



1. Read and highlight Chapter 11 of the Big Book. “A vision for you”.
2. Review the first set of questions asked at the beginning of the workshop:
 - Why do I want to do this work?
 - Why now?
 - Am I willing to go to any length and what does this mean?
 - Am I willing to be honest?
3. Take a look at what your answers were when you began this workshop. Reflect and write out answers:
 - What shift has occurred in me from the original questions until now?
 - How have I been changed?
 - In my consciousness; have I had any new awareness?
 - How has that manifested in my behavior? How have I changed?
5. Do I need a commitment for continuing my spiritual journey?
6. Do I feel I have a personal invitation to carry this message?
7. What is my plan for holding myself accountable?

OPTIONAL Bonus Wisdom: