## Montessori School of Fort Myers

Morning Snack & Flowers Calendar Red Door - Fall 2021

Food(s) that are not included in snack
menu this semester due to student food
allergies:

Wheat, Eggs, Dairy, Gluten, Nut Products, Sesame Products, Sunflower Products

Food(s) that parents may <u>not</u> send in lunches due to extreme danger food allergies:

Peanuts and Tree Nuts (almond, pecan, cashew, walnut, hazelnut, pistachio, etc.), Sesame Products

Week Of	Name	Snack	Amount Ne	eded for Week
August 2-6, 2021	Orion M.	Raspberries	55	Ounces
		Edamame	40	Ounces
		Flowers	1	Bunch
August 9-13, 2021	Arielle S.	Lay's Baked Potato Chips	6	Bags
		Corn	6	Cans
		Black Beans	6	Cans
		Flowers	1	Bunch
August 16-20, 2021	Penelope F.	Cantaloupe	3	Melons
		Non-Dairy Yogurt	88	Ounces
		Flowers	1	Bunch
August 23-27, 2021	Eleanor J.	Pickles	3	Jars
		Clementines	73	Clementines
		Flowers	1	Bunch
August 30-Sept. 3, 2021	Sonora L.	Grapes	9	Pounds
		Chickpeas	44	Ounces
		Flowers	1	Bunch
September 7-10, 2021	Preston J.	Mini Sweet Peppers	9	Pounds
		Applesauce	88	Ounces
		Flowers	1	Bunch
September 13-17, 2021	Madeleine S.	Cucumbers	6	Cucumbers
		Watermelon	3	Watermelons
		Flowers	1	Bunch
September 20-24, 2021	Reid C.	Strawberries	50	Ounces
		Baby Carrots	6	Pounds
		Flowers	1	Bunch
Sept. 27-Oct. 1, 2021	Jackson G.	Non-Dairy Yogurt	88	Ounces
		Bananas	28	Bananas
		Flowers	1	Bunch
October 4-8, 2021	Brandon H.	Blueberries	44	Ounces
		Edamame	40	Ounces
		Flowers	1	Bunch
October 11-15, 2021	Hudson W.	Green Beans	33	Ounces
		Diced Mangos	6	Cans
		Flowers	1	Bunch
October 18-22, 2021	Liam U.	Avocados	11	Avocados
		Tomatoes	6	Tomatoes
		Yellow Onion	2	Onions
	Oliver G.	Limes	4	Limes
		Lay's Baked Potato Chips	6	Bags
		Flowers	1	Bunch

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October 25-29, 2021	Riley P.	Corn	6	Cans
		Grapes	9	Pounds
		Flowers	1	Bunch
November 1-4, 2021	Bailey B.	Cantaloupe	4	Melons
		Non-Dairy Yogurt	70	Ounces
		Flowers	1	Bunch
November 8-12, 2021	Thomas N.	Chickpeas	44	Ounces
		Clementines	73	Clementines
		Flowers	1	Bunch
November 15-19, 2021	Asha O.	Apples	36	Pounds
		Pickles	3	Jars
		Flowers	1	Bunch
November 22-24, 2021	Wilbur S.	Cucumbers	7	Cucumbers
		Honeydew	4	Melons
		Flowers	1	Bunch
Nov. 29-Dec. 3, 2021	Elijah J.	Peaches (canned or fresh)	44	Ounces
		Carrots	6	Pounds
		Flowers	1	Bunch
December 6-10, 2021	June K.	Non-Dairy Yogurt	88	Ounces
		Diced Mangos	11	Cans
		Flowers	1	Bunch
December 13-16, 2021	Daisy M.	Watermelon	4	Watermelons
		Frozen Peas	32	Ounces
		Flowers	1	Bunch

Conversion: 16 ounces = 1 pound | 128 fluid ounces = 1 gallon

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