

Montessori School of Fort Myers
Morning Snack & Flowers Calendar
Red Door - Fall 2022

Food(s) that are not included in snack menu this semester due to student food allergies:	Wheat, Eggs, Dairy, Gluten, Nut Products, Sesame Products, Sunflower Products
Food(s) that parents may <u>not</u> send in lunches due to extreme danger food allergies:	Peanuts and Tree Nuts (almond, pecan, cashew, walnut, hazelnut, pistachio, etc.), Sesame Products

Week Of	Name	Snack	Amount Needed for Week	
August 1-5, 2022	Riley B.	Raspberries	55	Ounces
		Edamame	40	Ounces
		Flowers	1	Bunch
August 8-12, 2022	Aurelia T.	Lay's Baked Potato Chips	6	Bags
		Corn	6	Cans
		Flowers	Bunch	Bunch
August 15-19, 2022	Keira G.	Cantaloupe	3	Melons
		Non-Dairy Yogurt	88	Ounces
		Flowers	1	Bunch
August 22-26, 2022	Liam L.	Raspberries	6	Pounds
		Clementines	73	Clementines
		Flowers	1	Bunch
August 29-Sept. 2, 2022	Madeleine S.	Grapes	9	Pounds
		Celery	6	Bags
		Flowers	1	Bunch
September 5-9, 2022	Jasper K.	Mini Sweet Peppers	9	Pounds
		Applesauce	88	Ounces
		Flowers	1	Bunch
September 12-16, 2022	Sonora L.	Cucumbers	6	Cucumbers
		Watermelon	3	Watermelons
		Flowers	1	Bunch
September 19-23, 2022	Reid C.	Strawberries	50	Ounces
		Baby Carrots	6	Pounds
		Flowers	1	Bunch
September 26-30, 2022	Jackson G.	Non-Dairy Yogurt	88	Ounces
		Bananas	28	Bananas
		Flowers	1	Bunch
October 3-7, 2022	Brandon H.	Blueberries	44	Ounces
		Edamame	40	Ounces
		Flowers	1	Bunch
October 10-14, 2022	Conrad C.	Green Beans	33	Ounces
		Frozen Mangos	6	Cans
		Flowers	1	Bunch
October 17-21, 2022	Mia V.	Avocados	11	Avocados

	Aliyah W.	Tomatoes	6	Tomatoes
		Yellow Onion	2	Onions
		Limes	4	Limes
		Lay's Baked Potato Chips	6	Bags
		Flowers	1	Bunch
October 24-28, 2022	Riley P.	Corn	6	Cans
		Grapes	9	Pounds
		Flowers	1	Bunch
October 31-Nov. 4, 2022	Cayden H.	Cantaloupe	4	Melons
		Non-Dairy Yogurt	70	Ounces
		Flowers	1	Bunch
November 7-11, 2022	Thomas N.	Raspberries	6	Pounds
		Clementines	73	Clementines
		Flowers	1	Bunch
November 14-18, 2022	John F.	Apples	36	Pounds
		Broccoli (Frozen)	6	Bags
		Flowers	1	Bunch
November 21-25, 2022	Wilbur S.	Cucumbers	7	Cucumbers
		Honeydew	4	Melons
		Flowers	1	Bunch
November 28- Dec. 2, 2022	Zayden C.	Peaches (canned or fresh)	44	Ounces
		Carrots	6	Pounds
		Flowers	1	Bunch
December 12-16, 2022	June K.	Non-Dairy Yogurt	88	Ounces
		Frozen Mangos	8	Bags
		Flowers	1	Bunch
December 19-23, 2022	Preston J.	Watermelon	4	Watermelons
		Frozen Peas	6	Bags
		Flowers	1	Bunch

Conversion: 16 ounces = 1 pound | 128 fluid ounces = 1 gallon

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Internal Notes (not to be printed)

Blue = input variable, black = output variable

Children Per Week	Days Per Week	Quantity of Unit Eaten Per Child Per Day	Unit	Estimated Cost
22	5	0.50	Ounces	
22	5	0.36	Ounces	
22	5	0.05	Bags	
22	5	0.05	Cans	
22	5	0.05	Bunch	
22	5	0.03	Melons	
22	5	0.80	Ounces	
22	5	0.03	Pounds	
22	5	0.67	Clementines	
22	5	0.08	Pounds	
22	5	0.40	Bags	
22	4	0.10	Pounds	
22	4	1.00	Ounces	
22	4	0.07	Cucumbers	
22	4	0.03	Watermelons	
22	5	0.45	Ounces	
22	5	0.05	Pounds	
22	5	0.80	Ounces	
22	5	0.25	Bananas	
22	5	0.40	Ounces	
22	5	0.36	Ounces	
22	5	0.30	Ounces	
22	5	0.05	Cans	
22	5	0.10	Avocados	

22	5	0.05 Tomatoes
22	5	0.02 Onions
22	5	0.04 Limes
22	5	0.05 Bags
22	5	0.05 Cans
22	5	0.08 Pounds
22	4	0.05 Melons
22	4	0.80 Ounces
22	5	0.40 Pounds
22	5	0.67 Clementines
22	5	0.33 Pounds
22	5	0.03 Bags
22	3	0.11 Cucumbers
22	3	0.06 Melons
22	5	0.40 Ounces
22	5	0.05 Pounds
22	5	0.80 Ounces
22	5	0.10 Bags
22	4	0.04 Watermelons
22	4	0.36 Bags

Notes

