



SPIRITED EVENTS

BY JOFA

“Spiritual Growth” Retreat Weekend

Thursday, February 1, 2024 to
Sunday, February 4, 2024

at the

The Baladerry Inn
Gettysburg, PA

This interactive retreat is designed to provide a quiet space for spiritual growth, learning and discussion. Join others who seek to grow and learn. Group discussions and interactive participation will be an important part of this weekend as we share our experiences, questions, and knowledge in a non-judgmental and safe space.



EVENT FEE (BASED ON ROOM OCCUPANCY)

Double Room Occupancy
\$490 per person

Single Room Occupancy
\$715 per person

(A non-refundable \$100 deposit will hold your room. If total event fee is not paid at time of registration, a \$20 finance fee will be added and total will be due December 30, 2023.)

INCLUDED WITH YOUR EVENT FEE:

- A 3-Night Stay at the Baladerry Inn
- Breakfast All 3 Mornings
- Pizza, Sub & Salad Dinner on Thursday Evening (Special dietary needs can be addressed)
- 2024 Numerology Year Forecast
- “Making Connections: A Psychic Gallery with Melissa Colucci, Medium
- Forest Therapy & Forest Bathing Walk with Jofa M. Kauffman
- “A Secret Thing, a Mystery: Unlocking the Power of the Runes” Class with Reifsteck
- Private Runes Reading with Christian Reifsteck

OPTIONAL ACTIVITIES:

- Intuitive Henna Tattoos with Raine Dawn
- Practice With Your Metaphysical/Spiritual Gifts



WEEKEND AGENDA

THURSDAY	3:00-6:00pm	Check In
	6:30-7:30pm	Tommy's Pizza Dinner (Included with Event Fee)
	7:30-9:30pm	"Shake It Off" Review 2023 Numerology Reports / 2024 Numerology Reports Provided Open Group Discussion
FRIDAY	8:30-9:30am	Breakfast
	9:30-12:00pm	"A Secret Thing, a Mystery: Unlocking the Power of the Runes" with Christian Reifsteck
	12:00-1:30pm	Lunch
	1:30-5:00pm	Private Runes Readings with Christian Reifsteck Optional Activities – Intuitive Henna Tattoos with Raine Dawn OR Practice With Your Metaphysical/Spiritual Gifts, or Free Time
	5:00-7:00pm	Dinner
	7:00-Until?	Optional Activities: Practice with your Spiritual/Metaphysical Gifts or Free Time
SATURDAY	8:30-9:30am	Breakfast
	10:00-12:00pm	"Making Connections: A Psychic Gallery" with Melissa Colucci
	12:00-1:30pm	Lunch
	1:30-4:00pm	Forest Therapy / Forest Bathing Walk with Jofa M. Kauffman
	4:00-6:30pm	Dinner
	6:30-Until?	Optional Activities: Practice with your Spiritual/Metaphysical Gifts or Free Time
SUNDAY	8:30-10:00am	Breakfast
	11:00am	Check Out

(Agenda is subject to change)

PRESENTATIONS, CLASSES and ACTIVITIES

"A SECRET THING, A MYSTERY: UNLOCKING THE POWER OF THE RUNES"

with **CHRISTIAN REIFSTECK,**
STANDING STONES HEALING CO.

As symbols written on stone, bone, or wood, Runes, similar to pictograms or hieroglyphs, date back to 1300 BCE and pre-date written language and alphabets. The Vikings cast Runes to reveal secrets, predict the weather, and call on higher powers. The Runes themselves contained immense power. Unlock that power for your own growth, healing, and transformation in this informative and interactive workshop. Learn the history of the Runes, their multi-layered meanings, how to choose Runes, how to make your own, and ways to read them to empower yourself and others. The Runes are calling you. It's time to unlock their power. Christian will also be providing a copy of his Rune Reading Workshop recording and Throwing Stones book to all attendees.

"PRIVATE RUNES READINGS" * with **CHRISTIAN REIFSTECK, STANDING STONES HEALING CO.**

Spend some time with Christian for a private Runes Readings which he is offering to each attendee.



