

Montessori School of Fort Myers
 Morning Snack & Flowers Calendar
 Red Door - Spring 2023

Food(s) that are not included in snack menu this semester due to student food allergies:	Eggs, Milk, Dairy, Tree Nut Products, and Peanut Product.
Food(s) that parents may <u>not</u> send in lunches due to extreme danger food allergies:	Eggs, Milk, Dairy, Tree Nut Products, and Peanut Product.

Week Of	Name	Snack	Amount Needed for Week	
January 10-13, 2023	Cayden H.	Raspberries	24	Ounces
		Edamame	35	Ounces
		Flowers	1	Bunch
January 16-20, 2023	Thomas N.	Lay's Baked Potato Chips	4	Bags
		Corn	4	Cans
		Flowers	1	Bunch
January 23-27, 2023	Eleanor J.	Cantaloupe	4	Melons
		Non-Dairy Yogurt	60	Ounces
		Flowers	1	Bunch
January 30- Feb. 3, 2023	Zayden C.	Raspberries	4	Pounds
		Clementines	80	Clementines
		Flowers	1	Bunch
February 6-10, 2023	June K.	Grapes	10	Pounds
		Celery	4	Bags
		Flowers	1	Bunch
February 13-17, 2023	Aliyah W.	Mini Sweet Peppers	12	Pounds
		Applesauce	60	Ounces
		Flowers	1	Bunch
February 21-24, 2023	Mia V.	Strawberries	54	Ounces
		Baby Carrots	6	Pounds
		Flowers	1	Bunch
February 27- Mar. 3, 2023	Brandon H.	Blueberries	48	Ounces
		Edamame (Frozen)	43	Ounces
		Flowers	1	Bunch
March 6-10, 2023	Jackson G.	Green Beans	36	Ounces
		Frozen Mangos	6	Cans
		Flowers	1	Bunch
March 13-17, 2023	Reid C.	Avocados	12	Avocados
		Tomatoes	6	Tomatoes
		Yellow Onion	2	Onions
	Preston J.	Limes	5	Limes
		Lay's Baked Potato Chips	6	Bags
		Flowers	1	Bunch

March 20-24, 2023	John F.	Corn	6	Cans
		Grapes	10	Pounds
		Flowers	1	Bunch
March 27-31, 2023	Jasper K.	Cantaloupe	5	Melons
		Non-Dairy Yogurt	60	Ounces
		Flowers	1	Bunch
April 3-7, 2023	Madeleine S.	Raspberries	38	Pounds
		Clementines	64	Clementines
		Flowers	1	Bunch
April 10-14, 2023	Liam L.	Apples	40	Pounds
		Broccoli (Frozen)	4	Bags
		Flowers	1	Bunch
April 18-21, 2023	Keira G.	Cucumbers	11	Cucumbers
		Honeydew	6	Melons
		Flowers	1	Bunch
April 24-28, 2023	Riley B.	Peaches (canned or fresh)	48	Ounces
		Carrots	6	Pounds
		Flowers	1	Bunch
May 1-5, 2023	Siena C.	Non-Dairy Yogurt	60	Ounces
		Frozen Mangos	12	Bags
		Flowers	1	Bunch
May 8-12, 2023	Aurelia T.	Watermelon	4	Watermelons
		Frozen Peas	4	Bags
		Flowers	1	Bunch
May 15-19, 2023	Sonora L.	Blueberries	48	Ounces
		Edamame	43	Ounces
		Flowers	1	Bunch
May 22-26, 2023	Huck S.	Apples	24	Pounds
		Baby Carrots	4	Pounds
		Flowers	1	Bunch

Conversion: 16 ounces = 1 pound | 128 fluid ounces = 1 gallon

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