

Montessori School of Fort Myers
 Morning Snack & Flowers Calendar
 Primary Pine

Food(s) that are not included in snack menu this semester due to student food allergies:

Food(s) that parents may not send in lunches due to extreme danger food allergies:

Peanuts and Tree Nuts (almond, pecan, cashew, walnut, hazelnut, pistachio, etc.), and Sesame Products.

Week Of	Name	Snack	Amount Needed for Week	
August 5-9, 2024	Liam L.	Raspberries &	10	Pints
		Edamame (Frozen)	50	Ounces
		Flowers	1	Bunch
August 12-16, 2024	Beau B.	Frozen Broccoli &	50	Ounces
		Grapes	5	Pounds
		Flowers	1	Bunch
August 19-23, 2024	Riley B.	Cantaloupe &	3	Melons
		Applesauce	85	Ounces
		Flowers	1	Bunch
August 26-30, 2024	Cayden H.	Sweet Peppers &	84	Ounces
		Clementines	15	Pounds
		Flowers	1	Bunch
Sept. 3-6, 2024	Conrad C.	Apples &	67	Apples
		Raisins	80	Ounces
		Flowers	1	Bunch
Sept. 9-13, 2024	John F.	Guava &	42	Guavas
		Grapes	5	Pounds
		Flowers	1	Bunch
Sept. 16-20, 2024	Amelia W.	Cucumbers &	8	Cucumbers
		Tangerines	42	Tangerines
		Flowers	1	Bunch
Sept. 23-27, 2024	Felicity L.	Strawberries &	10	Pints
		Baby Carrots	4	Pounds
		Flowers	1	Bunch
Sept. 20- Oct. 4, 2024	David E.	Non-Dairy Yogurt &	80	Ounces
		Bananas	63	Bananas
		Flowers	1	Bunch
Oct. 7-11, 2024	Joe C.	Blueberries &	10	Pints
		Edamame (Frozen)	90	Ounces
		Flowers	1	Bunch
Oct. 14-18, 2024	Seth G.	Green Beans	84	Ounces
		Raspberries	10	Pints
		Flowers	1	Bunch

Oct. 21-25, 2024	Arthur C.	Avocados	10	Avocados
		Tomatos	4	Tomatos
		Onions	3	Onions
	Owen F.	Limes	4	Limes
		Pita Chips	80	Ounces
		Flowers	1	Bunch
Oct. 28-Nov. 1, 2024	Adair C.	Broccoli &	50	Ounces
		Grapes	6	Pounds
		Flowers	1	Bunch
Nov. 4-8, 2024	Lennox R.	Cantaloupe &	3	Melons
		Non- Dairy Yougurt	80	Ounces
		Flowers	1	Bunch
Nov. 11-15, 2024	Suzi T.	Black beans	80	Ounces
		Clementines	15	Pounds
		Flowers	1	Bunch
Nov. 18-22, 2024	Ava P.	Apples &	67	Apples
		Raisins	84	Ounces
		Flowers	1	Bunch
Nov. 25-26, 2024	Francesco Z.	Cucumbers &	10	Cucumbers
		Tangerines	15	Pounds
		Flowers	1	Bunch
Dec. 2-6, 2024	Fabrizo C.	Strawberries &	11	Pints
		Carrots	8	Pounds
		Flowers	1	Bunch
Dec. 9-13, 2024	Sydney A.	Non-Dairy Yogurt &	84	Ounces
		Bananas	74	Bananas
		Flowers	1	Bunch
Dec. 16-20, 2024	Silas R.	Raspberries &	10	Pints
		Edamame (frozen)	50	Ounces
		Flowers	1	Bunch

Conversion: 16 ounces = 1 pound | 128 fluid ounces = 1 gallon

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