

## Montessori School of Fort Myers

Toddler Far West Environment

Food Prep Calendar - Fall 2019

### FOOD ALLERGENS

Catagory 2: Food(s) that parents may NOT send in lunches due to extremely dangerous food allergies:

All nuts (peanuts, tree nuts, etc.), dairy, egg, sesame seeds, pineapple, strawberries

Parent Instructions:

When you pack snack and lunch for your child, please note the Catagory 2 allergens and be sure that the food you bring in does not contain any of the listed allergens (read the ingredients) nor any of their associated products (e.g. sesame seed oil counts as sesame seeds).

Week Of	Name	Snack	Amount Needed for Week	
August 5-9 2019	Fiona A.	Mini Sweet Peppers	2	Pounds
August 12-16 2019	AJ A.	Pears	10	Pears
August 19-23 2019	Otis C.	Watermelon	2	Watermelons
August 26-30 2019	Amelia D.	Carrots	2	Pounds
Sept. 2-6 2019	Penelope F.	Clementines	20	Clementines
Sept. 9-13 2019	Archer S.	Cucumbers	5	Cucumbers
Sept. 16-20 2019	Ruby S.	Grapes	3	Pounds
Sept. 23-27 2019	Wilbur S.	Avocados	14	Avocados
Oct. 1 - 4 2019	Fiona A.	Grapefruit	15	Grapefruit
Oct. 7-11 2019	AJ A.	Banana	10	Bananas
Oct. 14-18 2019	Bradley B.	Cantaloupes	3	Cantaloupes
Oct. 21-25 2019	Otis C.	Honeydew	3	Honeydew Melon
Oct.28-Nov.1 2019	Amelia D.	Grapes	4	Pounds
Nov. 4-8 2019	Penelope F.	Edamame (frozen)	2	Pounds
Nov. 11-15 2019	Julie M.	Watermelon	3	Watermelons
Nov. 18-22 2019	Archer S.	Honeydew	4	Honeydew Melon
Nov. 25-29 2019	Ruby S.	Carrots	3	Pounds
Dec 2-6 2019	Wilbur S.	Peaches	40	Peaches
Dec. 9-13 2019	Bradley B.	Pears	20	Pears
Dec. 16-20 2019	Julie M.	Apples	20	Apples

Calendar Created: 9/10/2019