

## Montessori School of Fort Myers

Toddler Far West Environment

Snack Calendar - Fall 2019

|  |                                 |
|--|---------------------------------|
| Food(s) that are not included in snack menu this semester due to student food allergies: | Dairy, Wheat, Egg, Nut products |
| Food(s) that parents may not send in lunches due to extreme danger food allergies:       | Peanuts and Tree Nuts           |

| Week Of           | Name        | Snack                | Amount Needed for Week |                |
|-------------------|-------------|----------------------|------------------------|----------------|
| August 5-9 2019   | Fiona A.    | Applesauce           | 75                     | ounces         |
|                   |             | Mini Sweet Peppers   | 5                      | pounds         |
| August 12-16 2019 | AJ A.       | Baby Carrots         | 2                      | pounds         |
|                   |             | Pears                | 6                      | pounds         |
| August 19-23 2019 | Otis C.     | Watermelon           | 3                      | Watermelon     |
|                   |             | Feta Cheese          | 21                     | ounces         |
| August 26-30 2019 | Amelia D.   | Hummus               | 36                     | ounces         |
|                   |             | Multi-Grain Crackers | 60                     | ounces         |
| Sept. 2-6 2019    | Penelope F. | Clementines          | 15                     | pounds         |
|                   |             | Cheese Sticks        | 60                     | Cheese Sticks  |
| Sept. 9-13 2019   | Archer S.   | Cucumbers            | 4                      | Cucumbers      |
|                   |             | Hummus               | 45                     | ounces         |
| Sept. 16-20 2019  | Ruby S.     | Chick Peas           | 30                     | ounces         |
|                   |             | Grapes               | 5                      | pounds         |
| Sept. 23-27 2019  | Wilbur S.   | Mix Salad Bag        | 21                     | ounces         |
|                   |             | Strawberries         | 12                     | pounds         |
|                   |             | Vinaigrette          | 12                     | ounces         |
| Oct. 1 - 4 2019   | Fiona A.    | Dairy Free Yogurt    | 46                     | ounces         |
|                   |             | Blueberries          | 31                     | ounces         |
| Oct. 7-11 2019    | AJ A.       | Banana               | 45                     | Bananas        |
|                   |             | Frozen Peas          | 16                     | ounces         |
| Oct. 14-18 2019   | Otis C.     | Cantaloupes          | 3                      | Cantaloupes    |
|                   |             | Broccoli             | 5                      | Broccoli Heads |
| Oct. 21-25 2019   | Amelia D.   | Pickles              | 3                      | jars           |
|                   |             | Cream Cheese         | 15                     | ounces         |
| Oct.28-Nov.1 2019 | Penelope F. | Grapes               | 9                      | pounds         |
|                   |             | Carrots Slices       | 3                      | bags           |
| Nov. 4-8 2019     | Archer S.   | Edamame (frozen)     | 3                      | pounds         |
|                   |             | Applesauce           | 60                     | ounces         |
| Nov. 11-15 2019   | Ruby S.     | Corn                 | 45                     | ounces         |
|                   |             | Black Beans          | 45                     | ounces         |
|                   |             | Tortilla Chips       | 2                      | Family Bag     |

|                 |           |                             |    |            |
|-----------------|-----------|-----------------------------|----|------------|
| Nov. 18-22 2019 | Wilbur S. | Pineapple (canned or fresh) | 4  | Pineapples |
|                 |           | Baby Carrots                | 3  | pounds     |
| Nov. 25-29 2019 | Fiona A.  | Applesauce                  | 60 | ounces     |
|                 |           | Broccoli/Cauliflower        | 2  | pounds     |
| Dec 2-6 2019    | Aj A.     | Dairy Free Yogurt           | 57 | ounces     |
|                 |           | Peaches (canned or fresh)   | 6  | pounds     |
| Dec. 9-13 2019  | Otis C.   | Pears                       | 6  | pounds     |
|                 |           | Kale                        | 1  | bags       |
| Dec. 16-20 2019 | Amelia D. | Hummus                      | 42 | ounces     |
|                 |           | Baby Carrots                | 2  | pounds     |

Calendar Created: 7/12/2019