

12 Steps On The PATH To Freedom

Assignments 22 –Step Six

January 6, 2026

Defects of Character STEP 6

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1. Read and highlight the first paragraph on page 76 of the Big Book.
2. Read and highlight Step Six in the Twelve Steps and Twelve Traditions (pages 63–69). (Attached)
3. Make a list of your character defects from your brain, heart, and gut dump as you see what they are. Review the information in your **Step Four Inventory; include any items identified in your Step Five work.**
4. Worksheet for Character Defects Attached.