

# Montessori School of Fort Myers

Red Door

Food Prep Calendar - Fall 2019

## FOOD ALLERGENS

Category 2: Food(s) that parents may NOT send in lunches due to extremely dangerous food allergies: **All nuts (peanuts, tree nuts, etc.), egg**

### Parent Instructions:

When you pack snack and lunch for your child, please note the Category 2 allergens and be sure that the food you bring in does not contain any of the listed allergens (read the ingredients) nor any of their associated products (e.g. sesame seed oil counts as sesame seeds).

Week Of	Name	Snack	Amount Needed for Week	
August 5-9 2019	Rohan C.	Mini Sweet Peppers & Flowers	5	Pounds
August 12-16 2019	Behati S.	Pears & Flowers	25	Pears
August 19-23 2019	Ava N.	Watermelon & Flowers	4	Watermelons
August 26-30 2019	Anna A.	Carrots & Flowers	5	Pounds
Sept. 2-6 2019	Jude D.	Clementines & Flowers	44	Clementines
Sept. 9-13 2019	Saylor C.	Cucumbers & Flowers	11	Cucumbers
Sept. 16-20 2019	Ben E.	Grapes & Flowers	6	Pounds
Sept. 23-27 2019	Seph F.	Avocados & Flowers	7	Avocados
Oct. 1 - 4 2019	Evan Z.	Grapefruit & Flowers	9	Grapefruits
Oct. 7-11 2019	Remy K.	Banana & Flowers	19	Bananas
Oct. 14-18 2019	Bella C.	Cantaloupes & Flowers	5	Cantaloupes
Oct. 21-25 2019	CeCe S.	Honeydew & Flowers	5	Honeydew Melons
Oct.28-Nov.1 2019	Zohy J.	Grapes & Flowers	6	Pounds
Nov. 4-8 2019	Victor C.	Edamame (frozen) & Flowers	2	Pounds
Nov. 11-15 2019	Kate T.	Watermelon & Flowers	5	Watermelons
Nov. 18-22 2019	Alan G.	Honeydew & Flowers	5	Honeydew Melons
Nov. 25-29 2019	Reagan M.	Carrots & Flowers	5	Pounds
Dec. 2-6 2019	Hunter W.	Peaches & Flowers	28	Peaches
Dec. 9-13 2019	Ephraim V.	Pears & Flowers	28	Pears
Dec. 16-20 2019	Penny S.	Apples & Flowers	28	Apples

Calendar Created: 9/10/2019