



SPIRITED EVENTS

BY JOFA

“Spiritual Growth” Retreat Weekend

Thursday, January 28, 2027 to
Sunday, January 31, 2027
(Option To Add Wed., January 27, 2027)

at the

The Baladerry Inn
Gettysburg, PA

This interactive retreat is designed to provide a quiet space for spiritual growth, learning and discussion. Join others who seek to grow and learn. Group discussions and interactive participation will be an important part of this weekend as we share our experiences, questions, and knowledge in a non-judgmental and safe space.



EVENT

INCLUDED WITH YOUR EVENT FEE:

- A 3-Night Stay at the Baladerry Inn
- Breakfast All 3 Mornings
- Pizza, Sub & Salad Dinner on Thursday Evening (Special dietary needs can be addressed)
- 2027 Numerology Year Forecast
- Free Writing Meditation and Guided Meditation
- Meditative Art Project – Bejeweled Journal
- Release Your Shadow – Reclaim Your LIGHT, Shadow Work Clinic with Mitch Adams
- Immersive Sound Journey with Jodie Zearfoss
- Automatic Writing Workshop with Maggie Salter
- Access to New Saunas, Hot Tub and Fitness Center
- Group Photo Activity
- Time for Socializing and Practicing Your Metaphysical Skills

OPTIONAL ACTIVITIES:

- Private Palm Reading with Liz Anne (\$30)
- Option to Add Wednesday, January 27, 2027 As An Additional Night Stay (Includes Breakfast on January 28, 2027)



"SHARING GIFTS & DEEPENING FRIENDSHIPS"

Do you realized many of us have known each other for a decade? We have been sharing a journey on a path of enlightenment and spiritual growth. During our previous retreats, we have laughed, cried, learned and developed lasting connections. During this year's retreat, I have allocated time for deeper connection through interactive group activities.

It is my vision that we will spend quality time with each other this year. It can be as simple as sharing a conversation with a friend, spending quiet time journaling together, enjoying a visit to a favorite metaphysical shop or sharing a personal gift. This can be a time of developing a deeper connection with one another and also with yourself.

Those who wish to share their metaphysical and spiritual gifts may feel free to bring whatever is needed for their modality. We have readers, artists, healthcare professionals, Reiki and Chakra practitioners, essential oil specialists, ladies with unique life experiences and a huge reservoir of life experience.

My wish for you is that you experience a transformational weekend. May your connections deepen and may you be the spark in someone else's darkness. Let's lift each other up and illuminate the Baladerry, Gettysburg and the world with LOVE!



WEEKEND AGENDA

1/28/27 – 1/31/27

WEDNESDAY 1/27/2027	3:00-6:00pm	Check In for Optional Night at the Baladerry Inn
THURSDAY 1/28/2027	9:00am 3:00-6:00pm 6:00pm-Til ?	Breakfast For Those Who Opted for the Optional Night Stay Check In Tommy's Dinner 2027 Numerology Forecasts Guided Meditation: Signs and Intention Setting for the Weekend
FRIDAY 1/29/2027	8:30-9:30am 9:45-10:30am 10:30-11:30am 11:30am-12:15pm 12:15-1:30pm 1:30-3:30pm 3:30-5:30pm 5:30-7:30pm Evening	Breakfast Free-Writing Meditation Meditative Art Project Little Round Top Group Photo (Weather Dependent) or Early Lunch Lunch On Your Own Release Your Shadow - Reclaim Your Light with Mitch Adams Immersive Sound Journey with Jodie Zearfoss Dinner On Your Own Free Time for Saunas, Hot Tub, Socializing, Practicing Your Skills
SATURDAY 1/30/2027	8:30-9:30 9:30-11:30am 11:30-12:15pm 12:15pm-2:00pm 2:00-6:00pm 6:00pm Till Evening	Breakfast Automatic Writing Workshop with Maggie Salter Little Round Top Group Photo (Weather Dependent) or Break Lunch On Your Own Optional Palm Readings - Liz Anne AND Meditative Art Project Dinner On Your Own Free Time for Saunas, Hot Tub, Socializing, Practicing Your Skills
SUNDAY 1/31/2027	8:30am 11:00am	Breakfast Check Out

(Agenda is subject to change)

GROUP ACTIVITIES



“Release Your Shadow – Reclaim Your Light, Shadow Work Clinic” with Mitch Adams

We all have traits that we’re proud of, and traits that we don’t feel so confident about. Some of these traits may trigger or embarrass us, so we hide them from public view. These parts make up your shadow self, and it longs to be heard. However, it’s not always easy to come to terms with our shadow selves. Many people tend to repress those hidden parts of themselves to avoid having to confront that darker side. Even though the shadow still exists, it gets pushed back and forgotten. But repressing your inner shadow can have dangerous consequences. Most often, the shadow manifests as our triggers — emotional reactions that we haven’t fully dealt with but bubble up to the surface under the right (wrong) circumstances. It takes training, self-awareness, guidance, and courage to help you face your shadow self in a healthy way. This is exactly why shadow work exists. Shadow work is designed to help you integrate and accept every single part of yourself so that you can live and thrive with more clarity and authenticity. Let’s explore what shadow work means, how you can benefit from it, and how you can start practicing shadow work for yourself.

