

Montessori School of Fort Myers  
 Morning Snack & Flowers Calendar  
 Green Door - Summer 2022

Food(s) that are not included in snack menu this semester due to student food allergies:	Wheat, Eggs, Dairy, Gluten, Nut Products, Sesame Products, Sunflower Products
Food(s) that parents may <u>not</u> send in lunches due to extreme danger food allergies:	Peanuts and Tree Nuts (almond, pecan, cashew, walnut, hazelnut, pistachio, etc.), Sesame Products

Week Of	Name	Snack	Ingredients	Amount Needed for Week	
May 31-June 3, 2022	Araiya W.	Raspberries & Edamame	Raspberries	12	Pints
			Edamame	45	Ounces
			Flowers	1	Bunch
June 6-10, 2022	Leo V.	Carrots & Grapes	Carrots	16	Pounds
			Grapes	8	Bags
			Flowers	1	Bunch
June 13-17, 2022	Parker L.	Cantaloupe & Cucumbers	Cantaloupe	9	Melons
			Cucumbers	15	Cucumbers
			Flowers	1	Bunch
June 21-24, 2022	Milo C.	Frozen Peas & Clementines	Frozen Peas	6	Ounces
			Clementines	90	Clementines
			Flowers	1	Bunch
June 27-July 1, 2022	Serafina L.	Mangoes & Corn	Mangoes (Canned or Frozen)	78	Ounces
			Corn	7	Cans
			Flowers	1	Bunch
July 5-8, 2022	Claire F.	Bananas & Non-Dairy Yogurt	Bananas	5	Bananas
			Non-Dairy Yogurt	33	Ounces
			Flowers	1	Bunch
July 11-15, 2022	Indie C.	Sweet Bell Peppers & Strawberries	Sweet Bell Peppers	28	Ounces
			Strawberries	112	Ounces
			Flowers	1	Bunch
July 18-22, 2022	Joe P.	Watermelon & Avocados	Watermelon	4	Melons
			Avocado	25	Avocados
			Flowers	1	Bunch

Conversion: 16 ounces = 1 pound | 128 fluid ounces = 1 gallon

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