*Christian Reifsteck is a Reiki Master, card reader, coach, and founder of Standing Stones Healing Co. He has been practicing Reiki since 2014, reading cards and coaching since 2012, and specializes in helping spiritual seekers grow and heal during life changes and transitions. He offers one-on-one unique Reiki Card Coaching sessions and teaches classes and workshops on a variety of spiritual topics. He is the creator of the Seven Way Path of seven transformative practices and author of several books, including *Throwing Stones: A Rune Reading Guide* and *Standing Like the Stones: How to Weather and Withstand, Survive and Thrive During Life Changes*. He hikes, gardens, and plays multiple instruments, particularly the Native American style flute. Learn more about his work and get his free Life Change Encouragement Kit to encourage your journey at standingstoneshealing.com.*

- **DISCLAIMER:** The information discussed during this event by presenters is subject to personal interpretation and does not constitute legal, psychological, medical, business or financial advice. Each attendee is responsible for his or her own choices and actions. Psychic and mediumship readings are for entertainment purposes only. Spirited Events by Jofa is not responsible for choices and actions made by participants as a result of their reading.

PRESENTATIONS, CLASSES and ACTIVITIES



*Melissa Colucci is a Medium, Reiki Master,
Jewelry Artisan and lover of all things
Metaphysical.*

"MAKING CONNECTIONS: A PSYCHIC GALLERY" * **with MELISSA COLUCCI, MEDIUM**

Have you ever wondered what those on the other side would want to share with you? Our loved ones can bring forth many things that we know for sure and without a doubt that they are always with us. Melissa has found that the information she receives is an acknowledgement that even though they have left their physical body, their energy, their spirit and their soul remains.

Melissa will be using Psychometry as one of my tools to connect to your loved ones. **Please bring one small object that may have held special meaning or significance.** Melissa asks that you please do not bring jewelry for her to hold that you currently wear or have worn on a regular basis in the past. You may bring a picture if no items are available.

Melissa will do her very best to connect to as many of your loved ones as possible.

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PRESENTATIONS, CLASSES and ACTIVITIES

"FOREST THERAPY / FOREST BATHING WALK"

**with JOFA M. KAUFFMAN
ANFT GUIDE IN-TRAINING**

Forest Therapy is, in part, a relaxed and mindful way of being in nature, which supports healing and wellness. On our walk, I will guide you through sensory activities and mindful meditations called "invitations" which will assist you in slowing down, relaxing, reconnecting with nature, awakening your senses, and being present. The word "invitation" is intentional: you are invited to do something, but you can make it your own. All is welcome! We close the session with a tea ceremony and a tasty bite. We usually cover no more than a quarter to a half a mile, and so it is welcoming and adaptable for all.

I am a huge fan of therapy, but this is not technically medical therapy and I am not a psychotherapist — I am a guide. However, the aim of this experience is to really have a "see a whole world in a grain of sand" experience with beings in the more-than-human world. The Guide opens the door allowing Nature to become the therapist.

As a Nature and Forest Therapy Guide In-Training with the Association of Nature & Forest Therapy (ANFT), I have been training in the art of invitations specifically designed to gently guide you to open to your senses, yourself and your surroundings. My goal is to allow you to move more deeply into what we call liminal space - that threshold where you're more open to receive the therapy of the forest and the wonder of the natural world.

We will be walking, sitting, pausing, exploring... together on a short, gentle walk. One of the pieces of Nature and Forest Therapy walk is to slow down and experience what is around you and really speaks to you. We will be taking our time, in a way that may be new to you, and be out in nature for about 2.5 hours. Please wear sturdy shoes, long, warm pants and a very warm coat – also gloves and hat are recommended. It is important to be prepared for moments of stillness, especially in winter weather. Please bring along a sit-upon to use in places where we may want to sit and linger - you are not required to sit but welcome to.

The walk will be held snow or shine - The only thing that would cancel it would be unsafe weather (freezing rain, unsafe temperatures, blizzard). In this case, we will do the forest therapy protocols indoors.



Jofa M. Kauffman is a Numerologist, owner of Spirited Events by Jofa and a Association of Nature & Forest Therapy (ANFT) Guide In-Training. She is certified in Wilderness First Aid and CPR from the Institute of Wilderness Medicine. Her formal ANFT guide certification will be official after she completes her 4-day immersion in early 2024. Spirited Events by Jofa is a Metaphysical, Spiritual and Paranormal event business. All events are designed to provide you with thought-provoking, soul-searching, and intriguing topics. Let's discover the Universe, both seen and unseen, and ourselves as we journey this life together.

OPTIONAL ACTIVITY



INTUITIVE HENNA TATTOOS With RAINE DAWN, INDIGENOUS INTUITIVE ARTIST

We're so happy to have Raine Dawn at our retreat to offer optional intuitive henna tattoos. The henna paste is like a potion made with love and positive intentions, mixed with lemon juice, sugar, lavender, tea tree and frankincense oils. Because Raine makes the paste FRESH for each session, the stain lasts up to 3 weeks and is a dark red brown color.

