

12 Steps On The PATH To Freedom

Assignment 1 - Understanding SPIRITUAL AWAKENING - Step Twelve

As part of the discernment concerning your participation in this workshop, please:

1. Obtain a new Alcoholics Anonymous book, Fourth Edition (unless your current Fourth Edition book has no writing/highlighting: then it's OK).
2. Create and pray a "Set Aside Prayer":
 - As part of your daily morning prayer and meditation practice, and
 - Every time before you begin doing any part of the workshop assignments.

God, please set aside everything I think I know about myself, my unmanageability, the 12 Steps and You, for an open mind and a new experience of myself, my unmanageability, the 12 Steps and especially You.

3. Read Big Book Appendix II, "Spiritual Experience," pages 567-568. What is it? How does it differ from a Spiritual Awakening? How is it the same?



LISTEN/WATCH: Unpacking the Big Book - Instructions for Working each step, presented by Herb K 2021 Tuesday Workshop

Orientation 01

<https://www.youtube.com/watch?v=2K-qCShw7u8>

Orientation 02

<https://www.youtube.com/watch?v=nR8gWluwwUo>

Please don't wait to start. This process will be more beneficial if you, prayerfully and consistently, do some work every day in between the weekly workshops.

Herb K's Optional Books: • Twelve Step Guide to Using the Alcoholics Anonymous Big Book: pages 1-12. • Twelve Steps to Spiritual Awakening - Enlightenment for Everyone : pages 1-17: • Practicing the Here and Now - Being Intentional with Step 11: pages 1-7