Mitch is a Level III Reiki Master Teacher/Practitioner. His intuitive gifts presented themselves from an early age, and he now uses his over 35 years of experience, as well as 15 years of Reiki knowledge, to help people on their spiritual journey. He specializes in removing energy blocks that keep people from being in alignment with their soul. Coming from over 30 years in corporate life and a number of years of senior leadership in business, along with extra-curricular activity, Mitch is very familiar with the stress in today's fast paced world. His intent is to deliver Reiki as a foundation and lifestyle to manage, nourish, thrive and live fully.

Mitch, also manages the Spirit Guide Workshops and individual sessions within ReikiSpace and Learning Place. This workshop will teach you about the many different types of guides that are available to you, help you to create a sacred environment to begin to communicate with them and give you some simple rituals to welcome their energy forward.

Recently, he has added a life-long dream of completing the Level 1-3 Psychic Mediumship and Intuitive Development. This platform helps him help his clients find a deeper peace and calmness.

GROUP ACTIVITIES

"Immersive Sound Journey" with Jodie Zearfoss



You are invited into a serene and sacred space where you will experience the healing power of sound facilitated by Jodie Zearfoss. Once you're comfortably settled, the session unfolds, with a blend of therapeutic sound tools, such as crystal singing bowls, Tibetan, bowls, tuning forks, chimes, and other resonant instruments. As the sound vibrations wash over you, they help to release tension, clear blocked, energy, and encourage a deep state of relaxation and meditation. Each note and tone works to recalibrate your body's natural frequencies, promoting healing, stress reduction, and a profound sense of peace.

Jodie Zearfoss is a certified Therapeutic Sound Practitioner, Licensed Massage Therapist, Reiki Master, Reflexologist, and holistic wellness practitioner dedicated to creating meaningful experiences that nurture the mind, body, and spirit.

With a gentle, heart-centered approach, Jodie guides participants through immersive sound journeys using crystal singing bowls, Tibetan singing bowls, tuning forks, chimes, and other vibrational instruments. Her sessions are designed to encourage deep relaxation, reduce stress, restore energetic balance, and provide space for reflection, healing, and inner connection.

Drawing from years of experience in complementary wellness practices, Jodie offers a safe and welcoming environment where individuals can slow down, reconnect with themselves, and embrace the restorative power of sound. She believes that healing begins with stillness and that every person has the capacity to cultivate greater peace, resilience, and well-being.

Jodie is honored to share this experience and looks forward to supporting each participant on their unique journey of self-discovery and renewal.

GROUP ACTIVITIES



"Automatic Writing Workshop" with Maggie Salter

- Do you wish you could receive clearer intuitive guidance?
- Do you want to connect with your Higher Self or spirit guides for direction and insight?
- Are you looking for a simple tool to receive intuitive information more clearly?
- Do you want to learn how to ask powerful questions that bring meaningful answers?

Automatic Writing is a powerful intuitive technique used to tap into higher guidance and inner wisdom.

In this process, information flows through your intuitive mind and onto paper through writing or typing. By quieting the analytical mind and allowing the information to move through you, you can access insight, direction, and inspiration that may otherwise feel difficult to reach. With practice, automatic writing becomes a reliable way to receive guidance for yourself and even helpful insight for others.

In this class you will learn:

- How to access higher guidance through writing
- Learn how to open the channel for intuitive information to flow naturally.
- How to prepare for an automatic writing session
- Discover the simple steps that create a clear and focused connection.
- How to ask powerful questions for accurate guidance
- Learn techniques that improve clarity and strengthen the quality of the information you receive.
- Includes your personal I AM Intuitive Toolkit for Automatic Writing

Maggie Salter is a well-known psychic medium, spiritual coach, and teacher. A lifetime intuitive, Maggie was born with the desire to help others. Raised in a spiritually aware family, she studied and trained in health and wellness from her early 20's.

She raised four children while integrating holistic health practices and mind-body connection science. This life experience and advanced training blends with her highly developed psychic ability to give her a unique ability to get to the heart of the matter with her clients. Her ability to connect to higher guidance for practical comfort, encouragement and inspiration enables immediate shifts in the lives of her clients.

