

Montessori School of Fort Myers

Toddler West Environment

Food Prep Calendar - Fall 2019

FOOD ALLERGENS

Category 2: Food(s) that parents may NOT send in lunches due to extremely dangerous food allergies:

All nuts (peanuts, tree nuts, etc.)

Parent Instructions:

When you pack snack and lunch for your child, please note the Category 2 allergens and be sure that the food you bring in does not contain any of the listed allergens (read the ingredients) nor any of their associated products (e.g. sesame seed oil counts as sesame seeds).

Week Of	Name	Snack	Amount Needed for Week	
August 5-9 2019	Alexa J.	Mini Sweet Peppers	2	Pounds
August 12-16 2019	Sonora L.	Pears	9	Pears
August 19-23 2019	Emily M.	Watermelon	2	Watermelons
August 26-30 2019	Miles R.	Carrots	2	Pounds
Sept. 2-6 2019	Sage O.	Clementines	18	Clementines
Sept. 9-13 2019	Levi R.	Cucumbers	5	Cucumbers
Sept. 16-20 2019	Alexa J.	Grapes	3	Pounds
Sept. 23-27 2019	Sonora L.	Avocados	14	Avocados
Oct. 1 - 4 2019	Emily M.	Grapefruit	14	Grapefruits
Oct. 7-11 2019	Miles R.	Banana	10	Bananas
Oct. 14-18 2019	Sage O.	Cantaloupes	3	Cantaloupes
Oct. 21-25 2019	Levi R.	Honeydew	3	Honeydew Melon
Oct. 28-Nov. 1 2019	Alexa J.	Grapes	3	Pounds
Nov. 4-8 2019	Sonora L.	Edamame (frozen)	2	Pounds
Nov. 11-15 2019	Emily M.	Watermelon	2	Watermelons
Nov. 18-22 2019	Miles R.	Honeydew	3	Honeydew Melon
Nov. 25-29 2019	Sage O.	Carrots	2	Pounds
Dec 2-6 2019	Levi R.	Peaches	30	Peaches
Dec. 9-13 2019	Alexa J.	Pears	15	Pears
Dec. 16-20 2019	Sonora L.	Apples	15	Apples

Calendar Created: 9/10/2019