

**Montessori School of Fort Myers**  
 Morning Snack & Flowers Calendar  
 Red Door - Summer 2022

Food(s) that are not included in snack menu this semester due to student food allergies:	Wheat, Eggs, Dairy, Gluten, Nut Products, Sesame Products, Sunflower Products
Food(s) that parents may <u>not</u> send in lunches due to extreme danger food allergies:	Peanuts and Tree Nuts (almond, pecan, cashew, walnut, hazelnut, pistachio, etc.), Sesame Products

Week Of	Name	Snack	Ingredients	Amount Needed for Week	
May 31- June 3, 2022	Penelope F.	Blackberries & Edamame	Blackberries	19	Pints
			Edamame	35	Ounces
			Flowers	1	Bunch
June 6- June 10, 2022	Orion M.	Carrots & Grapes	Carrots	12	Pounds
			Grapes	6	Bags
			Flowers	1	Bunch
June 13-17, 2022	Sonora L.	Cantaloupe & Cucumbers	Cantaloupe	7	Melons
			Cucumbers	18	Cucumbers
			Flowers	1	Bunch
June 21-24, 2022	Madeleine S.	Frozen Peas & Clementines	Frozen Peas	5	Ounces
			Clementines	96	Clementines
			Flowers	1	Bunch
June 27-July 1, 2022	Reid C.	Mangoes & Corn	Mangoes	60	Mangoes
			Corn	6	Cans
			Flowers	1	Bunch
July 5-8, 2022	Brandon H.	Bananas & Green Beans	Bananas	5	Bananas
			Green Beans	72	Ounces
			Flowers	1	Bunch
July 11-15, 2022	Preston J.	Sweet Bell Peppers & Watermelon	Sweet Bell Peppers	24	Ounces
			Watermelon	6	Melons
			Flowers	1	Bunch
July 18-22, 2022	Jackson G.	Strawberries & Black Beans	Strawberries	167	Ounces
			Black Beans	10	Cans
			Flowers	1	Bunch

Conversion: 16 ounces = 1 pound | 128 fluid ounces = 1 gallon

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