GROUP ACTIVITIES



“Guided Meditation for Signs & Intention Setting, Free-Writing Meditation, Meditative Art Project” with Jofa M. Kauffman

Jofa will guide you through meditative activities designed to connect for higher guidance and providing a space to center yourself to be present in the moment.

The “Guided Meditation for Signs and Intention Setting” will be facilitated on our first night of the retreat and is designed to ask a specific question of your guides or higher self. You will designate specific signs you hope to see for your answer. You can also clarify your intentions for the retreat.

During our “Free-Writing Meditation”, you will be asked to pick a topic or question for which you would like higher guidance. Time will be provided for free-writing – this activity helps to quiet the logical brain and allow a clear channel for higher guidance.

Our interactive “Meditation Art Project” is designed to focus on the moment through an art activity. We will be creating bejeweled journals. Initially, the activity will be done in silence and then time will be provided to complete your journal during interactive fellowship with your fellow retreat attendees.

Jofa M. Kauffman is a professional numerologist and the owner of Spirited Events by Jofa, a spiritual/metaphysical/paranormal event business. In 2014, Jofa started Spirited Events by Jofa and began offering unique and intimate spiritual, metaphysical and paranormal events with the occasional fun girls weekend events thrown in there. Having been an insurance professional for over 30 years including Executive Director of a physician owned PPO and CEO of a third-party administrator, one day she realized she wanted more out of life. Having run-the-course in the insurance industry, she had an overwhelming desire to explore metaphysics, spirituality and the paranormal. Hence, Spirited Events by Jofa was born. Jofa had her own spiritual journey while searching to find her life purpose utilizing vision boards, mediums, psychics, numerology, astrology, Human Design, Gene Keys, hand and fingerprint analysis, past life regressions and a lot of deep meditation and soul searching. The journey has been both revealing and validating. Using her empathic gift and intuitiveness, Jofa derives deep satisfaction in helping others finding their own spiritual paths and truths. Over the years, she has worked with experienced paranormal investigators and gifted psychic/mediums learning the ins and outs of paranormal investigation. She’s been fortunate to visit many notorious haunted locations as well as assisting those who have experienced unknown activity in their own homes and workplaces. Full-bodied apparitions, shadow figures, white mists, disembodied voices and footsteps are just part of her paranormal experiences. Electronic Voice Phenomena (EVP) is her favorite way to gather disembodied voices on recordings.



OPTIONAL ACTIVITY



“Optional 15-Minute Private Palm Reading” with Liz Anne (\$30)

Liz Anne of Guided by Light Reiki and Readings is an intuitive tarot reader, palm reader, medium, and Reiki Master Teacher. She loves to put her psychic gifts to use to bring clarity, healing, and guidance to her clients. Liz specializes in helping clients to identify and understand their own feelings and needs, which so often go overlooked in the daily rush of life. Her articulate readings, delivered with compassion and personalized detail, are intended to help clients stay aligned with their soul missions and Higher Selves.

Liz has been reading professionally since October of 2022, although she’s been reading for friends, family, and anyone else who would sit still for over twenty years. She’s been an eager and curious student of the metaphysical since she was a young teenager. Her hobbies include baking, creative writing, and cuddling up with purring cats.

DISCLAIMER: The information discussed during this event by presenters is subject to personal interpretation and does not constitute legal, psychological, medical, business or financial advice. Each attendee is responsible for his or her own choices and actions. Psychic, mediumship or other types of readings are for entertainment purposes only. Spirited Events by Jofa is not responsible for choices and actions made by participants as a result of their reading.

BALADERRY INN

1812 Original House and Main House Rooms

NEW ROOM NAME	FORMER ROOM NAME	BED TYPE	LOCATION	PHOTO	DESCRIPTION
Jenny Wade Guestroom	Vines	King	1812 Original House		In the 1830 house, Jenny Wade Guestroom is a large room filled with light upstairs, featuring a king bed and private ensuite bath. Maximum Occupancy - 2
Tillie Pierce Guestroom	Wildflower	Queen	1812 Original House		This charming room upstairs in the 1830 house features a private ensuite bathroom and queen size bed. Maximum Occupancy - 2
Sadie Bushman Guestroom	Primrose	King	1812 Original House		Located in the 1830 house, this large, airy upstairs room features a queen sized bed, and private bath located across the hall. Maximum Occupancy - 2
GA George Meade Guestroom	Garden	King	Main House		Located in the Main House on the 1st
					RESERVED Maximum Occupancy - 2
Robert E Lee Guestroom	Tulip	Queen	Main House		Robert E. Lee Guestroom is a cozy room located on the first floor of the
					RESERVED Maximum Occupancy - 2

