

Am I On The Right Path?

"I urge you to examine your life. Determine where you are and what you need to do to be the kind of person you want to be." Elder Joseph B. Wirthlin, *Life's Lessons Learned*, Apr. 2007 General Conference

Time Inventory

Make a time inventory. I recommend at least updating once a day. Ask yourself:

- What did I do today?/since the last time I wrote?
- How much of my time do I devote to that particular task?

After General Conference, consider the following questions:

- How centered is Christ in my life as it stands?
 - How can I center Christ more fully in my life?
- What will I become if I continue in the same way that I have been going?
- What am I most excited about becoming?
 - What can I start/stop/increase/decrease/improve to become that?
- What am I most anxious about becoming?
 - What can I start/stop/increase/decrease/improve to avoid that?

Make a plan of how to use this information to repent. (*Remember Elder Natress said in stake conference that repentance is drawing near to Christ.*)

Further Inventory Options:

Moral Inventory

Make an inventory of yourself following Step 4 of the Addiction Recovery Guide.

1. Read Step 4
 - a. Suggested reading:
 - i. Alma Chapter 5
 - ii. "Principles to Write an Effective Inventory" (Appendix)
2. Make an inventory

Christlike Attributes

Complete the Attribute Activity at the End of the Chapter.

Alma Chapter 5

Read, then answer Alma's questions

"It Works Wonderfully" Elder Uchtdorf Oct. 2015 General Conference

Read, then answer Elder Uchtdorf's questions

(Find Step 4)

Gospel Library

- Life Help
- Addiction
- Healing through the Savior: The Addiction Recovery Program 12-Step Recovery Guide
- Step 4: Make a searching and fearless written moral inventory of ourselves.
- Appendix: Principles to Write an Effective Inventory

(Find Attribute Activity)

Gospel Library

- Sharing the Gospel
- Preach My Gospel
- Chapter 6: Seek Christlike Attributes

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Study Resources

General Conference Talks:

- "Your Happily Ever After" Pres. Uchtdorf, Apr. 2010
- "The Good News Recipe" Elder Amos, Oct. 2025
- "Aligning Our Will With His" Elder Soares, Oct. 2024
- "Life's Lessons Learned" Elder Wirthlin, Apr. 2007
- "We Can Do Better and Be Better" Pres. Nelson Apr. 2019
- "The Three Rs of Choice" Pres. Monson, Oct. 2010
- "Let God Prevail" Pres. Nelson, Oct. 2020
- "Good, Better, Best" Pres. Oaks, Oct. 2007
- "Where Will This Lead?" Pres. Oaks, Apr. 2019
- "The Challenge to Become" Pres. Oaks, Oct. 2000
- "Be Ye Therefore Perfect—Eventually" Pres. Holland, Oct. 2017
- "It Works Wonderfully!" Pres. Uchtdorf, Oct. 2015
- "God's Intent is to Bring You Home" Elder Kearon, Apr. 2024
- "The Joy of Our Redemption" Sis. Yee, Oct. 2024
- "A Framework for Personal Revelation" Elder Renlund, Oct. 2022

Bible/BoM Resources:

- Alma Chapters 5,7,34,41-42
 - Mosiah Chapter 5
 - Moroni Chapters 7,10
 - 3 Nephi 9:13-22 (Chapters 9-30)
- Sermon on the Mount:* Matthew 5-7/3 Nephi 12-14
- Jesus' parables:* (Matthew 13:1-53, 18:12-14,23-35, 20:1-16, 21:28-46, 22:1-14. 25:1-46; Mark 4:1-34, 10:31, 12:1-12; Luke 8:4-18, 10:25-37, 12:13-21,35-36, 13:6-9, 14:7-24, 15:1-32, 16:1-15,19-31, 18:1-14, 19:11-27, 20:9-19; John 4:4-42, 6:22-71, 10:1-21)

Study Helps Resources:

Topical Guide, "Repent, Repentance", "Self-Mastery", "Sons and Daughters of God", "Man, a Spirit Child of Heavenly Father", "God, Love of", "Jesus Christ, Atonement through", "God, Access to", "Revelation", "Testimony", "Holy Ghost, Source of Testimony", "Holy Spirit" Bible Dictionary "Revelation", "Holy Ghost", "Atonement"

Other Resources:

Healing through the Savior: The Addiction Recovery Program 12-Step Recovery Guide

"All Are Needed in the Body of Christ" Sis. Dennis, Jan 2025 Liahona.

"Timing" Elder Oaks, Jan. 29, 2002 BYU Devotional

"In the Strength of the Lord" Elder Bednar, Oct. 23, 2001 BYU Devotional