-17, 2021	Margot H.	Cucumbers	8	Cucumbers
		Watermelon	4	Watermelons
		Flowers	1	Bunch
September 20-24, 2021	Alex H.	Strawberries	68	Ounces
		Baby Carrots	8	Pounds
		Flowers	1	Bunch
Sept. 27-Oct. 1, 2021	Otis C.	Non-Dairy Yogurt	120	Ounces
		Bananas	38	Bananas
		Flowers	1	Bunch
October 4-8, 2021	Violet S.	Blueberries	60	Ounces
		Edamame	54	Ounces
		Flowers	1	Bunch
October 11-15, 2021	Howard C.	Green Beans	45	Ounces
		Diced Mangos	8	Cans
		Flowers	1	Bunch
October 18-22, 2021	William J.	Avocados	15	Avocados
		Tomatoes	8	Tomatoes
		Yellow Onion	2	Onions
	Andrew N.	Limes	6	Limes
		Lay's Baked Potato Chips	8	Bags
		Flowers	1	Bunch

October 25-29, 2021	Kaylee F.	Corn	8	Cans
		Grapes	12	Pounds
		Flowers	1	Bunch
November 1-4, 2021	Fisher W.	Cantaloupe	5	Melons
		Non-Dairy Yogurt	96	Ounces
		Flowers	1	Bunch
November 8-12, 2021	Lynx J.	Chickpeas	60	Ounces
		Clementines	100	Clementines
		Flowers	1	Bunch
November 15-19, 2021	Nolan R.	Apples	50	Pounds
		Pickles	5	Jars
		Flowers	1	Bunch
November 22-24, 2021	Parker L.	Cucumbers	10	Cucumbers
		Honeydew	5	Melons
		Flowers	1	Bunch
Nov. 29-Dec. 3, 2021	Milo C.	Peaches (canned or fresh)	60	Ounces
		Carrots	8	Pounds
		Flowers	1	Bunch
December 6-10, 2021	Everly R.	Non-Dairy Yogurt	120	Ounces
		Diced Mangos	15	Cans
		Flowers	1	Bunch
December 13-16, 2021	Dylan C.	Watermelon	5	Watermelons
		Frozen Peas	43	Ounces
		Flowers	1	Bunch

Conversion: 16 ounces = 1 pound | 128 fluid ounces = 1 gallon

Published 7/23/2021