ROOMS ARE ON A FIRST COME, FIRST SERVE BASIS

BALADERRY INN

Cottage House Rooms

NEW ROOM NAME	FORMER ROOM NAME	BED TYPE	LOCATION	PHOTO	DESCRIPTION
Col Joshua Chamberlain Guestroom	Rose	Queen	Cottage House		Open the door of the Col Joshua Chamberlain Guestroom and a RESERVED Maximum Occupancy - 2
GA George Pickett Guestroom	Daisy	King	Cottage House		Located in the Carriage House. GA RESERVED Maximum Occupancy - 2
John Burns Guestroom	Shamrock	Queen and Queen Sleeper Sofa	Cottage House		John Burns Guestroom is located on RESERVED Maximum Occupancy - 2
GAs Hancock & Armistead Guestroom	Marigold	Queen and Full Sleeper Sofa	Cottage House		GAs Hancock & Armistead Guestroom is located on the second RESERVED bathroom. Maximum Occupancy - 2

ROOMS ARE ON A FIRST COME, FIRST SERVE BASIS

BALADERRY INN

Suites

NEW ROOM NAME	FORMER ROOM NAME	BED TYPE	LOCATION	PHOTO	DESCRIPTION
Caryl and Tom O'Gara Suite	Judy & Kenny	King and 2 Twins	Main House		The Carol and Bob O'Gara Suite is located in the main house 2nd floor. It features a bedroom with a king sized bed, a 2nd bedroom with two twin beds and an sleeper sofa in the living room section. This suite includes one ensuite bathroom and a small kitchenette. Maximum Occupancy - 4
					
GA John Buford Suite	Cottage Rose Suite	King and Queen Sleeper Sofa	Cottage House		The GA John Buford Suite is located in the Cottage House on the first floor. It features a bedroom a corner gas RESERVED includes an ensuite private bathroom and a private patio. Maximum Occupancy - 2 to 4
					

ROOMS ARE ON A FIRST COME, FIRST SERVE BASIS

EVENT FEE

A \$150 Non-Refundable Deposit is Required to Hold Your Reservation.

The \$150 Will Be Applied Towards Your Total Due

A \$20 Finance Fee Will Be Charged If the Full Invoice Is Not Paid Up Front.

Total Invoice Will Be Due 1/2/27.

DEADLINE FOR REGISTRATION IS 12/1/26

FORMER ROOM NAME	NEW ROOM NAME	MAXIMUM OCCUPANCY	BED TYPE	LOCATION	SINGLE OCCUPANCY PER PERSON	DOUBLE OCCUPANCY PER PERSON	TRIPLE OCCUPANCY PER PERSON	QUAD OCCUPANCY PER PERSON	OPTIONAL WEDNESDAY NIGHT (Per Room)
Vines	Jenny Wade Guestroom	2	King	1812 Original House	\$883	\$611			\$155
Wildflower	Tillie Pierce Guestroom	2	Queen	1812 Original House	\$883	\$611			\$155
Primrose	Sadie Bushman Guestroom	2	King	1812 Original House	\$883	\$611			\$155
Garden	GA George Meade Guestroom	2	King	Main House	\$883	\$611			\$155
Tulip	Robert E Lee Guestroom	2	Queen	Main House	\$883	\$611			\$155
Rose	Col Joshua Chamberlain Guestroom	2	Queen	Cottage House	\$883	\$611			\$155
Daisy	GA George Pickett Guestroom	2	Queen	Cottage House	\$883	\$611			\$155
Shamrock	John Burns Guestroom	2	Queen and Queen Sleeper Sofa	Cottage House	\$883	\$611			\$155
Marigold	GAs Hancock & Armistead Guestroom	2	Queen and Full Sleeper Sofa	Cottage House	\$883	\$611			\$155
Judy & Kenny	Caryl and Tom O'Gara Suite	2 to 4	King and 2 Twins	Main House	\$1,034	\$686	\$575	\$520	\$200
Rose Suite	GA John Buford Suite	RESERVED							

IMPORTANT NOTES

EVENT FEE:

(See Event Fee on Page 12)

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ACTIVITIES INCLUDED IN YOUR EVENT FEE:

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IMPORTANT! THINGS TO BRING

- Bring a mat, pillow, or cushion for the Immersive Sound Journey and meditations.

CANCELLATION POLICY – There are **no** refunds issued if you cancel your reservation or do not attend.

SMOKING POLICY

Smoking is permitted outside only (patio).

EVENT ADDRESS

Baladerry Inn, 40 Hospital Road, Gettysburg, PA 17325

QUESTIONS AND CONTACT INFORMATION

If you have any questions, please feel free to contact Jofa M. Kauffman at Jofa@spiritedeventsbyjofa.com or by phone at 717-324-9464.

