

12 Steps On The PATH To Freedom

Assignment 2 - Reading Preface and Forwards

1. Over the next four weeks:

- **A.** Read and highlight (always highlight when reading, even if not indicated in the instructions), from the Title page up through page XXIV (up to "The Doctor's Opinion") with these questions under consideration. Do not answer them - **ASK them**.
 - a. Is this **Twelve Step** process what I really want to do at this time in my journey?
 - b. Why do I want to submit to this process at this time?
 - c. At this time am I willing to go to **any lengths**? What does this mean?
 - d. In what areas of my life am I being dishonest with myself and others?
- **B.** After you finish the entire reading assignment - take your time - write out your answer to each of the consideration questions: no less than one sentence, no more than one page per question.

2. From the Big Book's 2 ~Title page, look up the words: "Anonymous" and "Recovered"; write out definitions.

3. AFTER reading up to the Doctor's Opinion - **LISTEN/WATCH:** (This will be discussed later) BB Title pages, Preface, & Forwards (up to the Doctor's Opinion)

05 BB: Title Pages, Preface, and Forwards



12 Step Spirituality ~ An Overview of the 12 Step Process