Each of us has our own energetic vibration that makes us unique. When Raine applies henna, she spends time tapping into the energies of the client in order to create a unique and personal design based off their energy.

Optional Henna Tattoos Offered by Raine:

Intuitive Henna Tattoo with Reading	\$50
Large Intuitive Henna Tattoo	\$40
Small Intuitive Henna Tattoo	\$20



RAINE DAWN VALENTINE

INDIGENOUS INTUITIVE ARTIST

Raine Dawn Valentine has taught middle school art for 15 years at Ridgely Middle School in Baltimore County Public Schools, MD and is an adjunct instructor at Notre Dame of Maryland University. She is a member of the Turtle Mountain Tribe of Chippewa in North Dakota and is rooted in her tribe's traditional spiritual practices. She has taught workshops in intuitive painting methods and has presented at state and national art education conferences. Raine currently serves on the board of the following nonprofits: Historic Hampton Incorporated, NAEA Caucus on the Spiritual in Art Education, and Executive Director of Creative Balance Institute, a holistic learning center.

Raine is an intuitive Spiritual teacher and creative arts director who pulls from her Native American lineage to facilitate a space for all to connect with their higher selves. Art is a powerful tool, not just for gratification of self-expression, but as a vehicle of personal and collective transformation. Art is Prayer, a sacred and vital discovery of one's own special presence in the world. Through creation, a person illuminates and illustrates their inner being, while creating something which also stands separate. Through exploration and experimentation each of us can shine light on our inner world, allowing us to utilize expression as a means of healing and remembering we are all connected.

ROOMS ARE ON A FIRST COME, FIRST SERVE BASIS

ROSE ROOM

Open the door of the Rose room and a feeling of warmth envelopes you. In the Carriage House, Rose features a private patio, private bathroom and queen bed. Maximum Occupancy - 2



DAISY ROOM

In the Carriage House, Daisy has a country accent and features a private patio, private bathroom, and queen size bed. Maximum Occupancy - 2



MARIGOLD ROOM

Sunny Marigold, located in the Carriage House, features a fireplace, sitting area, with single sofa bed, queen size bed and private bathroom. Maximum Occupancy - 2



SHAMROCK ROOM

A touch of Ireland, in the Carriage House, features a fireplace, sitting area with full sofa bed, queen size bed and private bathroom. Maximum Occupancy – 2



TULIP ROOM

Cozy room located in the Main House features private bath and queen size bed, close proximity to common areas. Maximum Occupancy - 2



GARDEN ROOM

Located in the Main House, the Garden room features private bath and queen size bed, close proximity to common areas. Maximum Occupancy - 2



PRIMROSE ROOM

In the 1830 house, this large, airy upstairs room with a Victorian accent features twin beds, which can be converted to a king bed (as shown on the right, above), and private bath located across the hall. Maximum Occupancy - 2



VINES ROOM

In the 1830 house, Vines is a large room filled with light upstairs, featuring electric fireplace, a king bed and private bath. Maximum Occupancy - 2



WILDFLOWER ROOM

This charming room upstairs in the 1830 house features a private bathroom with a single whirlpool tub and queen size bed. Maximum Occupancy - 2



IMPORTANT NOTES

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 - Intuitive Henna Tattoo with Reading \$50
 - Large Intuitive Henna Tattoo \$40
 - Small Intuitive Henna Tattoo \$20
- Practice With Your Metaphysical/Spiritual Gifts

IMPORTANT! THINGS TO BRING

- Please bring one small object that may have held special meaning or significance from a loved one who has passed. Melissa asks that you please do not bring jewelry for her to hold that you currently wear or have worn on a regular basis in the past. You may bring a picture if no items are available.
- Very warm clothing to be outside for the Forest Therapy/Forest Bathing Walk.

CANCELLATION POLICY – There will be no refunds issued if you cancel your reservation or do not attend.

SMOKING POLICY

Smoking is permitted outside only (patio).

EVENT ADDRESS

Baladerry Inn, 40 Hospital Road, Gettysburg, PA 17325

QUESTIONS AND CONTACT INFORMATION

If you have any questions, please feel free to contact Jofa M. Kauffman at Jofa@spiritedeventsbyjofa.com or by phone at 717-324-9464.

