**Career and Life 8**

**Course Outline**

This is a full-year course, with classes taking place for approximately 80 minutes every second day.

**August**

Meet with core subject teachers to go over the course outline and weekly goal-setting process.

Listen to suggestions for possible resources and other ideas.

Revise course outline and resources as needed.

Make sure all resources are purchased and ready to use.

**September**

Week 1

Course Introduction

7 Habits – “The Set-up”

Weeks 2 – 4

Goal setting (first day of each week)

Dakelh Universal Values introduction – focus for September: Courage

Conclude 7 Habits introduction

Crash Course Study Skills introductory lesson

**October**

Dakelh universal value - Respect

Continue goal setting on the first day of every week

7 Habits – Habit 1 – Be Proactive

Crash Course Study Skills – Dealing with procrastination

**November**

Dakelh universal value - Compromise

Continue goal setting on the first day of every week

7 Habits – Habit 2 – Begin with the end in mind – distal goals

Crash Course Study Skills – Dealing with test anxiety (talk to school counselors about anxiety)

**December**

Dakelh universal value - Humility

Continue goal setting on the first day of every week

My Blueprint – learning style, personality, careers, and Inquiry project

Crash Course Study Skills – Papers and essays (talk to English teachers for possible collaboration)

**January**

Dakelh universal value - Forgiveness

Continue goal setting on the first day of every week

7 Habits – Habit 3 – Put First Things First (time management)

Crash Course Study Skills – Studying for tests and exams

**February**

Dakelh universal value - Honesty

Continue goal setting on the first day of every week

7 Habits – Friendship, dating (see school counselors), and the Relationship Bank Account

Crash Course Study Skills – Memory

**March**

Dakelh universal value - Love

Continue goal setting on the first day of every week

7 Habits – Habit 4 – Think Win-Win

Crash Course Study Skills – Planning and Organization – tie in with time management and proximal goals

**April**

Dakelh universal value - Wisdom

Continue goal setting on the first day of every week

7 Habits – Habit 5 – Seek first to understand and then to be understood – listening and talking circle

Crash Course Study Skills – Reading skills – tie in with English, Science, and Socials teachers

**May**

Dakelh universal value - Hope

Continue goal setting on the first day of every week

7 Habits – Habit 6 – Synergize

Online Safety – White Hatter resources

**June**

Dakelh universal value - Determination

Continue goal setting on the first day of every week

7 Habits – Habit 7 – Sharpen the Saw

Crash Course Study Skills – Exercise and Health

**Notes:**

**Teaching is a creative process, in some ways like doing comedy. Just like a comedian might think a joke is funny, but if it does not get laughs from the audience, it should not be in the act. It is the same is true with a course and with each lesson.**

**What is outlined above is a plan. Talking to other Grade 8 teachers (ideally twice a month) during our Wednesday afternoon collaboration will allow me to discuss how the course is going, what additional resources would be helpful, and what changes need to be made.**

**In June 2023, I will confirm that all learning outcomes were met and rewrite the course outline.**

**References**

Covey, S. (2014). *The 7 Habits of Highly Effective Teens*. Simon & Schuster.

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ReasonTV. (2022, August 1). *John Cleese's war on wokeism*. (28:30 to 30:55)YouTube. Retrieved August 12, 2022, from https://www.youtube.com/watch?v=mBf6kJIbXLg

*The white hatter*. thewhitehatter. (1970, July 25). Retrieved August 12, 2022, from https://www.thewhitehatter.ca/