

December 16, 2025

Step Five

21

1. Read and highlight pages **72 to 75** in the Big Book.
2. Read and highlight **Step Five** in the Twelve Steps & Twelve Traditions.
3. It is recommended that we do the fifth Step in one sitting, preferably face to face. It is OK to give part of our story to someone who will understand, for example, a lawyer, a priest, a psychologist, etc.
4. LISTEN/WATCH: Unpacking the Big Book - Instructions for Working each step, presented by Herb 2021 - YOU TUBE **STEP FIVE** Session 33

PLEASE NOTE: We will not meet again until January 6, 2026 in observance of the holidays. If you have time, re-watch past video's on YouTube, in fact I would place this over doing homework.

I am offering to listen to 5th steps for anyone that is interested. Please send me an email to set up a time to meet on ZOOM.