



Homebirth Collaboration with Medical Provider

Prenatal

- Initial Consultation by phone
- Monthly Prenatal Visits or Call Check-ins beginning as soon as possible
- Montrice skills offered for Home care: blood pressure & heart rate check, urine analysis, fetal heart tones, fundal measurement, palpate fetal position, apgar scores, newborn exam, CPR certified
- Childbirth Preparation: Birth Rights, Nutrition Education, Homebirth Pros & Cons, Anatomy & Physiology & Stages of Labor, Medical Interventions (Hospital transfer), Relaxation Techniques, VBAC Facts, Breastfeeding Basics, Postpartum Care, Newborn Care, Belly casting
- Nutrition counseling, herbal supplements provided
- Home Birth/Water Birth
- Labor Support (Vitals monitored: BP and Fetal heart tones)
- Unlimited Phone and Email Support
- Community Referrals

Postpartum

- Weekly visits up to 6 weeks visits including Newborn Care, Breastfeeding support, Motherhood Mentoring, Meal Prepping
- Postpartum Womb Wellness Service: Herbal Vaginal Steam, Belly binding & Womb Wrap & Stimulation, Herbal bath, Herbal massage oils, salves, tinctures, teas

The first consultation does not obligate you to our services. If you do select us, then we will want to get started on our journey together as soon as possible within 2 weeks from our initial consultation.

As a Childbirth Consultant, we are able to provide "low-risk" maternal health care (Montrice skills) during pregnancy, labor, birth, postpartum and newborn care. We encourage mothers having a medical provider; based on your vital assessments during labor or post birth, if there are any indications for medical treatment, it may be best to transfer care to a Certified Nurse Midwife or OBGyn.

We have partnered with a medical provider whom supports mothers in attempting home births so if transfer is needed you can continue to receive optimal support with a nonjudgmental provider. If possible, we encourage to have this practice as your medical provider. However, this does not halt your attempt to birth at home; as long as you have a medical provider who can be a back-up support should they be needed.

OBGyn & Midwife Associates (Lead Midwife Marsha Ford)

<https://www.midwifeassociates.com/>

Consultation: Lunch & Learn- interview Childbirth Consultant

First: Meet and Sign Intake Forms/Deposit

Monthly to 32wk: Prenatal Care/Childbirth Preparation (as needed)

Bi-Weekly to 36wk: Prenatal Care/Childbirth Preparation (as needed)

After 36wk as needed



A security deposit is due once the Intake Forms are signed.

The balance is due 4 weeks before the estimated due date.

Note additional fees for travel expenses may apply

Self-pay only. Insurance not accepted.

Money orders, PayPal (paypal.com/protectorofthewomb) and CashApp (\$POTW9) are accepted.

If you have any questions or concerns, please do not hesitate to call or email.