

12 Steps On The PATH To Freedom

Daily Inventory Spot Check List



“When we retire for the evening we constructively review our day.
Were we resentful, selfish, dishonest or afraid?”

Characteristics of SELF-WILL

Characteristics of GODS-WILL

- SELFISH/SELFSEEKING
- DISHONEST
- FRIGHTENED
- INCONSIDERATE
- GREEDY
- PRIDEFUL
- ANGRY
- LUSTFUL
- DOUBTFUL
- ENVY
- LAZY
- GLUTTONY
- IMPATIENT
- INTOLERANT
- RESENTFUL
- HATRED
- HARMFUL ACTIONS
- SELF-PITY
- SELF-JUSTIFICATIONS
- SELF-IMPORTANCE
- SELF-CONDEMNATION
- SUSPICIOUS

- OTHER CENTERED
- HONEST
- COURAGEUOUS
- CONSIDERATE
- GIVING-GENEROUS
- HUMBLE
- CALM
- PURE-MORAL
- FAITH FILLED
- CONTENTMENT
- MOTIVATED
- TEMPERANT-MINDFUL
- PATIENT
- TOLERANCE
- FORGIVENESS
- LOVING
- GOOD DEEDS
- RESILLANCE
- HUMILITY
- MODESTY
- SELF COMPASSION
- TRUSTING FAITH