

# #4 August 5, 2025

## 12 Steps On The PATH To Freedom

### Assignment 4 - Understanding: "not cured"; "daily reprieve"; "spot-check" - Step Ten

1. Read and highlight Big Book instructions on Step Ten - pages 84-85.
2. Look up the word "reprieve" in the dictionary, and perhaps in more than one dictionary ("we have a daily reprieve") and write out the definitions.

#### LISTEN/WATCH:

Unpacking the Big Book - Instructions for Working each step, presented by Herb 2021 - YOU TUBE

#### STEP 10 "Spot Check" Inventory Session 04

<https://www.youtube.com/watch?v=cDENYdskksQ>



**OPTIONAL** reading, listening, and/or viewing:

WORKSHOP facilitated by Herb 2020 - with participant shares.

#### Emotional Sobriety: An Expanded Commentary on STEP 10

[https://www.youtube.com/watch?v=EETJj\\_dflkl](https://www.youtube.com/watch?v=EETJj_dflkl)

- Twelve Steps to Spiritual Awakening - Enlightenment for Everyone :

#### Chapter Ten

- Practicing the Here and Now - Being Intentional with Step 11: pages 7-17
- Twelve Step Guide to Using the Alcoholics Anonymous Big Book: pages 7-22